



Capacity, Sustainability and Regional Networks

Presented by the
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Office of Family Planning
Teen Pregnancy Prevention Program
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Capacity

- *What individual and organizational capacities are needed to implement the I&E program?*
 - Have you considered whether or not you have the staff, skills, facilities, organization and other resources – in other words, “organization capacities” to carry out the program you are implementing?

Capacity, continued

- Consider the various capacities of an organization needed to conduct the program, including:
 - Staff
 - Fiscal support
 - Leadership
 - Evaluation support, and
 - Partnerships in community

Capacity, continued

- Types of capacities:
 - Human capacities
 - Staff credentials – special training; commitment, interest, skills
 - Leadership capacities
 - Partnership capacities
 - Technical capacities
 - Supplies, technical skills
 - Fiscal capacities
 - Adequate funding, in-kind resources

Capacity, continued

- Staff development is supported by diverse educational opportunities focused on gaining insights and identifying innovative strategies.
- Investments in skills-building, interactive and customized trainings further improve individual, program and organizational outcomes.

Capacity, continued

■ Capacity Assessment Activities

- Periodically assess what you're doing and whether or not you have all the capacities needed to maintain the quality of your work.
 - Have you hired new staff, since you started your program? Who needs to be trained?
 - Have your health educators been to a refresher course or updated their skills in the last several years?
 - Are additional training resources needed? If so, what are they and are they readily available.

Capacity, continued

- Next Steps

- I&E Grantees will be responsible for the development and submission of a 5-year Project Action Plan, and assessment of your individual and organizational capacity will be an integral part of the plan. The OFP will provide training and additional directives on meeting submission, deadlines and reporting requirements over the next few months.

Sustainability

- *If a program is successful, how can it be sustained, after initial funding has ended?*
 - The whole point of the work we do is to help young people; if our program is getting positive results, it is worth sustaining in order to maintain the impact we are having. Unfortunately, one of the realities we face is that even successful programs may not continue because funding gets cut.

Sustainability, continued

- Identify and implement ways to sustain practices that are effective in your community; and
- Develop good materials to market your program to those who can help sustain it.

Sustainability, continued

- Strategies for Sustaining Programs:
 - Program financing: Obtain new external funding
 - Program champions: Obtain an influential program advocate or champion to generate goodwill
 - Training: Train staff so they continue to provide programming and train others, and become program champions
 - Institutional strength: Work to maintain organizational capacities and use your Board
 - Integration with existing programs/services
 - Managing controversy: Carefully and thoughtfully approach controversy.

Sustainability, continued

- How to Develop a Sustainability Plan:
 - Brainstorm any other ideas you have for building sustainability of your program
 - Decide which strategies to use
 - Decide who will be responsible for carrying out each of the strategies
 - Even though sustainability is a continuous process, make a plan for when activities will be carried out

Sustainability, continued

- Why is this necessary if you are already implementing a program?
 - All programs can benefit from a sustainability plan—funding is always an issue!

Sustainability, continued

- Examples of a sustainability plan's components include, but are not limited to:
 - Commitment to support the I&E Project goals in the event of resource reductions.
 - Plans to maintain the required I&E Project interventions including prioritization of interventions and other activities.

Sustainability, continued

- Examples, continued
 - Development of periodic reports that evaluate and update your agency's needs assessment and the associated outcome measures to illustrate success identifying, solving, and improving the teen birth rate in your community and to promote your community's commitment to health youth and reducing risky behaviors.
 - Support of diverse educational opportunities focused on gaining insights and identifying innovative strategies to promote youth sexual health, reduce health inequities, and address the needs of underserved communities.

Sustainability, continued

▪ **Next Steps!**

- A Project Sustainability Plan is to be developed to demonstrate the capacity of the I&E Project to maintain services at a level that will provide ongoing teen pregnancy prevention efforts in your community in the event of elimination of major financial, managerial and technical assistance from an external source.
- The Project Sustainability Plan will be developed in year two (FY 2012-2013) of your grant.
- OFP will provide training and directives on meeting submission requirements deadlines and reporting.

Regional Networks

- **Regional Networks: Proposed Vision, Mission Statement, Goals, & Objectives**
- **Purpose of Regional Networks**
- **Regional Assignments**
- **Network Requirements**
- **Brainstorming Network Activities**
- **Next Steps**

Vision and Mission Statement

- Vision:
 - Healthy youth and healthy lifestyles.
- Mission Statement:
 - We are committed to improving the health and well being of California's youth.

Goal

Decrease teenage pregnancy through educational programs that equip teens at high risk for pregnancy with the knowledge, understanding, and behavioral skills necessary to make responsible decisions regarding at-risk behavior.



Objectives

- Increase access to family planning and reproductive health services by 25 percent.
- Increase collaboration with organizations that serve targeted youth by 50 percent.
- Increase awareness of the I&E Program by 50 percent.

Purpose of Regional Networks

Discuss common issues that impact teen pregnancy prevention and service delivery and use the information to enhance program effectiveness.

Resulting in:

- Improved outcomes through shared experience.
- Increased access to family planning and reproductive health services.
- Increased collaboration with organizations who work with your targeted populations.
- Increased visibility of the I&E Program through-out your region.

Regional Assignments

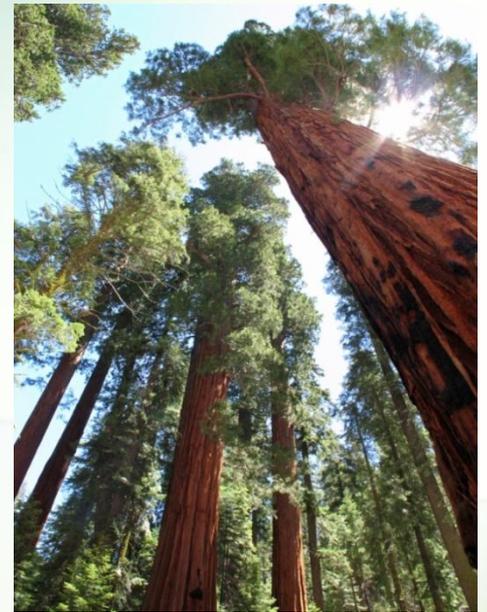
Three regions:

- Northern
- Central
- Southern



Northern Region

- Del Norte
 - Six Rivers Planned Parenthood
- Sonoma
 - Southwest Community Health Center
- Solano
 - Planned Parenthood Shasta Diablo
- Alameda
 - La Clinica de la Raza
- Santa Clara
 - East Valley Community Clinic



Central Region



- Stanislaus
 - Stanislaus County Health Services Agency
- Merced
 - Planned Parenthood Mar Monte Merced County
- Fresno
 - Planned Parenthood Mar Monte Fresno
 - Fresno County EOC
 - Proteus

Central Region, continued

- Kings
 - California Health Collaborative
- Kern
 - Kern County Superintendent of Schools
 - Ebony Counseling Center
 - Community Action Partnership of Kern
 - Clinica Sierra Vista
- San Luis Obispo
 - Community Action Partnership of San Luis Obispo

Southern Region



- San Bernardino
 - Planned Parenthood of Orange and San Bernardino (2 contracts)

- Los Angeles
 - JWCH Institute
 - Northeast Valley Health Corporation

- Riverside
 - Riverside County Community Health Agency

Southern Region, continued

- San Diego
 - San Diego Family Care
 - Operation Samahan
 - Vista Community Clinic



Network Requirements

- Grantees share responsibility for meeting at least 4 times per year, not less than quarterly.
 - Meetings can be in person, via Skype, teleconference, etc.
- Project Director or Coordinator will attend each meeting.
- Participate in developing and maintaining the network.
 - Complete agreed upon tasks in a timely manner.

Network Requirements, continued

- Refine Vision, Mission Statement, Goal and Objectives
- Share information about success in improving stated behavioral outcomes.
- Problem- solve challenges and barriers in implementing interventions.
- Increase collaboration with other agencies that serve your target population.
- Increase program visibility in your region.
- Report objectives on Monthly Performance Report and bi-annual progress report.

Brainstorming Network Activities

- Identify methods for sharing successes and challenges within the Network and with other Regional Networks.
- Identify activities that result in increased collaboration with other agencies.
- Identify activities that increase program visibility within your region.

Next Steps

- OFP
 - Consolidate brainstormed activities and forward to Grantees.
 - Provide guidance as needed regarding Regional Network requirements.



Next Steps Continued

■ Grantees:

– Hold first meeting

- Refine Vision, Mission Statement, Goals and Objectives.
- Develop an annual meeting schedule.
- Develop a plan to accomplish objectives.
- Provide input to OFP on supportive activities, such as training topics.



Coming together is a beginning.
Keeping together is progress.
Working together is success.

Henry Ford