



**Improving Water
Access and Consumption**
August 25-26, 2015



California Project LEAN



California Project LEAN (CPL)

- **CPL is a program of the Public Health Institute (PHI)**
- **CPL works to advance nutrition and physical activity policy in schools and communities**
- **Efforts are centered on:**
 - Youth and parent empowerment approaches
 - Policy and environmental change strategies
 - Community-based solutions



Learning Objective



- **Identify school and community based opportunities to increase access to and promotion of water.**

Why Water Really Matters

- Water is essential for life.

To promote water consumption, potable drinking water should be easily accessible to children and adults in homes and public facilities, including parks, playgrounds, schools, public buildings, worksites, and clinics.

- Water— a strategy to address childhood obesity



The CA School Water Landscape: What it looks like

Survey Findings:

- UCSF
- CA LSWP Statewide Collaborative

School and Community Examples

- CA4Health:
 - Schools– Local School Wellness Policies and environmental changes
 - Childcare– Madera Success Story
- Partnerships: Local water districts and providers
- RCAC initiative and Agua4All
- Others

Thank you!



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