



California Obesity Prevention Data Sources

Updated July 2011



DATASET	YEARS	POPULATION	BMI*	TARGET AREAS						LEVEL OF SPECIFICITY	NOTES
				FV	PA	BF	SSB	EDF	TV		
California Health Interview Survey (CHIS)	Biennial 2001-	Children, birth-11 yrs Adolescents, 12-17 yrs Adults, 18+ yrs		X	X		X	X		State/ Region/ County	Questions on parks, active travel, fast/junk food, SSB sales at school, transportation http://www.chis.ucla.edu/
California Dietary Practices Survey (CDPS)	Biennial 1989-	Adults, 18+ yrs	SR	X	X		X	X	X	State	Questions about food environments and limiting child TV http://www.cdph.ca.gov/programs/cpns/Pages/CaliforniaStateWideSurveys.aspx
California Teen Eating, Exercise, and Nutrition Survey (CalTEENS)	Biennial 1998-	Adolescents, 12-17 yrs	SR	X	X		X	X	X	State	Questions about school and home food and physical activity environments http://www.cdph.ca.gov/programs/cpns/Pages/CaliforniaStateWideSurveys.aspx
California Children's Healthy Eating and Exercise Practices Survey (CalCHEEPS)	Biennial 1999	Children, 9-11 yrs	SR	X	X		X	X	X	State	Questions about school and home food and physical activity environments http://www.cdph.ca.gov/programs/cpns/Pages/CaliforniaStateWideSurveys.aspx
California Healthy Kids Survey (CHKS)	Annual 1999	Grades 5, 7, 9, and 11	SR	X	X		X	X	X	State/ County/ School District	More specific questions about nutrition and PA on middle and high school surveys; also questions about breakfast and weight management http://chks.wested.org/
California Physical Fitness Test (FITNESSGRAM)	Annual 1996-	Grades 5, 7, and 9	M		X					State/ County/ School District/ School	BMI packages as "body composition unhealthy body composition includes underweight as well as overweight – should focus on those "in the healthy fitness zone";" PA data on fitness http://www.cde.ca.gov/ta/tg/pf/pftresults.asp
California Women's Health Survey (CWHS)	Annual 1997-	Adult women, 18+ yrs	SR	X	X		X	X	X	State	Questions about weight management, barriers to PA and FV, and adult TV viewing; also food insecurity, use of food/nutrition assistance programs; SSB, EDF 2009-2011 http://www.cdph.ca.gov/data/surveys/Pages/CWHS.aspx http://www.surveymethods.com/sub.php?page=data_ca_2
Pediatric Nutrition Surveillance System (PedNSS)	Annual 1988-	Infants, Children, Adolescents (0-20 yr.) in Child Health and Disability Prevention (CHDP) Program	M							State/ County/ Some Cities	Missed opportunity for data on breastfeeding and pediatric TV viewing http://www.dhcs.ca.gov/services/chdp/Pages/PedNSS2009.aspx
Maternal and Infant Health Assessment (MIHA)	Annual 1999-	Women aged 15+ who recently gave birth	SR			X				State/ Region	Pre-pregnancy weight and weight gain; questions on perceived eating habits and food security http://www.cdph.ca.gov/data/surveys/Pages/MaternalandInfantHealthAssessment(MIHA)survey.aspx

* SR = Self-report; M = Measured
BF =Breastfeeding

BMI = Body Mass Index
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FV = Fruit & Vegetable Consumption
EDF = Energy Dense, Low Nutrient Food Consumption

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Los Angeles County Health Survey - Child	1999-2000, 2002-2003, 2005, 2007, 2010-	Children, birth-17 yrs			X	X	X	X	X	LA County/ Service Planning Area	Questions about maternal knowledge of weight and nutrition during pregnancy, breastfeeding, PA environment http://www.publichealth.lacounty.gov/ha/hasurveyintro.htm
Los Angeles County Health Survey - Adult	1999-2000, 2002-2003, 2005, 2007, 2010-	Adults, 18+ yrs	SR	X	X			X		LA County/ Service Planning Area	Question on neighborhoods safety; sub sample taking for built environment module http://www.publichealth.lacounty.gov/ha/hasurveyintro.htm
Behavioral Risk Factor Surveillance System (BRFSS)	Annual 1995-	Adults, 18+ yrs	SR	X	X					State	Questions on SSB consumption and calorie information on fast food menus will be on 2011 survey http://www.surveymethods.com/sub.php?page=data_ca_1
Youth Risk Behavior Surveillance System (YRBSS)	Biennial 2011-	Adolescents, grades 9-12	SR	X	X		X		X	State	First conducted statewide in 2009, but response rate not enough for weighting; San Diego has data from '91-'09; San Francisco in '97, '01, '05-'09; Los Angeles in '97 and '01-'09; San Bernardino in '01-'09
National Survey of Children's Health (NSCH)	2003, 2007	Children and adolescents 6-17 yrs	SR		X	X			X	State	Questions about neighborhoods and community characteristics; PA question doesn't measure national guidelines; BMI only for 10-17 y/o http://www.cdc.gov/nchs/slats/nsch.htm
Maternity Practices in Infant Nutrition and Care (mPINC)	2007 Plans to repeat	Hospitals and birth centers				X				State	Questions on facility support of breastfeeding http://www.cdc.gov/breastfeeding/data/mpinc/index.htm
School Health Policies and Programs Study (SHPPS)	Every six years 1994-	State, district, school, and classroom levels		X	X		X	X		State	Questions on policies and programs relating the school nutrition and physical activity environments http://www.cdc.gov/HealthyYouth/shpps/index.htm
School Health Profiles - Principal Survey	Biennial 1996-2000, 2008-	Middle and high school principals		X	X		X	X		State	Questions about the school food environment and PE requirements; asks about wellness councils as well http://www.cdc.gov/healthyouth/profiles/
School Health Profiles - Teacher Survey	Biennial 1998, 2008	Lead health education teachers		X	X					State	Asks questions about health education topics and professional development http://www.cdc.gov/healthyouth/profiles/
County Nutrition and Food Insecurity Profiles	2010	Food Insecure	SR			X				County	Nutrition and food insecurity information http://www.cfpa.net/2010CountyProfiles/Main.html
Newborn Screening Data (Genetic Disease Screening Program)	2004-2007, and 2008, 2009	California in-hospital infant feeding practices				X				Hospital/ County/ State	Data on all infant feedings from birth to time of specimen collection, usually 24 to 48 hours since birth http://www.cdph.ca.gov/data/statistics/Pages/BreastfeedingStatistics.aspx

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