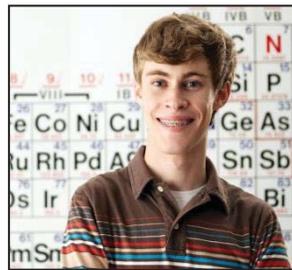


Child Health & Disability Prevention (CHDP) Program Oral Health Educational Resources For Children and Teens (6 – 20 years)



Child Health & Disability Prevention (CHDP) Program Oral Health Educational Resources For Children and Teens (6 – 20 years)

A healthy mouth is part of a healthy body. The *Oral Health Educational Resources Guide for Children and Teens (6-20 years)* is intended for use by CHDP providers to help access various oral health educational materials for patients within this age group. This list was compiled by the CHDP Bay Area Regional Dental Subcommittee and contains ordering information and description of the materials. The purpose of this resource guide is to better direct the CHDP provider to specific topics of interest. Materials can be used as a supplement for anticipatory guidance discussions.

**Child Health & Disability Prevention (CHDP) Program
Oral Health Educational Resources for Children and Teens (6-20 years)**

- General Health — pages 4 – 5
- Preventive Services and Agents (Dental Sealants, Fluoride, and Xylitol) — pages 6 – 7
- Diet and Nutrition — page 8
- Oral Development – page 9
- Orthodontics (Braces) — pages 10 – 11
- Mouthguards & Dental Emergencies — page 12
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- Oral Piercing and Dental Grills — page 14
- Teeth Whitening — page 15
- Eating Disorders — page 16
- Tobacco — pages 17 – 18
- Methamphetamine Use and Oral Health — page 19
- Special Needs — pages 20 – 22
- Oral Health and Pregnancy — page 23

GENERAL ORAL HEALTH

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|--|---|--|--|--------|---|
| Proper Brushing | The American Dental Hygienists' Association http://www.adha.org/oralhealth/brushing.htm www.adha.org | Free internet download | One page sheet illustrating 5 steps to proper brushing | Teens | English |
| Proper Flossing | The American Dental Hygienists' Association http://www.adha.org/oralhealth/flossing.htm www.adha.org | Free internet download | One page sheet illustrating 4 steps to proper flossing | Teens | English |
| Care of Teeth | National Center for Farm workers Health, Inc. http://www.ncfh.org/pdfs/BilingualEd/PDF19.pdf http://www.ncfh.org/pdfs/BilingualEd/PDF20.pdf www.ncfh.org | Free internet download | Two page sheet with 4 steps to proper brushing, 3 steps to proper flossing, and 6 tips for home care | Teens | English (pdf 19) Spanish (pdf20) |
| Care of Teeth | National Center for Farm workers Health, Inc. http://www.ncfh.org/pdfs/BilingualEd/PDF19.pdf http://www.ncfh.org/pdfs/BilingualEd/PDF20.pdf www.ncfh.org | Free internet download | Two page sheet with 4 steps to proper brushing, 3 steps to proper flossing, and 6 tips for home care | Teens | English (pdf 19) Spanish (pdf20) |
| The First Thing They Notice is Your Smile | Virginia Department of Health http://www.vahealth.org/dental/forms/oralhealthorder_form.htm http://www.vdh.state.va.us/ | Free samples (May order up to 100 samples) | A pocket-size brochure describing six tips to keep your teeth healthy | Teens | English |

GENERAL ORAL HEALTH

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|--|---|---|--------|------------------------|
| How To Brush | <p style="text-align: center;">Virginia Department of Health http://www.vahealth.org/dental/FHS_DENTAL/English/HowToBrushFront_01_ENG.jpg http://www.vahealth.org/dental/FHS_DENTAL/Spanish/HowToBrushFront_01_SPN.jpg http://www.vdh.state.va.us/</p> | Free samples (up to 100 free samples) | A two-side card that illustrates how to brush your teeth. | Teens | English Spanish |
| Why Floss? | <p style="text-align: center;">Virginia Department of Health http://www.vahealth.org/dental/FHS_DENTAL/English/WhyFlossFront_01_ENG.jpg http://www.vahealth.org/dental/FHS_DENTAL/Spanish/WhyFlossFront_01_SPN.jpg http://www.vdh.state.va.us/</p> | Free samples (up to 100 free samples) | A two-side card that illustrates how to floss and describes why you should floss. | Teens | English Spanish |
| Taking Care of Your Teeth and Gums DAB 011 | <p style="text-align: center;">American Dental Association http://catalog.ada.org/productcatalog/1215/Prevention-Personalized/PERSONALIZED-Taking-Care-of-Your-Teeth-and-Gums/DAB011 www.ada.org</p> | ADA Member \$ 67 for 150 Non-Member \$100.50 for 150 | Comprehensive prevention information that includes step-by-step photos on how to brush and floss. | Teens | English |
| Flossing Quick Reference Card W258 | <p style="text-align: center;">American Dental Association http://catalog.ada.org/productcatalog/223/Hygiene/Flossing-Quick-Reference-Card/W258 www.ada.org</p> | ADA Member \$29 for 100 Non-Member \$43.50 for 100 | A card illustrating the step-by-step proper flossing techniques | Teens | English |
| Brushing Quick Reference Card W257 | <p style="text-align: center;">American Dental Association http://catalog.ada.org/productcatalog/221/Hygiene/Brushing-Quick-Reference-Card/W257 www.ada.org</p> | ADA Member \$29 for 100 Non-Member \$43.50 for 100 | A card illustrating the proper way to brush and maintain good oral health | Teens | English |

PREVENTIVE SERVICES and AGENTS
(Dental Sealants, Fluoride, and Xylitol)

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|--|--|------------------------|---|-----------------------------|---------------------|
| How Sealants are Applied to Teeth | State of North Carolina http://www.ncdhhs.gov/dph/oralhealth/library/include/s/ed-materials/How_Sealants_are_Applied.pdf http://www.ncgov.com/ | Free internet download | Answers many of the common questions parents ask about sealants. | Children | English |
| Put a Seal on Dental Decay | Department of Health, Pennsylvania http://www.dsf.health.state.pa.us/health/lib/health/DentalSealantsBrochure20080514.pdf www.health.state.pa.us/ | Free internet download | Answers questions on sealants | Parents of Children & Teens | English |
| Dental Sealants Questions & Answers | State of North Carolina http://www.ncdhhs.gov/dph/oralhealth/education/ Scroll down and click on "Dental Sealants". Click on <i>Dental Sealants Questions & Answers</i> http://www.ncgov.com/ | Free internet download | Graphically illustrates the typical procedure for applying dental sealants. | Children | English Spanish |
| Seal Away Tooth Decay | Division of Dental Health / Virginia Department of Health http://www.vahealth.org/dental/forms/oralhealthorder_form.htm Scroll down and click on "Dental Sealants and Fluoride Section". Place order and brochures will be mailed. www.vdh.state.va.us/ | Free | Describes benefits of sealants and ease of application. | Children & Preteens | English Spanish |
| Fluoride Fact Sheet | American Academy of Pediatric Dentistry http://digital.ipcprintservices.com/publication/?m=17245&l=1 www.aapd.org/ | Free | Fact sheet | Parents of Children & Teens | English |

**PREVENTIVE SERVICES and AGENTS
(Dental Sealants, Fluoride, and Xylitol)**

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|--|---|------------------------|---|-----------|---------------------|
| <i>Fluoride and your Oral Health</i> | http://www.tricare dental program.com/tdpforms/FluorideBrochure.pdf | Free Internet download | | Parents | English |
| <i>Fluoride Facts</i> | American Dental Hygienists Association http://www.adha.org/oralhealth/fluoride_facts.htm www.adha.org | Free Internet download | Information for medical and dental providers and educators | Providers | English |
| <i>Fluoride and Bottled Waters</i> | http://www.agd.org/files/pr/dentalnotes/dn%20winter_08.pdf | Free Internet download | Newsletter. Page 1 is about fluoride and water. Page 2 is concerned with Gum Disease and pg 3 with Halitosis. | Providers | English |
| <i>Fluoride and your child dental health</i> | Fluoride Works http://www.fluorideworks.org/parent/child http://fluorideworks.org/ | Free Internet download | Good info small font | Parents | English |
| <i>Xylitol</i> | California Dental Association www.cda.org/popup/xylitol www.cda.org/ | Free internet download | Answers frequently asked questions about Xylitol. | Teens | English |
| <i>Xylitol: The Decay-Preventive Sweetener</i> | California Dental Association www.cda.org/popup/xylitol www.cda.org/ | Free internet download | Answers frequently asked questions about Xylitol. | Teens | English |

DIET and NUTRITION

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|---|------------------------|--|----------|---------------------|
| <i>Balance Your Day With Food & Play</i> | USDA Food and Nutrition Service http://teammnutrition.usda.gov/Resources/eatsmartbrochures.html | Free Internet download | Making decisions on how much to eat as it relates to activity brochure. | All ages | English Spanish |
| <i>Power Up with Breakfast</i> | USDA Food and Nutrition Service http://teammnutrition.usda.gov/Resources/eatsmartbrochures.html | Free Internet download | A brochure illustrating the importance of breakfast. | Teens | English Spanish |
| <i>Grab Quick & Easy Snacks</i> | USDA Food and Nutrition Service http://teammnutrition.usda.gov/Resources/eatsmartbrochures.html | Free Internet download | Ideas on healthy quick snacks brochure. | All ages | English Spanish |
| <i>Snacking... What's in Your Cupboard?</i> | County of San Diego Health & Human Services http://www.sharethecaredental.org/website/resources/Snacking%20What%27s%20in%20your%20cupboard.pdf http://www.sharethecaredental.org/ | Free internet download | A one page sheet illustrating how to choose healthy snacks for your body and mouth. | All ages | English |
| <i>What's in Your Cup</i> | County of San Diego Health & Human Services http://www.sharethecaredental.org/website/resources/CoffeeBrochureEnglish.pdf http://www.sharethecaredental.org/ | Free internet download | A brochure illustrating the amount of sugar and fat in beverages can contribute to the development of obesity and dental disease. | Teens | English Spanish |
| <i>Caution: Sweetened Beverages</i> | South Dakota Department of Health https://apps.sd.gov/applications/PH18Publications/secure/Publications/SweetenedBeverages.pdf http://doh.sd.gov/ | Free internet download | Brochure highlights how sweetened beverages are the main source of sugar in the American diet. Site also has several other useful oral health brochures. | Teens | English |

ORAL DEVELOPMENT

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|--|------------------------|--|-------------------|---------------------|
| Space Maintenance | American Academy of Pediatric Dentistry http://digital.ipcprintservices.com/publication/?m=17253&l=1 http://www.aapd.org/ | Free internet download | Questions and answers on losing baby teeth early and how a space maintainer can help until the permanent tooth take their natural position in the jaw. | Teens | English |
| Tooth Eruption The Permanent Teeth | American Dental Association Or http://www.ada.org/2930.aspx?currentTab=1 www.ada.org/365.aspx | Free internet download | One page sheet identifies the names of the permanent teeth and provides the approximate ages at which you can expect the teeth to erupt | Teens & Providers | English |
| Wisdom Teeth | California Dental Association http://www.cda.org/Portals/0/pdfs/fact_sheets/wisdom_teeth_english.pdf http://www.cda.org/Portals/0/pdfs/fact_sheets/wisdom_teeth_spanish.pdf http://www.cda.org/ | Free internet download | One-page sheet with information on wisdom teeth | Teens | English Spanish |

ORTHODONTICS (Braces)

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|--|---|------------------------|---|--------|---------------------|
| All About Orthodontics | <p>American Association of Orthodontists https://www.aaoinfo.org/practice/patient-management/patient-education/consumer-education-brochures</p> <p>https://www.aaoinfo.org/system/files/media/documents/All_About_Ortho-MLMS-1.pdf</p> <p>http://www.mylifemysmile.org/</p> | Free internet download | Brochure describing general orthodontic treatment | Teens | English |
| Your Child's First Orthodontic Check Up | <p>American Association of Orthodontists https://www.aaoinfo.org/practice/patient-management/patient-education/consumer-education-brochures</p> <p>https://www.aaoinfo.org/system/files/media/documents/First_Checkup-MLMS-1.pdf</p> <p>http://www.mylifemysmile.org/</p> | Free internet Download | Brochure explaining early orthodontic evaluation and targeting by age 7 | Teens | English |
| Tobacco Use and Orthodontic Treatment | <p>American Association of Orthodontists https://www.aaoinfo.org/practice/patient-management/patient-education/consumer-education-brochures</p> <p>https://www.aaoinfo.org/system/files/media/documents/Tobacco%20Use-MLMS-13-1.pdf</p> <p>http://www.mylifemysmile.org/</p> | Free internet download | | Teens | English |

ORTHODONTICS (Braces)

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|--|--|------------------------|--|-----------|---------------------|
| | <p>American Association of Orthodontists</p> <p>http://www.mylifemysmile.org/sites/default/files/Problems%20to%20Watch%20for%20in%20Growing%20Children%20July%202012.pdf</p> <p>http://www.mylifemysmile.org/why-an-orthodontist-brochures</p> | Free internet download | Flyer with photos and information on malocclusions, problems to watch out for and early treatment option | Teens | English |
| CHDP CCS Orthodontic and Craniofacial Guide | <p>California Department of Public Health</p> <p>http://www.cdph.ca.gov/programs/MCAHOralHealth/Documents/MO-OHP-OrthodonticCraniofacialReferralGuide.pdf</p> <p>http://www.cdph.ca.gov/programs/MCAHOralHealth/Pages/GuidelinesforProviders.aspx</p> <p>http://www.cdph.ca.gov/Pages/DEFAULT.aspx</p> | Free internet download | This guide is intended to be used by providers as a screening tool to make appropriate referrals to California Children's Services (CCS) for severe oral conditions. | Providers | English |
| Orthodontic Braces...for Me | <p>California Dental Association</p> <p>http://www.cda.org/Portals/0/pdfs/factsheets/orthodontics_english.pdf</p> <p>http://www.cda.org/Portals/0/pdfs/factsheets/orthodontics_spanish.pdf</p> <p>http://www.cda.org/</p> | Free internet download | Questions and answers on braces and orthodontics. | Teens | English Spanish |

MOUTHGUARDS & DENTAL EMERGENCIES

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|---|---|--|---|--|
| <i>Sport a Safe and Healthy Smile</i> | <p style="text-align: center;">Share the Care – Dental Health Initiative of San Diego</p> <p>http://www.sharethecaredental.org/website/resources/HealthySmileEnglish.pdf http://www.sharethecaredental.org/website/resources/HealthySmileSpanish.pdf</p> <p>www.sharethecaredental.org/website/resources/dentalsafety.html</p> | <p style="text-align: center;">50 free</p> | <p>Prevention of injury with mouth guards Types of mouthguards Nutrition</p> | <p style="text-align: center;">All</p> | <p style="text-align: center;">English Spanish</p> |
| <i>Handling Your Child's Dental Emergency W147</i> | <p style="text-align: center;">American Dental Association</p> <p>http://catalog.ada.org/productcatalog/166/Child-Care/Handling-Your-Childs-Dental-Emergency/W147</p> <p>www.adacatalog.org</p> | <p>Member = \$29 Non Member = \$43.50 per pack of 100</p> | <p>Get help saving teeth Outlines the steps to take during the seven most common dental emergencies.</p> | <p style="text-align: center;">Young Children</p> | <p style="text-align: center;">English</p> |
| <i>Stay in the Game W510</i> | <p style="text-align: center;">American Dental Association</p> <p>http://catalog.ada.org/ProductCatalog/1104/Teens/Sports-Safety/W510</p> <p>www.adacatalog.org</p> | <p>Member = \$26 Non-Member = \$39 per pack of 50</p> | <p>Mouthguards Braces Oral piercing Dental Emergencies</p> | <p style="text-align: center;">Teens</p> | <p style="text-align: center;">English</p> |

HALITOSIS

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|---|-------------------------------|---|--------------|---------------------------------|
| <p><i>Bad Breath: An Embarrassing Problem</i></p> | <p>CA Childcare Health Program www.ucsfchildcarehealth.org http://www.ucsfchildcarehealth.org/pdfs/factsheets/BadBreathEN_102606.pdf http://www.ucsfchildcarehealth.org/pdfs/factsheets/BadBreathSP_011607.pdf www.ucsfchildcarehealth.org</p> | <p>Free internet download</p> | <p>Bad breath can be a problem with social consequences. Children are usually unaware of the problem unless told by others.</p> <p>Two page flier</p> | <p>Teens</p> | <p>English Spanish</p> |
| <p><i>Banish bad breath: Good dental care can keep your mouth smelling sweet</i></p> | <p>DeCare Dental www.decare.com http://www.decare.com/cm_files/pdf/041311_20Banishbadbreath.pdf www.decare.com</p> | <p>Free internet download</p> | <p>If you are concerned about bad breath first make sure you are taking care of your mouth and gums by practicing good dental habits.</p> <p>Two page flier</p> | <p>Teens</p> | <p>English</p> |

ORAL PIERCINGS and DENTAL GRILLS

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|--|--|------------------------|---|--------|---------------------|
| Oral Piercing and Health Fact Sheet | American Dental Association http://www.ada.org/2720.aspx?currentTab=2 www.adacatalog.org | Free internet download | Procedure-related risk and jewelry-related complications. | Teens | English |
| Oral Piercing Fact Sheet | Academy of General Dentists http://www.knowyourteeth.com/infobites/abc/?abc=o http://www.agd.org/ | Free internet download | Facts about oral piercing and problems caused by piercing. | Teens | English |
| To Pierce or not to Pierce | Academy of General Dentists http://www.knowyourteeth.com/infobites/abc/?abc=t http://www.agd.org/ | Free internet download | The problems that can arise from an oral piercing are reviewed. | Teens | English |
| So You Want to Pierce Your Tongue? | Academy of General Dentists http://www.knowyourteeth.com/infobites/abc/?abc=t http://www.agd.org/ | Free internet download | Be prepared with facts before you pierce your tongue. | Teens | English |
| Grills | American Dental Association http://www.mouthhealthy.org/en/az-topics/g/grills.aspx http://www.ada.org/ | Free internet download | Potential problems caused by grills. | Teen | English |
| Grills | California Dental Association http://cda.org/Portals/0/pdfs/fact_sheets/grills_english.pdf http://cda.org/Portals/0/pdfs/fact_sheets/grills_spanish.pdf http://www.cda.org/ | Free internet download | Potential problems caused by grills. | Teens | English Spanish |

TEETH WHITENING

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|---|------------------------|--|--------|---------------------|
| <i>Tooth Whitening Treatments</i> | American Dental Association http://www.ada.org/2754.aspx http://www.ada.org/ | Free internet download | Overview, FAQs, and additional resource list. | Teens | English |
| <i>Dental Procedures ~ Teeth Whitening</i> | American Academy of Cosmetic Dentistry http://www.aacd.com/index.php?module=cms&page=568 http://www.aacd.com/ | Free internet download | This two page sheet discusses the different teeth whitening procedures available. | Teens | English |
| <i>Tooth Whitening Systems</i> | American Dental Hygienists' Association http://www.adha.org/resources-docs/7227 Tooth Whitening.pdf http://www.adha.org | Free internet download | This two page sheet discusses teeth stains and the effectiveness of bleaching systems. | Teen | English |

EATING DISORDERS

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|--|------------------------|--|--------|---------------------|
| <i>Eating Disorders: Telltale signs are in the mouth</i> | DeCare Dental http://www.decare.com/cm_files/pdf/041311_16Eatingdisorders.pdf http://www.decare.com/ | Free internet download | Info on the effects to your mouth from Bulimia and Anorexia. | Teens | English |
| <i>Eating Disorders & Oral Health A Fact Sheet</i> | Colorado Department of Public Health and Environment http://www.cde.state.co.us/cdeprevention/download/pdf/eating%20disorders%20fact%20sheet.pdf http://www.colorado.gov/cs/Satellite/CDPHE-Main/CBON/1251583470000 | Free internet download | Reviews the oral effects of an eating disorder. | Teens | English |

TOBACCO

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|--|---|--|---|--------|---------------------|
| <i>Cold Hard Facts</i> | Call the American Cancer Society to place an order. 1-800-ACS-2345 (1-800-227-2345) http://www.cancer.org/healthy/stayawayfromtobacco/index | Free | Pictures of mouths that have been destroyed by using smokeless tobacco are shown. There is also information about the effects of using dip. | Teens | English |
| <i>Smokeless Tobacco: Spit It Out!</i> | Journeyworks Health Education Publishing Catalog http://www.journeyworks.com/Smokeless-Tobacco-Spit-It-Out/productinfo/5070/ www.journeyworks.com | Varies. Depending on amount ordered | Convince young people who think chewing is cool to think again! Humor and facts show chewing tobacco is unhealthy. | Teens | English |
| <i>How Tobacco Affects Your Teeth, Gums and Mouth</i> | Journeyworks Health Education Publishing Catalog http://www.journeyworks.com/How-Tobacco-Affects-Your-Teeth-Gums-and-Mouth/productinfo/5456/ www.journeyworks.com | Varies. Depending on amount ordered | Compelling overview of the damaging impact of tobacco on oral health. | Teens | English |
| <i>Tobacco Pipes and Hookahs</i> | Journeyworks Health Education Publishing Catalog http://www.journeyworks.com/Tobacco-Pipes-and-Hookahs/productinfo/5324/ www.journeyworks.com | Varies. Depending on amount ordered | Tobacco pipe and hookah use is on the rise. Make sure young people know the health risks. | Teens | English |

TOBACCO

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|---|------------------------|-------|--------|---------------------|
| <i>Tobacco Use and Orthodontic Treatment</i> | American Association of Orthodontists https://www.aaoinfo.org/system/files/media/documents/Tobacco%20Use-MLMS-13-1.pdf https://www.aaoinfo.org/practice/patient-management/patient-education/consumer-education-brochures | Free internet download | | Teens | English |

METHAMPHETAMINE USE AND ORAL HEALTH

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|-------------------|---|------------------------|--|--------|---------------------|
| Meth Mouth | <p style="text-align: center;">San Diego Dental Health Coalition</p> <p>http://www.sharethecaredental.org/website/resources/Meth%20Mouth%20Brochure2009_FINAL_english.pdf http://www.sharethecaredental.org/website/resources/Meth%20Mouth%20Brochure2009_FINAL_spanish.pdf http://www.sharethecaredental.org/website/resources/dentalhealth.html</p> | Free internet download | Flyer with information on the condition known as “meth mouth”. | Teens | English Spanish |
| Meth Mouth | <p style="text-align: center;">American Dental Association</p> <p>http://www.mouthhealthy.org/en/az-topics/m/meth-mouth.aspx http://www.mouthhealthy.org/en/</p> | Free internet download | Flyer describes what meth is and the extensive tooth decay attributed to the drug’s acidic nature. | Teens | English |
| Meth Mouth | <p style="text-align: center;">California Dental Association</p> <p>http://cda.org/Portals/0/pdfs/fact_sheets/meth_mouth_english.pdf http://cda.org/Portals/0/pdfs/fact_sheets/meth_mouth_spanish.pdf http://www.cda.org/public-resources/patient-fact-sheets</p> | Free internet download | Flyer describes what meth is and the extensive tooth decay attributed to the drug’s acidic nature. | Teens | English Spanish |

SPECIAL NEEDS

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|--|--|--|---|------------------|----------------------------|
| <p>Healthy Smiles for Children with Autism</p> | <p>Rady Children's Hospital San Diego- Anderson Center for Dental Care</p> <p>English: http://www.rchsd.org/cmsprodcons2/groups/public/@groups-communityhealth/documents/content/c011598.pdf http://www.rchsd.org/cmsprodcons2/groups/public/@groups-communityhealth/documents/content/c011601.pdf</p> <p>Spanish: http://www.rchsd.org/cmsprodcons2/groups/public/@groups-communityhealth/documents/content/c011599.pdf http://www.rchsd.org/cmsprodcons2/groups/public/@groups-communityhealth/documents/content/c011600.pdf</p> <p>http://www.rchsd.org/programsservices/a-z/c-d/centerforhealthiercommunities/andersoncenterfordentalcare/dentalhealth/index.htm</p> | <p>Free Internet download</p> | <p>Short, easy-to-read fliers and more detailed brochures with oral health information specific to children with autism</p> | <p>All</p> | <p>English Spanish</p> |
| <p>Oral Conditions in Children with Special Needs</p> | <p>National Institute of Dental and Craniofacial Research</p> <p>http://www.nidcr.nih.gov/NR/rdonlyres/C681B07A-6046-4186-8550-9711E438057B/0/OralConditions.pdf</p> <p>https://www.nidcr.nih.gov/OrderPublications/default.aspx#12</p> | <p>Free internet download</p> <p>50 Free</p> | <p>Chart of colored pictures of oral development, oral trauma bruxism, oral infections, and gingival overgrowth. Tips for health care providers</p> | <p>Providers</p> | <p>English</p> |

SPECIAL NEEDS

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|--|--|---|--|---|--|
| <p>Healthy Smiles for Children with Down Syndrome</p> | <p style="text-align: center;">Rady Children's Hospital San Diego- Anderson Center for Dental Care</p> <p>English: http://www.rchsd.org/cmsprodcons2/groups/public/@groups-communityhealth/documents/content/c011605.pdf (1page)</p> <p>http://www.rchsd.org/cmsprodcons2/groups/public/@groups-communityhealth/documents/content/c011602.pdf (2pages)</p> <p>Spanish:</p> <p>http://www.rchsd.org/cmsprodcons2/groups/public/@groups-communityhealth/documents/content/c011604.pdf (1page)</p> <p>http://www.rchsd.org/cmsprodcons2/groups/public/@groups-communityhealth/documents/content/c011603.pdf (2pages)</p> <p>http://www.rchsd.org/programsservices/a-z/c-d/centerforhealthiercommunities/andersoncenterfordentalcare/index.htm</p> | <p style="text-align: center;">Free Internet download</p> | <p>Short, easy-to-read fliers and more detailed brochures with oral health information specific to children with Down Syndrome</p> | <p style="text-align: center;">All</p> | <p style="text-align: center;">English Spanish</p> |
| <p>Dental Care Every Day: A Caregiver's Guide</p> | <p style="text-align: center;">National Institute of Dental and Craniofacial Research</p> <p>http://www.nidcr.nih.gov/NR/rdonlyres/01DC53C1-BAEC-4D3D-B615-0F6A2C6EEB82/0/DentalCareEveryday.pdf</p> <p>https://www.nidcr.nih.gov/OrderPublications/default.aspx#3</p> | <p style="text-align: center;">Free Internet download</p> | <p>Detailed booklet for caregivers in maintaining good oral health for children with special needs</p> | <p style="text-align: center;">Parents/ Caregivers/ Home Health care aids</p> | <p style="text-align: center;">English</p> |

SPECIAL NEEDS

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|---|------------------------|---|----------------------------|---------------------|
| <i>Patients with Special Needs</i> | University of Washington School of Dentistry http://dental.washington.edu/departments/oral-medicine/special-needs-fact-sheets.html/ Scroll down for Parent/Caregiver Fact Sheets on left column http://dental.washington.edu/ | Free internet download | Fact sheets for different conditions (ie, autism, cerebral palsy, congenital cardiac disorder, etc) | Parent/Caregiver/Providers | English |

ORAL HEALTH & PREGNANCY

| Title/Number | Order Source | Price | Notes | Target | Available Languages |
|---|--|-------------------------------|---|----------------|---------------------------------------|
| <p>Two Healthy Smiles Tips to Keep You and Your Baby Healthy</p> | <p>National Maternal and Child Oral Health Resource Center http://www.mchoralhealth.org/PDFs/pregnancybrochure.pdf http://www.mchoralhealth.org/PDFs/pregnancybrochure_sp.pdf http://www.mchoralhealth.org/</p> <p>On the left side of the screen Click on <i>Order Form</i> (under <i>Publications</i>). Scroll Down page. Click on brochures</p> | <p>Free</p> | <p>Colorful brochure offers information on taking care of your mouth while pregnant, after your baby is born, and care of your baby's gums and teeth.</p> | <p>Teens +</p> | <p>English</p> |
| <p>Healthy Teeth +Pregnant Moms =Healthy Babies</p> | <p>Share the Care Dental http://www.sharethecaredental.org/website/resources/Healthy%20Teeth%20Preg%20Moms%20Healthy%20Babies.pdf http://www.sharethecaredental.org/website/resources/Healthy%20teeth%20Preg%20moms%20healthy%20babies%20spanish.pdf http://www.sharethecaredental.org/website/resources/dentalhealth.html</p> <p>Scroll down to <i>Healthy Teeth</i>. Click on brochure</p> | <p>Free internet download</p> | <p>One-page fliers explain need for dental care and gives tips on how to take care of mom's and baby's teeth to prevent dental cavities</p> | <p>Teens +</p> | <p>English Spanish Somali</p> |
| <p>New Moms Information for moms and moms-to-be</p> | <p>California Dental Association http://www.cda.org/popup/New_Moms</p> | <p>Free Internet download</p> | <p>One-page fliers in Question/Answer format answers some of the most frequently ask questions about dental health relating to pregnancy, infants, toddlers and children.</p> | <p>Teens +</p> | <p>English</p> |