



# MIHA Snapshot, Ventura County, 2012

Maternal and Infant Health Assessment (MIHA) Survey

✓ better than rest of California ✗ worse than rest of California ♦ no statistical difference

		Ventura County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
<b>Prior Poor Birth Outcomes</b>							
Prior low birth weight or preterm delivery	♦	10.6	5.6 - 15.7	1,100	8.8	7.6 - 9.9	42,900
Prior delivery by c-section	♦	16.6	10.9 - 22.2	1,700	16.1	14.5 - 17.7	79,600
<b>Health Status</b>							
In good to excellent health before pregnancy	♦	92.1	87.9 - 96.4	9,600	92.2	91.1 - 93.4	456,300
Chronic conditions before or during pregnancy							
Diabetes or gestational diabetes	✓	6.3	2.7 - 9.9	700	11.3	10.0 - 12.7	55,400
Hypertension, preeclampsia or eclampsia	♦	11.5	6.7 - 16.3	1,200	8.5	7.5 - 9.6	41,200
Asthma	♦	5.1	1.7 - 8.5	500	8.0	6.9 - 9.1	38,700
<b>Nutrition and Weight</b>							
Daily folic acid use, month before pregnancy	♦	33.7	26.3 - 41.1	3,500	34.0	31.9 - 36.1	168,100
Overweight before pregnancy	♦	22.3	15.5 - 29.2	2,200	24.1	22.2 - 26.0	111,600
Obese before pregnancy	♦	20.0	13.3 - 26.7	1,900	18.3	16.6 - 19.9	84,600
Inadequate weight gain during pregnancy	♦	16.0	9.4 - 22.7	1,300	16.5	14.7 - 18.4	63,800
Excessive weight gain during pregnancy	♦	46.7	38.0 - 55.5	3,800	42.5	40.0 - 45.1	164,200
Food insecurity during pregnancy	♦	21.2	14.7 - 27.7	2,200	18.6	16.9 - 20.3	91,600
<b>Intimate Partner Violence (IPV) and Depressive Symptoms</b>							
Physical or psychological IPV during pregnancy	✓	2.4	0.5 - 4.2	200	8.8	7.5 - 10.2	43,400
Prenatal depressive symptoms	♦	12.0	7.3 - 16.8	1,300	16.4	14.7 - 18.1	81,200
Postpartum depressive symptoms	♦	16.3	10.9 - 21.7	1,700	16.0	14.3 - 17.6	78,800
<b>Hardships and Support during Pregnancy</b>							
Homeless or did not have a regular place to sleep	♦	4.4	1.5 - 7.4	500	3.7	3.0 - 4.5	18,100
Moved due to problems paying rent or mortgage	♦	7.4	3.2 - 11.7	800	7.5	6.4 - 8.6	36,600
Woman or partner lost job	✗	24.6	17.2 - 32.0	2,600	17.3	15.7 - 18.9	84,200
Woman or partner had pay or hours cut back	♦	12.1	6.7 - 17.4	1,300	14.3	12.8 - 15.8	69,500
Became separated or divorced	✓	3.0	0.7 - 5.2	300	7.9	6.8 - 9.0	38,600
Had no practical or emotional support		*			5.5	4.4 - 6.5	26,900
<b>Substance Use</b>							
Any smoking, 3 months before pregnancy	♦	11.1	6.6 - 15.6	1,200	11.9	10.6 - 13.3	58,700
Any smoking, 1st or 3rd trimester	♦	7.2	3.6 - 10.9	800	8.3	7.1 - 9.6	41,000
Any smoking, postpartum	♦	4.6	1.8 - 7.5	500	5.7	4.7 - 6.6	27,800
Any binge drinking, 3 months before pregnancy	♦	10.7	6.0 - 15.4	1,100	13.9	12.5 - 15.3	68,000
Any alcohol use, 1st or 3rd trimester	♦	19.5	13.4 - 25.6	2,000	20.9	19.1 - 22.6	102,000
<b>Pregnancy Intention and Family Planning</b>							
Mistimed or unwanted pregnancy	♦	34.1	26.4 - 41.7	3,500	30.9	28.8 - 33.0	152,500
Unsure of pregnancy intentions	✓	5.7	2.4 - 9.1	600	12.9	11.3 - 14.4	63,500
Postpartum birth control use	♦	91.4	86.6 - 96.2	8,700	89.8	88.1 - 91.5	395,800
<b>Infant Sleep and Breastfeeding</b>							
Placed infant on back to sleep	♦	79.8	73.1 - 86.5	8,100	76.1	74.1 - 78.1	366,400
Intended to breastfeed, before birth	♦	95.6	92.6 - 98.7	9,900	92.2	90.9 - 93.5	444,100
Intended to breastfeed exclusively, before birth	♦	64.5	56.9 - 72.1	6,700	62.0	59.9 - 64.2	298,800
<b>Breastfeeding practices</b>							
Any breastfeeding, 1 month after delivery	♦	84.8	79.0 - 90.5	8,600	82.7	81.0 - 84.4	393,200
Exclusive breastfeeding, 1 month after delivery	♦	46.6	38.6 - 54.6	4,700	41.9	39.7 - 44.1	196,500
Any breastfeeding, 3 months after delivery	♦	67.0	58.7 - 75.3	5,500	64.9	62.4 - 67.5	245,000
Exclusive breastfeeding, 3 months after delivery	♦	31.3	23.0 - 39.6	2,500	26.5	24.3 - 28.7	98,600



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		Ventura County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
<b>Health Care Utilization and Public Program Participation</b>							
Had a usual source of pre-pregnancy care	♦	68.8	61.4 - 76.1	7,200	72.0	70.1 - 74.0	356,600
Initiated prenatal care in 1st trimester †	♦	90.4	85.5 - 95.3	9,400	88.0	86.6 - 89.4	430,000
Had a dental visit during pregnancy	♦	39.3	31.7 - 46.9	4,100	42.1	40.0 - 44.3	208,300
Had a postpartum medical visit	♦	88.2	82.9 - 93.5	9,100	88.3	87.0 - 89.7	434,500
Mom or infant needed but couldn't afford care postpartum	♦	16.3	10.7 - 21.9	1,700	14.8	13.2 - 16.4	71,500
Participated in WIC during pregnancy	♦	51.1	43.1 - 59.1	5,200	55.6	54.1 - 57.1	269,800
Received CalFresh (food stamps) during pregnancy	♦	23.8	16.9 - 30.6	2,500	24.7	23.0 - 26.5	121,900
<b>Health Insurance Coverage</b>							
Pre-pregnancy insurance							
Medi-Cal	↓	15.9	9.7 - 22.1	1,700	24.5	22.7 - 26.3	120,700
Uninsured	♦	28.9	21.8 - 36.1	3,000	24.7	22.9 - 26.4	121,500
Private	♦	51.2	43.3 - 59.2	5,300	47.0	45.2 - 48.7	231,300
Prenatal insurance							
Medi-Cal	♦	44.6	36.7 - 52.5	4,700	49.8	48.2 - 51.5	246,200
Uninsured		*			1.7	1.2 - 2.1	8,200
Private	♦	48.8	41.0 - 56.7	5,100	43.5	41.8 - 45.1	214,800
Maternal postpartum insurance							
Medi-Cal	↓	23.5	16.5 - 30.5	2,400	34.6	32.8 - 36.5	169,700
Uninsured	↑	23.8	16.9 - 30.6	2,400	16.7	15.2 - 18.1	81,600
Private	♦	49.6	41.6 - 57.5	5,100	45.1	43.4 - 46.8	221,000
Infant health insurance							
Medi-Cal	♦	44.2	36.2 - 52.1	4,500	49.2	47.4 - 51.0	237,400
Healthy Families	♦	6.4	2.0 - 10.9	700	5.1	4.2 - 6.1	24,800
Uninsured		*			2.4	1.5 - 3.3	11,800
Private	♦	47.1	39.2 - 55.0	4,800	40.7	39.0 - 42.4	196,200
<b>Maternal Demographics</b>							
Age							
15-19	♦	6.8	3.0 - 10.5	700	7.0	5.8 - 8.2	34,500
20-34	♦	74.8	68.2 - 81.5	7,800	74.0	72.0 - 76.1	366,900
35+	♦	18.4	12.4 - 24.4	1,900	19.0	17.2 - 20.8	94,100
Did not complete high school (or GED)	♦	22.5	15.8 - 29.1	2,300	18.2	16.4 - 19.9	89,700
Unmarried	♦	40.0	32.2 - 47.8	4,100	41.7	39.7 - 43.6	205,400
Race/Ethnicity							
Hispanic	↑	59.5	52.0 - 67.0	6,200	50.1	48.2 - 52.0	242,700
Black	↓	1.2	0.8 - 1.6	100	5.8	5.2 - 6.5	28,300
White	♦	31.8	24.9 - 38.7	3,300	28.7	26.9 - 30.5	139,000
Asian/Pacific Islander	↓	7.2	2.9 - 11.5	700	14.8	13.2 - 16.5	71,900
Nativity and Language							
Born outside the U.S.	♦	40.3	32.5 - 48.2	4,200	39.3	37.2 - 41.5	194,800
Speaks non-English language at home	♦	31.1	23.8 - 38.5	3,200	30.8	28.8 - 32.8	150,100
Income as a percent of the Federal Poverty Guideline							
0-100%	♦	40.0	31.8 - 48.2	3,800	43.4	41.5 - 45.3	198,900
101-200%	♦	17.5	11.3 - 23.7	1,700	18.6	16.9 - 20.3	85,200
>200%	♦	42.5	34.4 - 50.5	4,000	38.0	36.2 - 39.8	174,200

\* Data are not presented because fewer than 10 women reported. † In 2012, the measure changed for this indicator and is not comparable to prior years (see Technical Document).

Notes: MIHA is an annual population-based survey of California resident women with a live birth in 2012, with a sample size of 6,810. The sample size of Ventura County was 210. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (N), i.e., numerator of the percent rounded to the nearest hundred, are weighted to represent all women with a live birth in California and the county in 2012. Symbols indicate whether the health indicator in the county was statistically different from the rest of the state (p-value <0.05, chi-square test). Prior poor birth outcomes are presented for all women. See the Technical Document for information on weighting, comparability to prior years and technical definitions.

MIHA is a collaborative effort of the Maternal, Child and Adolescent Health and WIC Programs of the Center for Family Health, California Department of Public Health and the Center on Social Disparities in Health at the University of California, San Francisco. Visit the MIHA website at [www.cdph.ca.gov/MIHA](http://www.cdph.ca.gov/MIHA).