



MIHA Snapshot, San Mateo County, 2012

Maternal and Infant Health Assessment (MIHA) Survey

✓ better than rest of California ✗ worse than rest of California ♦ no statistical difference

		San Mateo County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
Prior Poor Birth Outcomes							
Prior low birth weight or preterm delivery	♦	5.2	1.6 - 8.8	500	8.8	7.6 - 9.9	42,900
Prior delivery by c-section	✓	10.4	6.0 - 14.7	900	16.1	14.5 - 17.7	79,600
Health Status							
In good to excellent health before pregnancy	♦	93.3	89.6 - 97.1	8,400	92.2	91.1 - 93.4	456,300
Chronic conditions before or during pregnancy							
Diabetes or gestational diabetes	✗	19.9	13.6 - 26.2	1,800	11.3	10.0 - 12.7	55,400
Hypertension, preeclampsia or eclampsia	✗	15.6	9.5 - 21.8	1,400	8.5	7.5 - 9.6	41,200
Asthma	♦	7.8	3.7 - 11.9	700	8.0	6.9 - 9.1	38,700
Nutrition and Weight							
Daily folic acid use, month before pregnancy	✓	43.1	35.2 - 50.9	3,900	34.0	31.9 - 36.1	168,100
Overweight before pregnancy	♦	24.7	17.6 - 31.7	2,100	24.1	22.2 - 26.0	111,600
Obese before pregnancy	♦	17.4	11.0 - 23.9	1,400	18.3	16.6 - 19.9	84,600
Inadequate weight gain during pregnancy	♦	15.3	8.9 - 21.8	1,100	16.5	14.7 - 18.4	63,800
Excessive weight gain during pregnancy	♦	39.0	30.1 - 47.8	2,700	42.5	40.0 - 45.1	164,200
Food insecurity during pregnancy	✓	10.4	5.4 - 15.4	900	18.6	16.9 - 20.3	91,600
Intimate Partner Violence (IPV) and Depressive Symptoms							
Physical or psychological IPV during pregnancy	♦	6.5	2.4 - 10.6	600	8.8	7.5 - 10.2	43,400
Prenatal depressive symptoms	✓	9.9	5.4 - 14.4	900	16.4	14.7 - 18.1	81,200
Postpartum depressive symptoms	♦	11.8	6.0 - 17.6	1,100	16.0	14.3 - 17.6	78,800
Hardships and Support during Pregnancy							
Homeless or did not have a regular place to sleep		*			3.7	3.0 - 4.5	18,100
Moved due to problems paying rent or mortgage	♦	5.7	1.9 - 9.6	500	7.5	6.4 - 8.6	36,600
Woman or partner lost job	♦	12.7	7.1 - 18.3	1,100	17.3	15.7 - 18.9	84,200
Woman or partner had pay or hours cut back	♦	9.9	5.3 - 14.4	900	14.3	12.8 - 15.8	69,500
Became separated or divorced		*			7.9	6.8 - 9.0	38,600
Had no practical or emotional support	♦	3.7	1.1 - 6.4	300	5.5	4.4 - 6.5	26,900
Substance Use							
Any smoking, 3 months before pregnancy		*			11.9	10.6 - 13.3	58,700
Any smoking, 1st or 3rd trimester		*			8.3	7.1 - 9.6	41,000
Any smoking, postpartum		*			5.7	4.7 - 6.6	27,800
Any binge drinking, 3 months before pregnancy	♦	12.9	7.2 - 18.5	1,100	13.9	12.5 - 15.3	68,000
Any alcohol use, 1st or 3rd trimester	♦	25.2	17.8 - 32.5	2,200	20.9	19.1 - 22.6	102,000
Pregnancy Intention and Family Planning							
Mistimed or unwanted pregnancy	♦	23.3	16.3 - 30.4	2,100	30.9	28.8 - 33.0	152,500
Unsure of pregnancy intentions	♦	7.6	3.5 - 11.7	700	12.9	11.3 - 14.4	63,500
Postpartum birth control use	♦	90.0	84.6 - 95.4	6,800	89.8	88.1 - 91.5	395,800
Infant Sleep and Breastfeeding							
Placed infant on back to sleep	✓	84.7	79.1 - 90.4	7,500	76.1	74.1 - 78.1	366,400
Intended to breastfeed, before birth	♦	95.6	92.9 - 98.4	8,600	92.2	90.9 - 93.5	444,100
Intended to breastfeed exclusively, before birth	✓	71.6	64.6 - 78.6	6,400	62.0	59.9 - 64.2	298,800
Breastfeeding practices							
Any breastfeeding, 1 month after delivery	✓	89.7	84.7 - 94.7	8,100	82.7	81.0 - 84.4	393,200
Exclusive breastfeeding, 1 month after delivery	♦	46.1	38.0 - 54.2	4,000	41.9	39.7 - 44.1	196,500
Any breastfeeding, 3 months after delivery	✓	75.2	67.2 - 83.1	5,400	64.9	62.4 - 67.5	245,000
Exclusive breastfeeding, 3 months after delivery	✓	36.9	28.0 - 45.8	2,600	26.5	24.3 - 28.7	98,600



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Maternal and Infant Health Assessment (MIHA) Survey

↑ higher than rest of California ↓ lower than rest of California ♦ no statistical difference

		San Mateo County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
Health Care Utilization and Public Program Participation							
Had a usual source of pre-pregnancy care	♦	78.7	72.4 - 84.9	7,100	72.0	70.1 - 74.0	356,600
Initiated prenatal care in 1st trimester †	↑	94.3	91.0 - 97.6	8,200	88.0	86.6 - 89.4	430,000
Had a dental visit during pregnancy	↑	54.0	46.0 - 62.0	4,900	42.1	40.0 - 44.3	208,300
Had a postpartum medical visit	↑	94.4	90.9 - 98.0	8,500	88.3	87.0 - 89.7	434,500
Mom or infant needed but couldn't afford care postpartum	♦	11.1	6.1 - 16.1	1,000	14.8	13.2 - 16.4	71,500
Participated in WIC during pregnancy	↓	36.2	28.2 - 44.2	3,100	55.6	54.1 - 57.1	269,800
Received CalFresh (food stamps) during pregnancy	↓	10.0	5.5 - 14.5	900	24.7	23.0 - 26.5	121,900
Health Insurance Coverage							
Pre-pregnancy insurance							
Medi-Cal	↓	9.4	4.9 - 14.0	800	24.5	22.7 - 26.3	120,700
Uninsured	↓	17.2	11.4 - 23.1	1,500	24.7	22.9 - 26.4	121,500
Private	↑	68.8	61.6 - 76.0	6,200	47.0	45.2 - 48.7	231,300
Prenatal insurance							
Medi-Cal	↓	30.2	23.1 - 37.3	2,700	49.8	48.2 - 51.5	246,200
Uninsured	*				1.7	1.2 - 2.1	8,200
Private	↑	67.2	59.9 - 74.5	6,100	43.5	41.8 - 45.1	214,800
Maternal postpartum insurance							
Medi-Cal	↓	13.4	8.3 - 18.5	1,200	34.6	32.8 - 36.5	169,700
Uninsured	♦	18.0	11.6 - 24.3	1,600	16.7	15.2 - 18.1	81,600
Private	↑	68.0	60.6 - 75.5	6,000	45.1	43.4 - 46.8	221,000
Infant health insurance							
Medi-Cal	↓	28.0	21.0 - 34.9	2,500	49.2	47.4 - 51.0	237,400
Healthy Families	♦	5.2	2.0 - 8.5	500	5.1	4.2 - 6.1	24,800
Uninsured	*				2.4	1.5 - 3.3	11,800
Private	↑	63.0	55.3 - 70.7	5,600	40.7	39.0 - 42.4	196,200
Maternal Demographics							
Age							
15-19	*				7.0	5.8 - 8.2	34,500
20-34	♦	67.0	59.1 - 74.9	6,000	74.0	72.0 - 76.1	366,900
35+	↑	29.7	21.9 - 37.5	2,700	19.0	17.2 - 20.8	94,100
Did not complete high school (or GED)	↓	10.4	5.9 - 15.0	900	18.2	16.4 - 19.9	89,700
Unmarried	↓	27.0	19.5 - 34.5	2,400	41.7	39.7 - 43.6	205,400
Race/Ethnicity							
Hispanic	↓	28.6	20.2 - 36.9	2,100	50.1	48.2 - 52.0	242,700
Black	↓	1.4	0.9 - 1.9	100	5.8	5.2 - 6.5	28,300
White	♦	33.4	25.1 - 41.6	2,500	28.7	26.9 - 30.5	139,000
Asian/Pacific Islander	↑	36.3	27.7 - 45.0	2,700	14.8	13.2 - 16.5	71,900
Nativity and Language							
Born outside the U.S.	↑	51.3	43.2 - 59.3	4,600	39.3	37.2 - 41.5	194,800
Speaks non-English language at home	↑	40.2	32.2 - 48.2	3,500	30.8	28.8 - 32.8	150,100
Income as a percent of the Federal Poverty Guideline							
0-100%	↓	23.0	16.3 - 29.8	1,900	43.4	41.5 - 45.3	198,900
101-200%	♦	13.0	7.2 - 18.8	1,100	18.6	16.9 - 20.3	85,200
>200%	↑	63.9	56.0 - 71.9	5,200	38.0	36.2 - 39.8	174,200

* Data are not presented because fewer than 10 women reported. † In 2012, the measure changed for this indicator and is not comparable to prior years (see Technical Document).

Notes: MIHA is an annual population-based survey of California resident women with a live birth in 2012, with a sample size of 6,810. The sample size of San Mateo County was 189. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (N), i.e., numerator of the percent rounded to the nearest hundred, are weighted to represent all women with a live birth in California and the county in 2012. Symbols indicate whether the health indicator in the county was statistically different from the rest of the state (p-value <0.05, chi-square test). Prior poor birth outcomes are presented for all women. See the Technical Document for information on weighting, comparability to prior years and technical definitions.

MIHA is a collaborative effort of the Maternal, Child and Adolescent Health and WIC Programs of the Center for Family Health, California Department of Public Health and the Center on Social Disparities in Health at the University of California, San Francisco. Visit the MIHA website at www.cdph.ca.gov/MIHA.