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Beverages

**General Resources**

- Child Care
- Water in School

**PSE-Specific Resources**

- Healthy Vending
- Healthy Food Zones

*Elements in this compendium may not be wholly SNAP-Ed eligible. Please consult the most recent SNAP-Ed guidance posted on both the NEOPB and USDA websites for the updated language on allowable activities using SNAP-Ed funds. Local health departments may work with other funding streams and organizations as needed to achieve community change goals and their Policy, Systems and Environmental (PSE) change objectives.*

## GENERAL RESOURCES-Child Care

### Healthy Beverages in Childcare—California Food Policy Advocates

A project of California Food Policy Advocates. Website includes fact sheets with links to resources and relevant childcare policies, highlights of best practices being used by programs in California, and links to educational materials, publications and research related to healthy beverages.

[www.HealthyBeveragesinChildcare.org](http://www.HealthyBeveragesinChildcare.org)

### Potter the Otter Water Resources—Santa Clara County First 5

Website from Santa Clara County encouraging water consumption. Book for children plus additional resources.

<http://www.potterloveswater.com/>

**Website From Scholastic:** Featuring the latest Potter book that promotes a balanced diet and encourages children to play. Additional teaching resources available. <http://www.scholastic.com/first5/>

## GENERAL RESOURCES-Drinking Water in Schools

### California Department of Education

The California Department of Education (CDE) encourages school districts to consider a proactive approach to expanding access and increasing water consumption by both students and district staff. Website shares information on the current regulations, and suggestions for implementation.

<http://www.cde.ca.gov/ls/nu/he/water.asp>

- **Information On Encouraging Water Consumption in Schools**

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- **Planning Of New Construction Or Modernization Projects**

Contact the CDE's School Facilities Planning Division Field Representative assigned to your county. The list of county assignments is available at School Facility [Field Staff](#) or by phone at 916-322-2470.

### Legislation

In 2010, legislation passed at both the federal and California state levels to require schools to make free water accessible to students:

- **Federal Healthy, Hunger-Free Kids Act:** schools that participate in the National School Lunch Program (NSLP) are required to make water available for free to students during school mealtimes.
- **California State Senate bill 1413 (Leno)** requires school districts to make water available to students where school meals are served or eaten.

**Water in Schools website—California Food Policy Advocates**

A project by the [California Food Policy Advocates](#) to address the availability of tap water in the schools in California. Outlines what's required, the current state of water in schools, and solutions and suggestions on how to address the issue.

<http://www.waterinschools.org/stateofthetap.shtml>

- **Water Works - A Guide to Improving Water Access and Consumption in Schools**

This guide includes access strategies, tools, and resources to improve water access and consumption in schools. Grummon, A., Hampton, K.E., Oliva, A., Brindis, C.D., Patel A.I. *Water Works: A Guide to Improving Access to and Consumption of Water in Schools to Improve Health and Support Learning*. (2014). <http://waterinschools.org/pdfs/WaterWorksGuide2014.pdf>

**Youth Engagement Initiative: Water Access In Schools**

Through the Youth Engagement Initiative, youth throughout California identify and address nutrition and health issues important to them and their communities. This report includes case studies addressing water access in schools in Vale Middle School (Humboldt County) and Del Norte High School (Del Norte School District).

[https://web3.kpcorp.com/v25/static/acct/cann2/pdf/BRO-216\\_12\\_11.pdf](https://web3.kpcorp.com/v25/static/acct/cann2/pdf/BRO-216_12_11.pdf)

**PSE-Healthy Vending****Developing a Healthy Beverage Vending Agreement—ChangeLab Solutions**

[http://www.changelabsolutions.org/sites/default/files/HealthyVendngAgrmnt\\_FactSheet\\_FINAL\\_090311\\_rebranded.pdf](http://www.changelabsolutions.org/sites/default/files/HealthyVendngAgrmnt_FactSheet_FINAL_090311_rebranded.pdf)

**District Policy Establishing a Healthy Vending Program—ChangeLab Solutions**

[http://www.changelabsolutions.org/sites/default/files/DistPlcy\\_HealthyVending\\_FINAL.pdf](http://www.changelabsolutions.org/sites/default/files/DistPlcy_HealthyVending_FINAL.pdf)

**Encouraging Healthier Vending or No Soda Vending Outside of Stores- Nutrition Education Obesity Prevention Branch of CA Department of Public Health**

(NEOPB) [http://www.cdph.ca.gov/programs/cpns/Pages/CX3\\_Main\\_Navigation.aspx](http://www.cdph.ca.gov/programs/cpns/Pages/CX3_Main_Navigation.aspx)

**Healthy Mobile Vending Policies: A Win-Win for Vendors and Childhood Obesity Prevention Advocates—ChangeLab Solutions**

[http://www.changelabsolutions.org/sites/default/files/MobileVending\\_FactSht\\_FINAL\\_091008.pdf](http://www.changelabsolutions.org/sites/default/files/MobileVending_FactSht_FINAL_091008.pdf)

**Mobile Vending Laws in the 10 Most Populous U.S. Cities—ChangeLab Solutions**

[http://www.changelabsolutions.org/sites/default/files/MobileVending\\_chart\\_FINAL\\_2010.02.17.pdf](http://www.changelabsolutions.org/sites/default/files/MobileVending_chart_FINAL_2010.02.17.pdf)

**UNC Center for Training and Research Translation - Healthy Food Procurement in the County of Los Angeles**

<http://www.centertrt.org/?p=intervention&id=1184&section=1>

**Worksite Program Vending Machine Food and Beverage Standards- Nutrition Education Obesity Prevention Branch of CA Department of Public Health (NEOPB)**

<http://www.cdph.ca.gov/programs/cpns/Documents/NEOPB-FV-WP-VendingMachineStandards.pdf>

## PSE-Healthy Food Zones

### **Creating a Healthy Food Zone Around Schools—ChangeLab Solutions**

[http://www.changelabsolutions.org/sites/default/files/HealthyFoodZone\\_FactSht\\_FINAL\\_091008.pdf](http://www.changelabsolutions.org/sites/default/files/HealthyFoodZone_FactSht_FINAL_091008.pdf)

### **Model Healthy Food Zone Ordinance—ChangeLab Solutions**

<http://www.changelabsolutions.org/publications/model-ord-healthy-food-zone>

This material was produced by the California Department of Public Health's Nutrition Education and Obesity Prevention Branch with partial funding from USDA SNAP-Ed, known in California as CalFresh. These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious food for better health. For CalFresh information, call 1-877-847-3663. For important nutrition information, visit <http://cachampionsforchange.cdph.ca.gov/Pages/default.aspx>