

MIHA Snapshot, San Francisco Bay Area 2010

Maternal and Infant Health Assessment (MIHA) Survey



✓ better than rest of California ✗ worse than rest of California ♦ no statistical difference

		San Francisco Bay Area			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
Prior Poor Birth Outcomes							
Prior low birth weight or preterm delivery	♦	9.8	7.9 - 11.7	8,400	9.6	8.4 - 10.9	48,100
Prior delivery by c-section	✓	12.2	10.2 - 14.1	10,500	16.6	14.9 - 18.3	83,200
Health Status							
In excellent/good health before pregnancy	♦	90.7	88.9 - 92.4	78,000	89.0	87.7 - 90.4	445,300
Chronic conditions before or during pregnancy							
Diabetes or gestational diabetes	♦	14.2	12.2 - 16.3	12,200	12.1	10.7 - 13.4	60,200
Hypertension, preeclampsia or eclampsia	♦	10.4	8.6 - 12.3	8,800	10.0	8.8 - 11.3	49,100
Asthma	♦	8.6	6.8 - 10.4	7,300	7.1	6.2 - 8.0	35,300
Nutrition and Weight							
Daily folic acid use, month before pregnancy	✓	37.1	34.2 - 40.0	31,900	33.1	31.2 - 35.0	165,500
Overweight before pregnancy	✓	21.8	19.3 - 24.3	17,400	25.1	23.2 - 27.0	116,400
Obese before pregnancy	✓	16.3	14.3 - 18.4	13,100	20.0	18.3 - 21.8	92,800
Inadequate weight gain during pregnancy	♦	16.1	13.7 - 18.5	11,000	17.9	16.0 - 19.7	68,000
Excessive weight gain during pregnancy	♦	42.3	38.9 - 45.6	28,900	43.5	41.2 - 45.9	165,800
Food insecurity during pregnancy	✓	15.0	13.3 - 16.8	12,900	18.8	17.2 - 20.4	93,900
Intimate Partner Violence (IPV) and Depression							
Physical IPV in the year before pregnancy	✓	1.7	1.0 - 2.5	1,500	2.8	2.1 - 3.5	14,200
Physical or psychological IPV during pregnancy	✓	4.2	3.2 - 5.2	3,600	7.3	6.3 - 8.4	36,400
Prenatal depression	✓	12.0	10.2 - 13.7	10,300	15.0	13.5 - 16.4	74,700
Postpartum depression	♦	11.8	9.9 - 13.7	10,100	13.4	11.9 - 14.8	66,900
Hardships and Support during Pregnancy							
Had "a lot" of unpaid bills	✓	18.0	15.9 - 20.0	15,400	21.5	19.8 - 23.1	106,800
Moved	✓	25.0	22.5 - 27.5	21,400	28.8	27.0 - 30.7	143,700
Woman or partner lost job	♦	18.5	16.4 - 20.6	15,800	19.7	18.1 - 21.4	97,700
Became separated or divorced	✓	6.1	4.8 - 7.4	5,200	8.1	6.9 - 9.2	40,200
Had no practical or emotional support	♦	6.0	4.7 - 7.3	5,100	5.8	4.8 - 6.7	28,800
Substance Use							
Any smoking, 3 months before pregnancy	♦	11.3	9.6 - 13.0	9,700	12.5	11.2 - 13.7	62,000
Any smoking, 1st or 3rd trimester	♦	5.7	4.5 - 6.9	4,900	5.6	4.9 - 6.4	28,100
Any binge drinking, 3 months before pregnancy	♦	14.1	12.0 - 16.1	12,000	15.0	13.5 - 16.5	74,200
Any alcohol use, 1st or 3rd trimester	✗	17.3	15.1 - 19.4	14,800	12.1	10.8 - 13.4	60,400
Postpartum Discussions with Provider							
Discussed birth spacing	✓	43.6	40.3 - 46.9	29,400	39.4	37.1 - 41.7	158,400
Discussed postpartum birth control	✓	92.7	91.2 - 94.2	78,900	87.6	86.0 - 89.1	432,900
Infant Sleep and Breastfeeding							
Placed infant on back to sleep	✓	82.4	80.1 - 84.6	69,400	74.4	72.5 - 76.4	360,100
Intended to breastfeed, before birth	✓	95.1	93.9 - 96.4	81,200	91.3	90.2 - 92.5	449,300
Intended to breastfeed exclusively, before birth	✓	68.4	65.7 - 71.0	58,400	60.6	58.6 - 62.6	298,200
Breastfeeding practices							
Any breastfeeding, 1 month after delivery	✓	87.1	85.2 - 89.0	74,100	77.7	76.0 - 79.4	380,600
Exclusive breastfeeding, 1 month after delivery	✓	55.2	52.3 - 58.2	47,000	46.4	44.4 - 48.4	227,200
Any breastfeeding, 3 months after delivery	✓	74.2	71.1 - 77.3	43,200	59.5	57.0 - 61.9	211,000
Exclusive breastfeeding, 3 months after delivery	✓	40.1	36.6 - 43.5	23,300	31.6	29.4 - 33.8	112,100
Health Care Utilization and Coverage							
Mom uninsured before pregnancy	✓	15.2	13.6 - 16.7	12,900	20.4	18.8 - 22.0	100,400
Had a usual source of pre-pregnancy care	✓	75.9	73.4 - 78.3	65,200	72.8	71.0 - 74.6	363,300
Initiated prenatal care in 1st trimester	✓	90.9	89.5 - 92.4	77,100	89.1	87.8 - 90.4	441,600
Had a postpartum medical visit	✓	91.1	89.8 - 92.4	78,000	85.9	84.4 - 87.3	427,300
Mom or infant needed but couldn't afford care postpartum	✓	11.2	9.4 - 12.9	9,500	14.0	12.5 - 15.5	68,600

	San Francisco Bay Area			California		
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Public Program Participation						
Participated in WIC during pregnancy	37.5	35.8 - 39.2	32,100	55.1	54.1 - 56.2	275,400
Received CalFresh (food stamps) during pregnancy	14.3	12.7 - 15.8	12,200	22.4	20.9 - 24.0	111,700
Health Insurance Coverage						
Pre-pregnancy insurance						
Medi-Cal	20.8	18.8 - 22.7	17,700	29.7	28.0 - 31.5	146,300
Uninsured	15.2	13.6 - 16.7	12,900	20.4	18.8 - 22.0	100,400
Private or other	64.1	62.1 - 66.1	54,500	49.8	48.3 - 51.4	245,200
Prenatal insurance						
Medi-Cal	39.7	37.6 - 41.8	34,100	52.0	50.5 - 53.5	259,800
Uninsured	2.1	1.4 - 2.7	1,800	2.9	2.2 - 3.7	14,700
Private or other	58.3	56.2 - 60.3	50,000	45.1	43.7 - 46.5	225,100
Maternal postpartum insurance						
Medi-Cal	26.6	24.7 - 28.4	22,500	35.3	33.6 - 37.1	173,600
Uninsured	11.5	10.1 - 12.8	9,700	17.3	15.7 - 18.8	84,900
Private or other	61.9	60.1 - 63.8	52,400	47.4	45.9 - 48.9	232,900
Infant health insurance						
Medi-Cal	35.3	33.6 - 37.0	29,900	49.0	47.3 - 50.6	237,900
Healthy Families	2.5	1.6 - 3.4	2,100	3.8	3.1 - 4.6	18,600
Uninsured	2.3	1.5 - 3.0	1,900	3.4	2.5 - 4.3	16,700
Private or other	60.0	58.1 - 61.8	50,800	43.8	42.3 - 45.3	212,800
Maternal Demographics						
Age						
15-19	4.2	3.4 - 5.0	3,600	8.9	7.7 - 10.0	44,400
20-34	70.7	68.1 - 73.4	61,000	71.8	69.9 - 73.8	360,000
35+	25.0	22.5 - 27.6	21,600	19.3	17.6 - 21.0	96,800
Did not complete high school (or GED)	12.9	11.6 - 14.2	11,100	20.4	18.8 - 22.0	101,900
Unmarried	33.6	31.5 - 35.7	28,900	42.7	40.9 - 44.6	213,500
Race/Ethnicity						
Hispanic	31.0	28.8 - 33.1	25,600	50.6	48.9 - 52.2	249,000
Black	6.9	6.5 - 7.2	5,700	6.0	5.8 - 6.2	29,500
White	33.7	30.9 - 36.4	27,800	29.3	27.8 - 30.8	144,200
Asian/Pacific Islander	28.1	25.2 - 31.0	23,200	13.7	12.2 - 15.2	67,600
Nativity and Language						
Born outside the U.S.	47.3	44.4 - 50.2	40,800	41.4	39.4 - 43.3	207,300
Speaks non-English language at home	34.9	32.2 - 37.6	29,900	33.5	31.6 - 35.5	167,000
Income as a percent of the Federal Poverty Guideline						
0-100%	31.4	29.3 - 33.4	25,300	44.0	42.3 - 45.7	206,700
101-200%	15.4	13.4 - 17.4	12,500	20.0	18.3 - 21.7	94,100
201-300%	7.4	5.7 - 9.1	6,000	8.0	7.0 - 9.1	37,800
301-400%	8.6	6.7 - 10.5	7,000	6.5	5.6 - 7.4	30,400
>400%	37.2	34.5 - 40.0	30,100	21.5	20.1 - 22.8	100,800

* Due to frequency < 10 women, data are not presented.

Notes: MIHA is an annual population-based survey of California resident women with a live birth in 2010, with a sample size of 6,817. Percent (%), 95% confidence interval (CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth in California and region in 2010. Symbols indicate whether the health indicator in the region was statistically different from the rest of the state (p-value <0.05, chi-square test). Statistical comparisons were not conducted for demographics, health insurance, or public program participation. Prior low birth weight (<2,500 g) or preterm delivery (<37 weeks gestation) is presented for all women. More information on MIHA and the indicators above is on the MIHA website.

MIHA is a collaborative effort of the Maternal, Child and Adolescent Health and WIC Programs of the Center for Family Health, California Department of Public Health and the Center on Social Disparities in Health at the University of California, San Francisco. Visit the MIHA website at www.cdph.ca.gov/MIHA.