



MIHA Regional Comparison 2012

Maternal and Infant Health Assessment (MIHA) Survey



Daily folic acid use in the month before pregnancy

MIHA Region	Percent	95% CI	Population Estimate of Indicator
California	34.0	31.9 - 36.1	168,100
Central Coast Region	✘ 28.6	24.6 - 32.6	8,200
Greater Sacramento Region	◇ 34.7	29.5 - 40.0	10,100
Los Angeles County	◇ 32.7	26.6 - 38.8	42,400
North/Mountain Region	✘ 26.7	20.3 - 33.2	3,500
Orange County	◇ 39.2	31.4 - 47.0	14,600
San Diego County	◇ 37.6	30.7 - 44.5	16,300
San Francisco Bay Area	✔ 38.3	35.1 - 41.6	33,100
San Joaquin Valley	✘ 29.6	26.6 - 32.5	18,900
Southeastern California	◇ 33.4	29.1 - 37.7	21,000

- ✔ Statistically better than the rest of California ($p < 0.05$, chi-square test)
- ✘ Statistically worse than the rest of California ($p < 0.05$, chi-square test)
- ◇ No statistical difference between region and the rest of California

Notes: MIHA is an annual population-based survey of California resident women with a live birth in 2012, with a sample size of 6,810. Percent (%), 95% confidence interval (95% CI), and estimated number of women in the population with the health indicator/characteristic (N), i.e., numerator of the percent rounded to the nearest hundred, are weighted to represent all women with a live birth in California and the region in 2012. See the Technical Document for information on weighting, comparability to prior years and technical definitions.

MIHA Regions	Counties in Each Region
Central Coast	Monterey, San Benito, San Louis Obispo, Santa Barbara, Santa Cruz, Ventura
Greater Sacramento	El Dorado, Placer, Sacramento, Sutter, Yolo, Yuba
North/Mountain	Alpine, Amador, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Inyo, Lake, Lassen, Mariposa, Mendocino, Modoc, Mono, Nevada, Plumas, Shasta, Sierra, Siskiyou, Tehama, Trinity, Tuolumne
San Francisco Bay Area	Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Solano, Sonoma
San Joaquin Valley	Fresno, Kern, Kings, Madera, Merced, San Joaquin, Stanislaus, Tulare
Southeastern California	Imperial, Riverside, San Bernardino

MIHA is a collaborative effort of the Maternal, Child and Adolescent Health and WIC Programs of the Center for Family Health, California Department of Public Health and the Center on Social Disparities in Health at the University of California, San Francisco. **Visit the MIHA website at www.cdph.ca.gov/MIHA.**