

# 2010 MIHA Regional Charts

Geographic Comparisons of Selected Indicators from the  
Maternal and Infant Health Assessment (MIHA) Survey

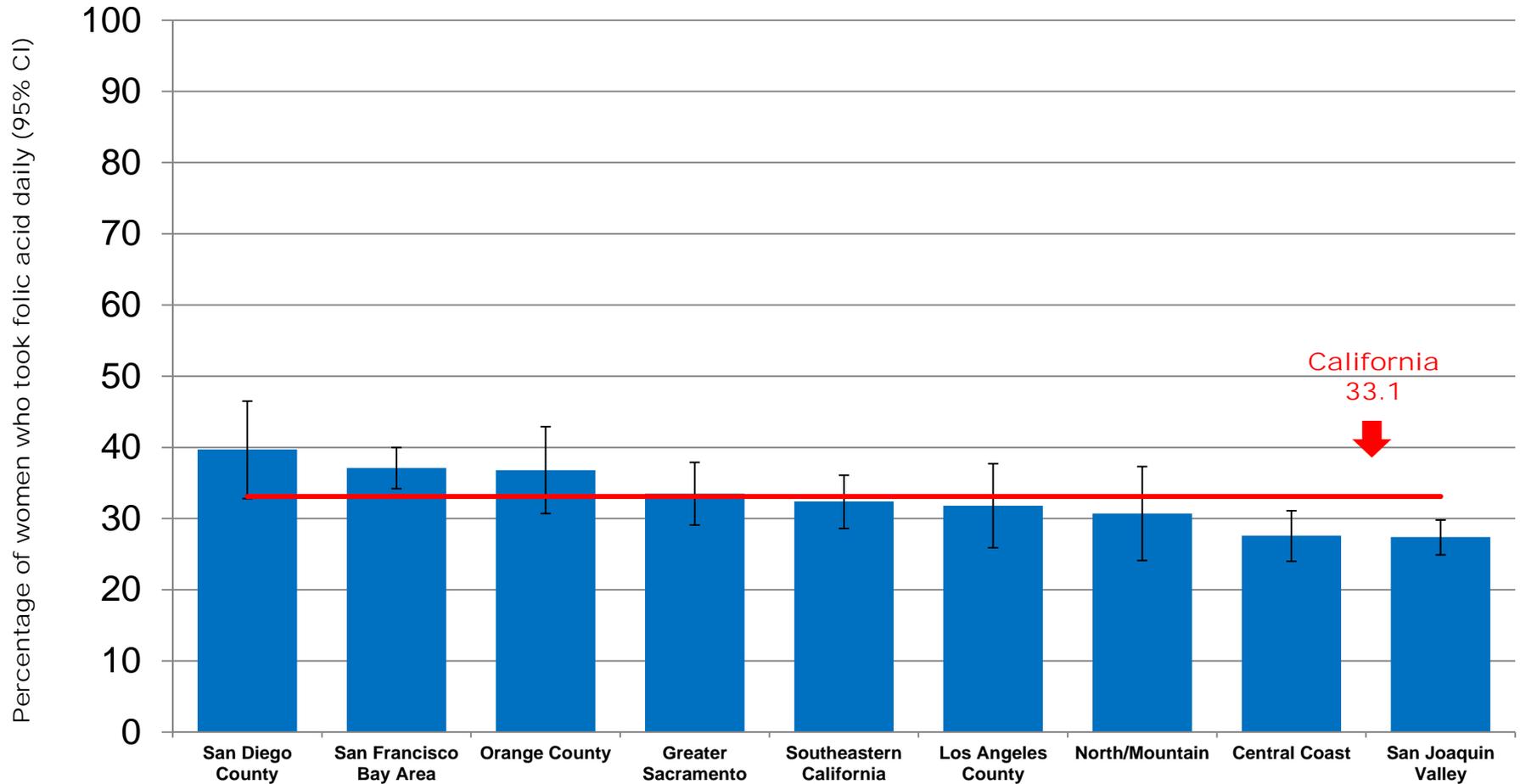
Maternal, Child and Adolescent Health Program  
Center for Family Health  
California Department of Public Health  
February 2012



# MIHA Regions of California

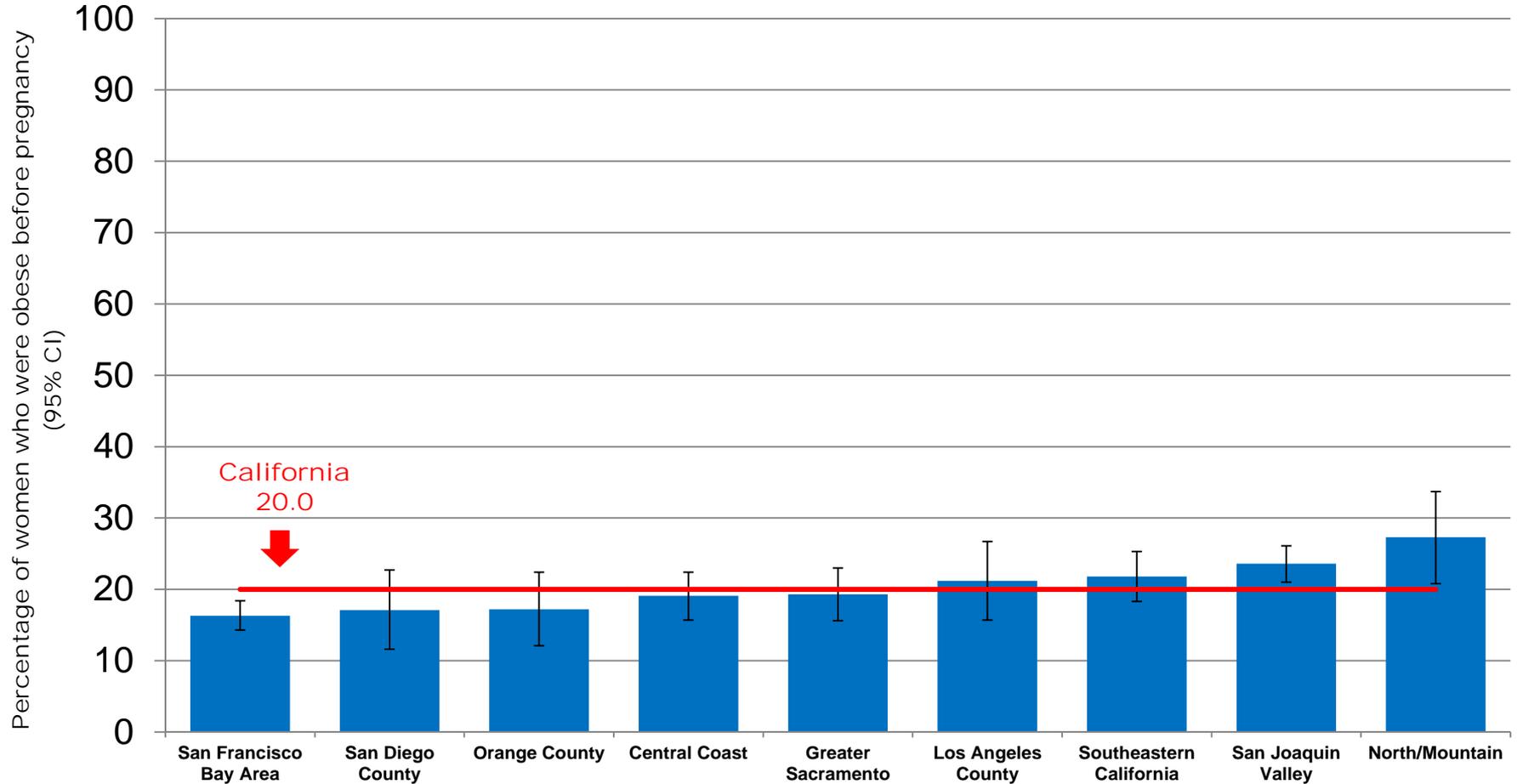


# Daily folic acid use in the month before pregnancy, MIHA 2010



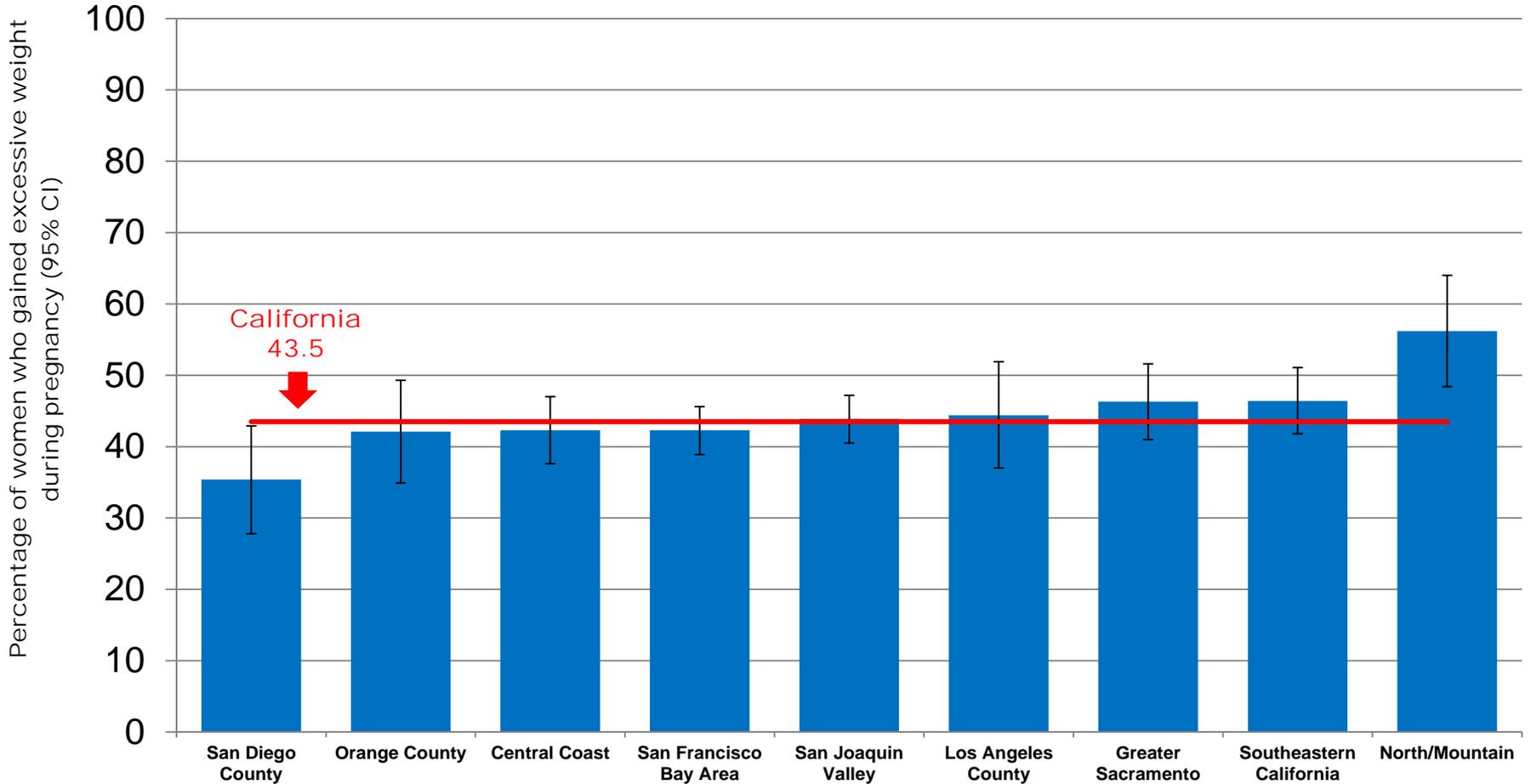
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# Obesity before pregnancy (BMI 30+), MIHA 2010



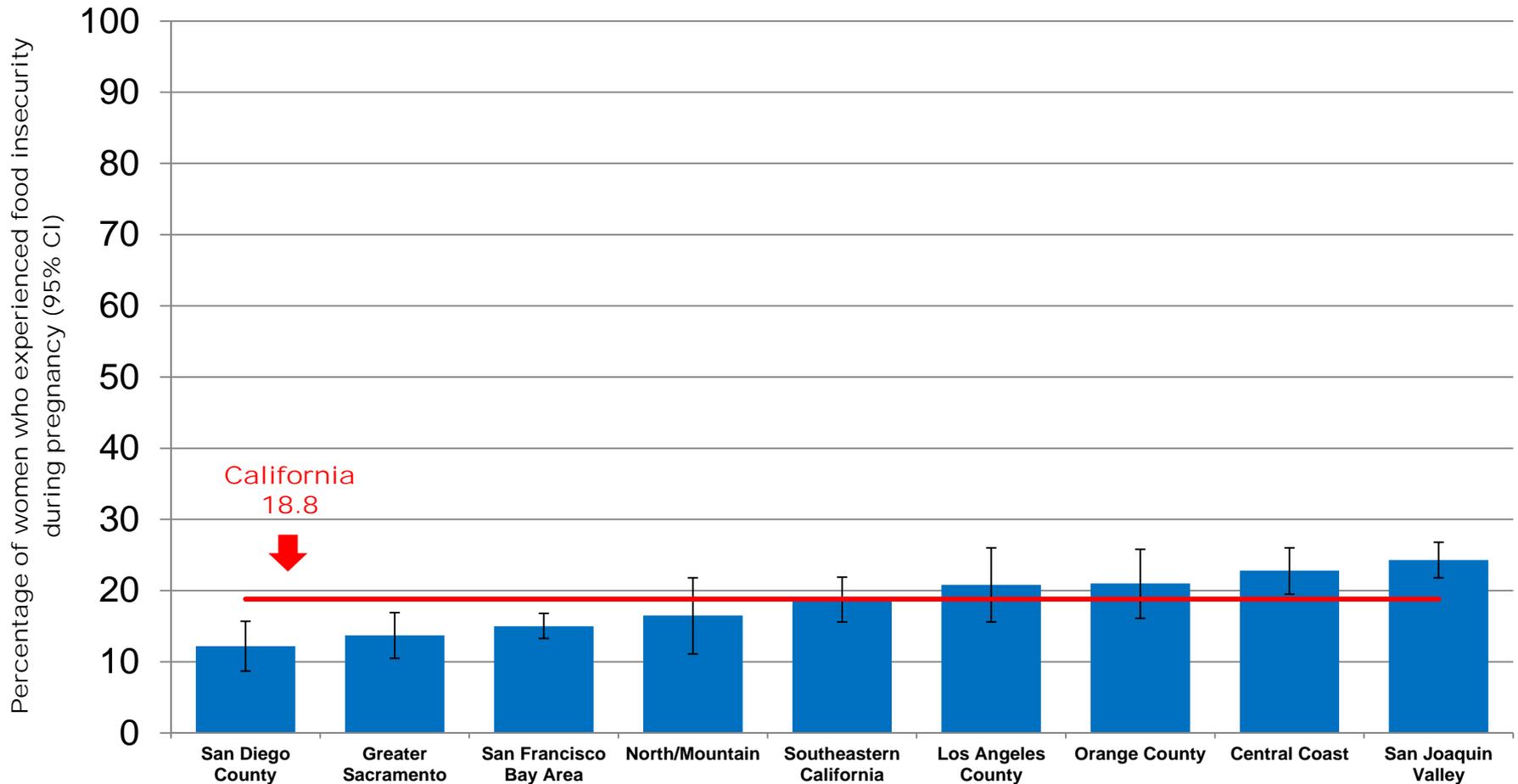
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# Excessive weight gain during pregnancy, MIHA 2010



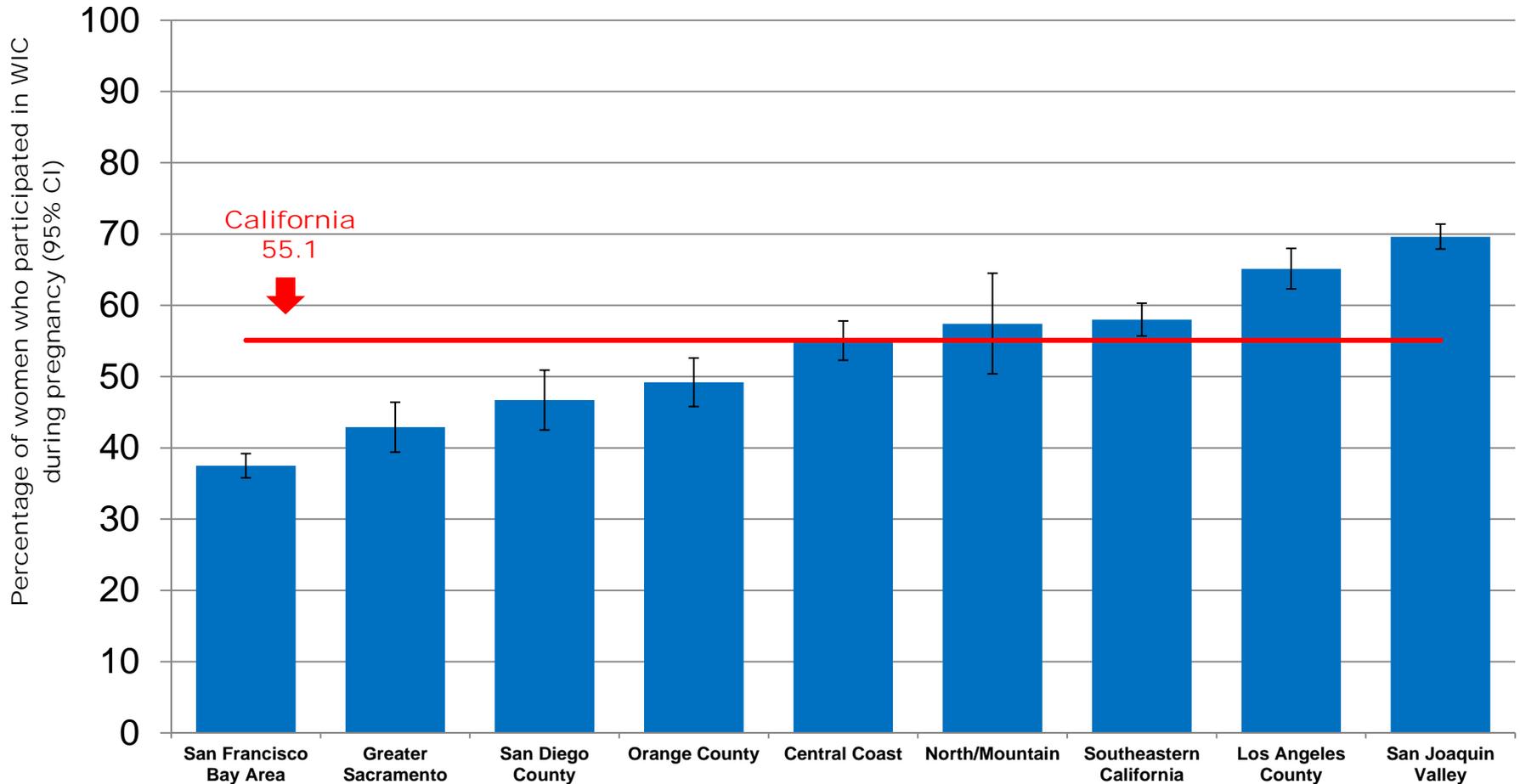
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# Food insecurity during pregnancy, MIHA 2010



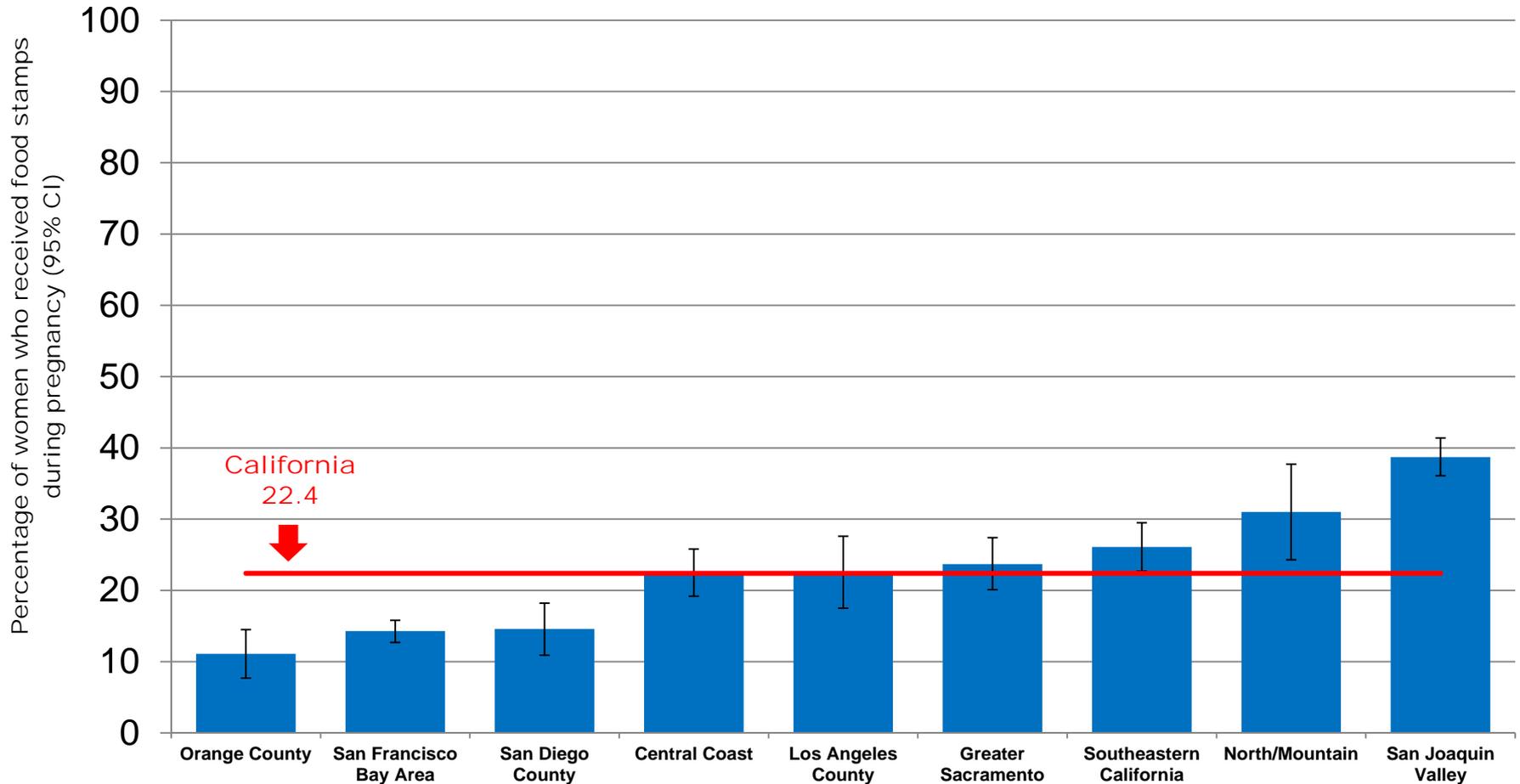
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# Participated in WIC during pregnancy, MIHA 2010



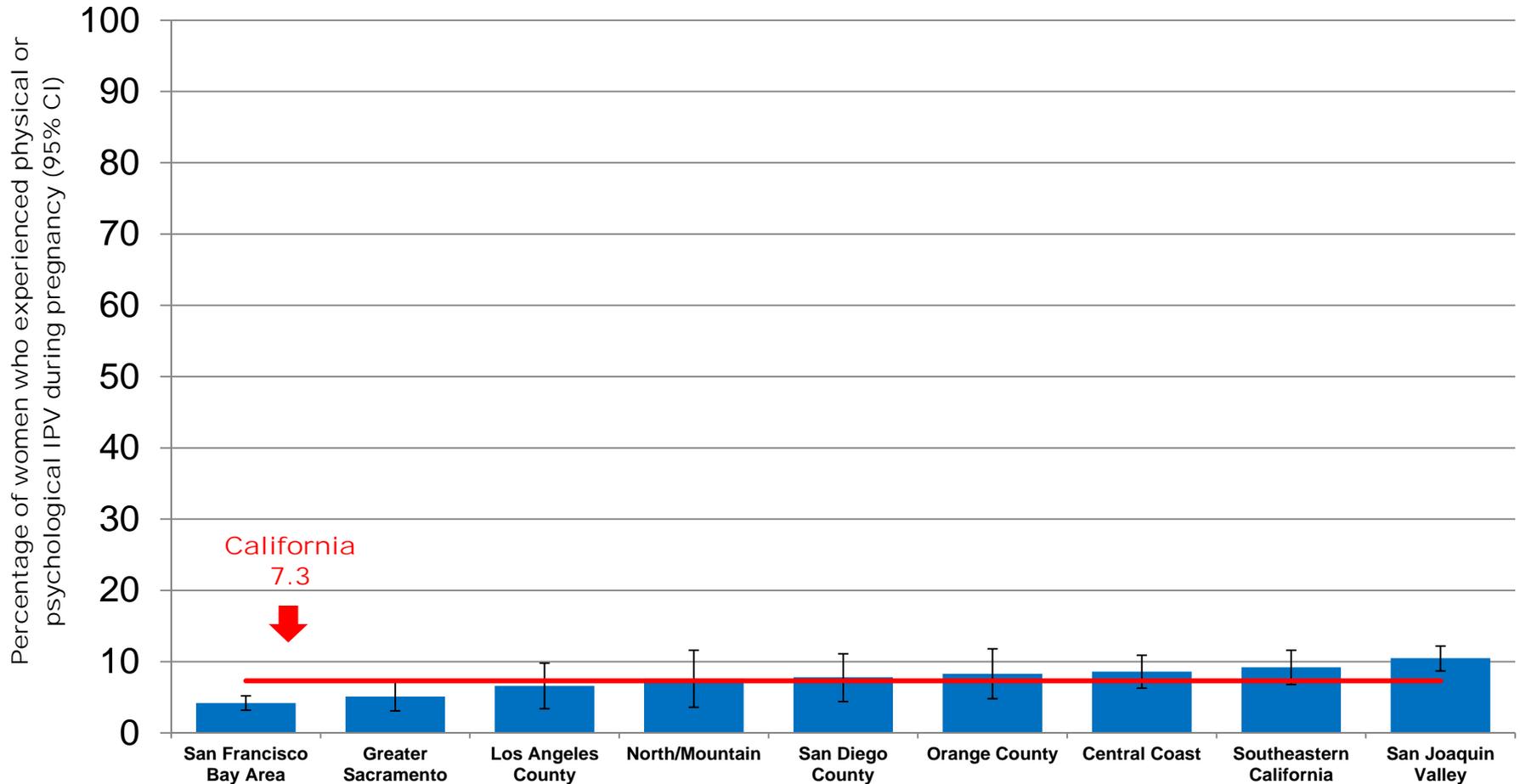
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# Received CalFresh (food stamps) during pregnancy, MIHA 2010



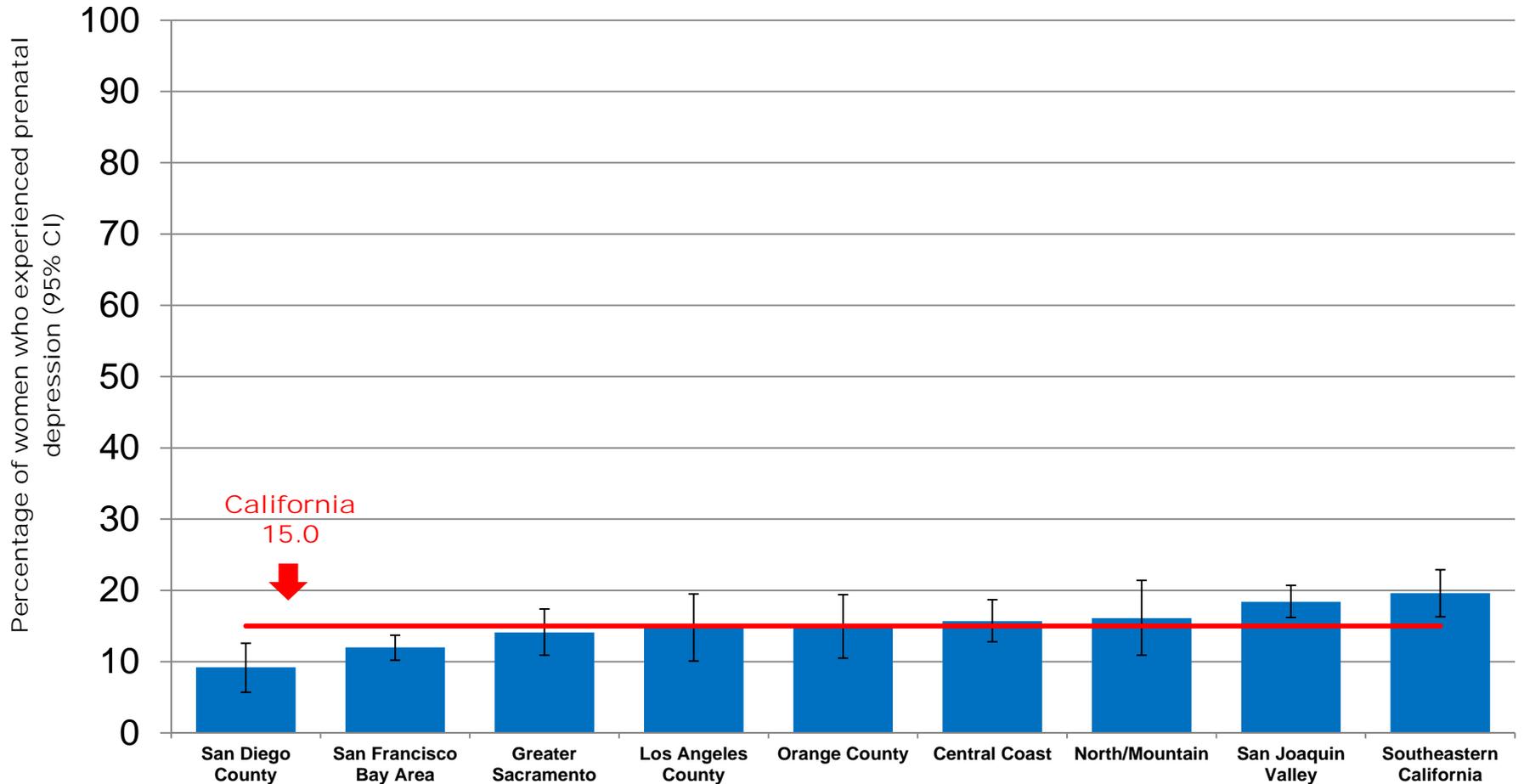
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# Physical or psychological intimate partner violence (IPV) during pregnancy, MIHA 2010



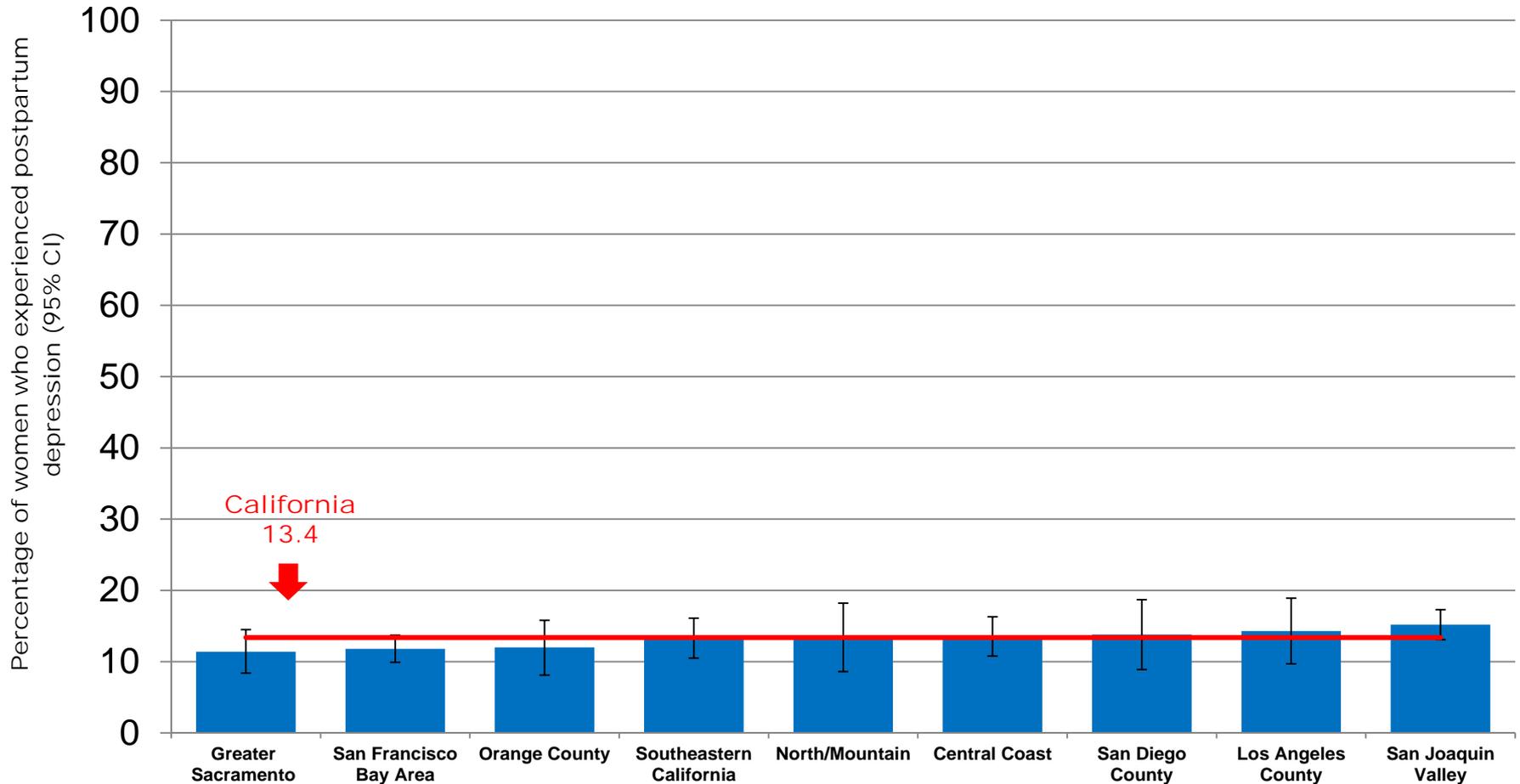
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# Prenatal depression, MIHA 2010



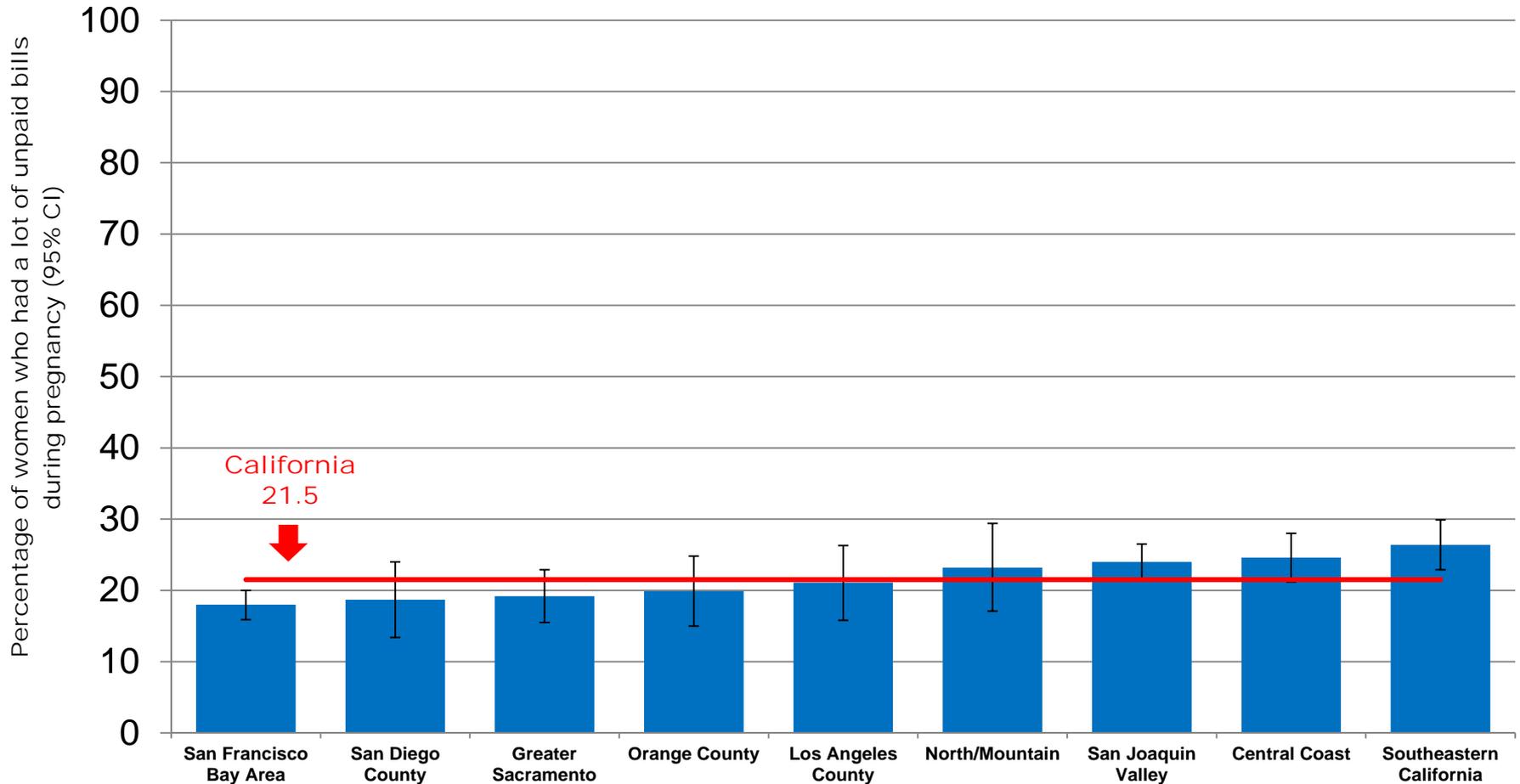
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# Postpartum depression, MIHA 2010



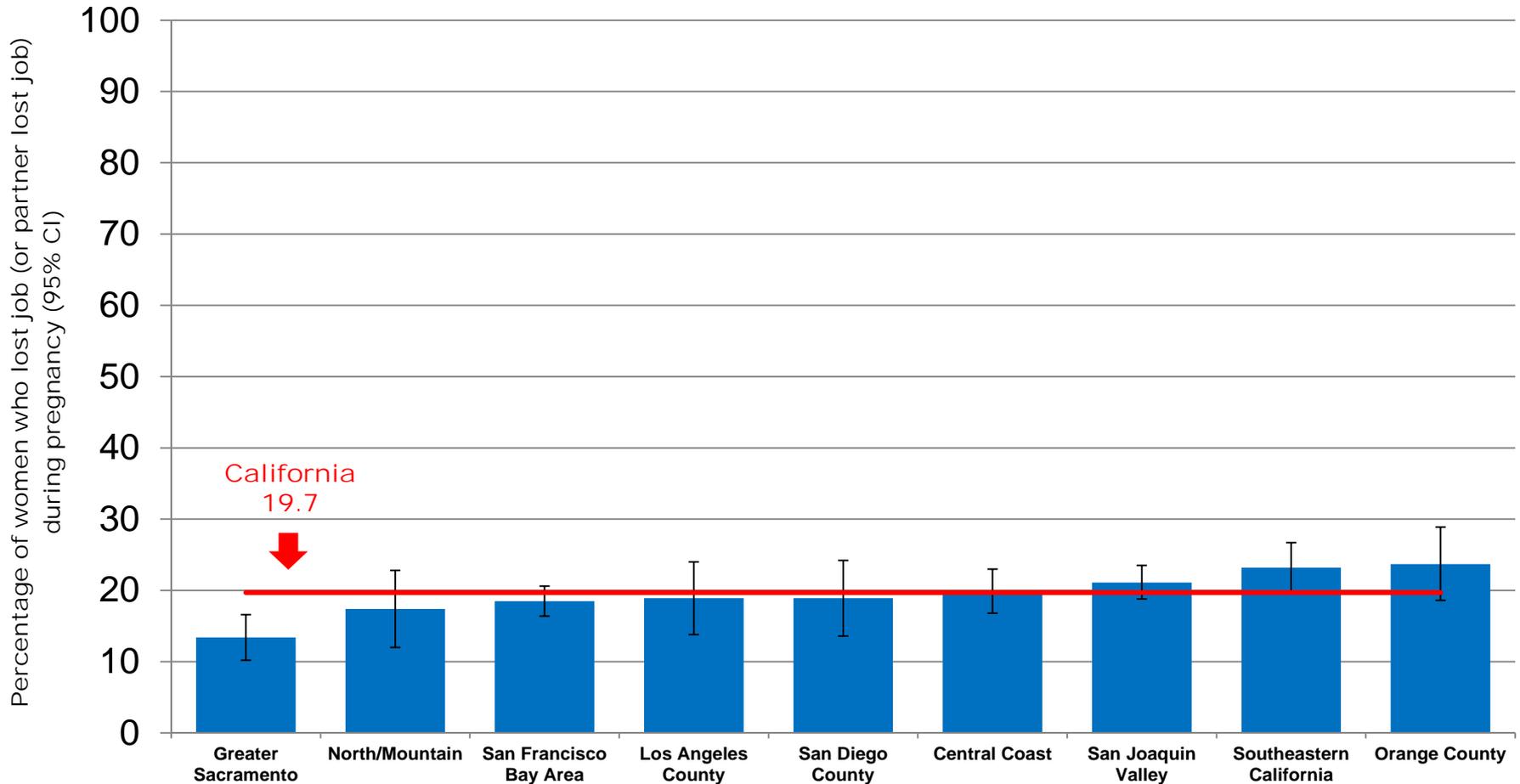
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# Had a lot of unpaid bills during pregnancy, MIHA 2010



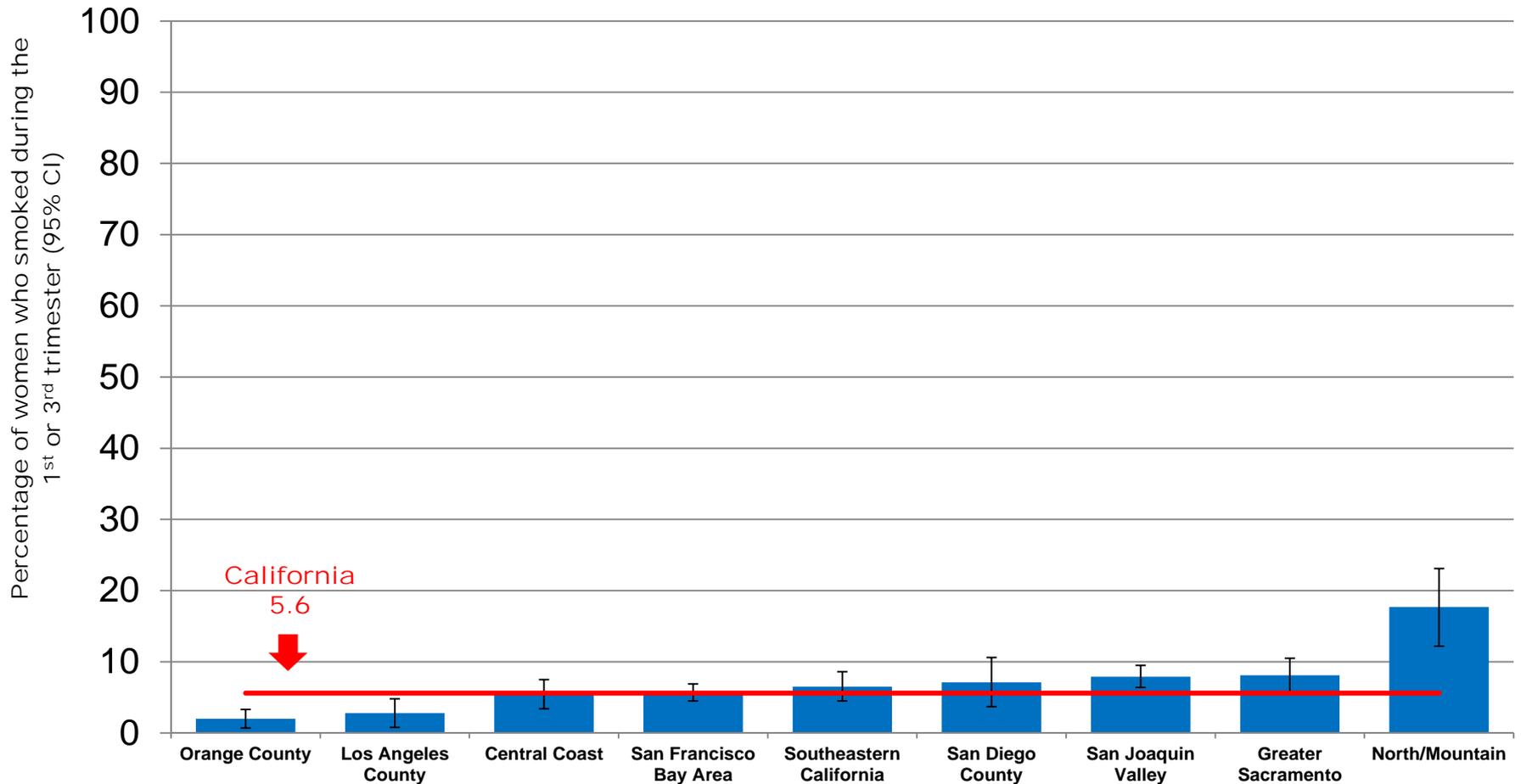
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# Woman or partner lost job during pregnancy, MIHA 2010



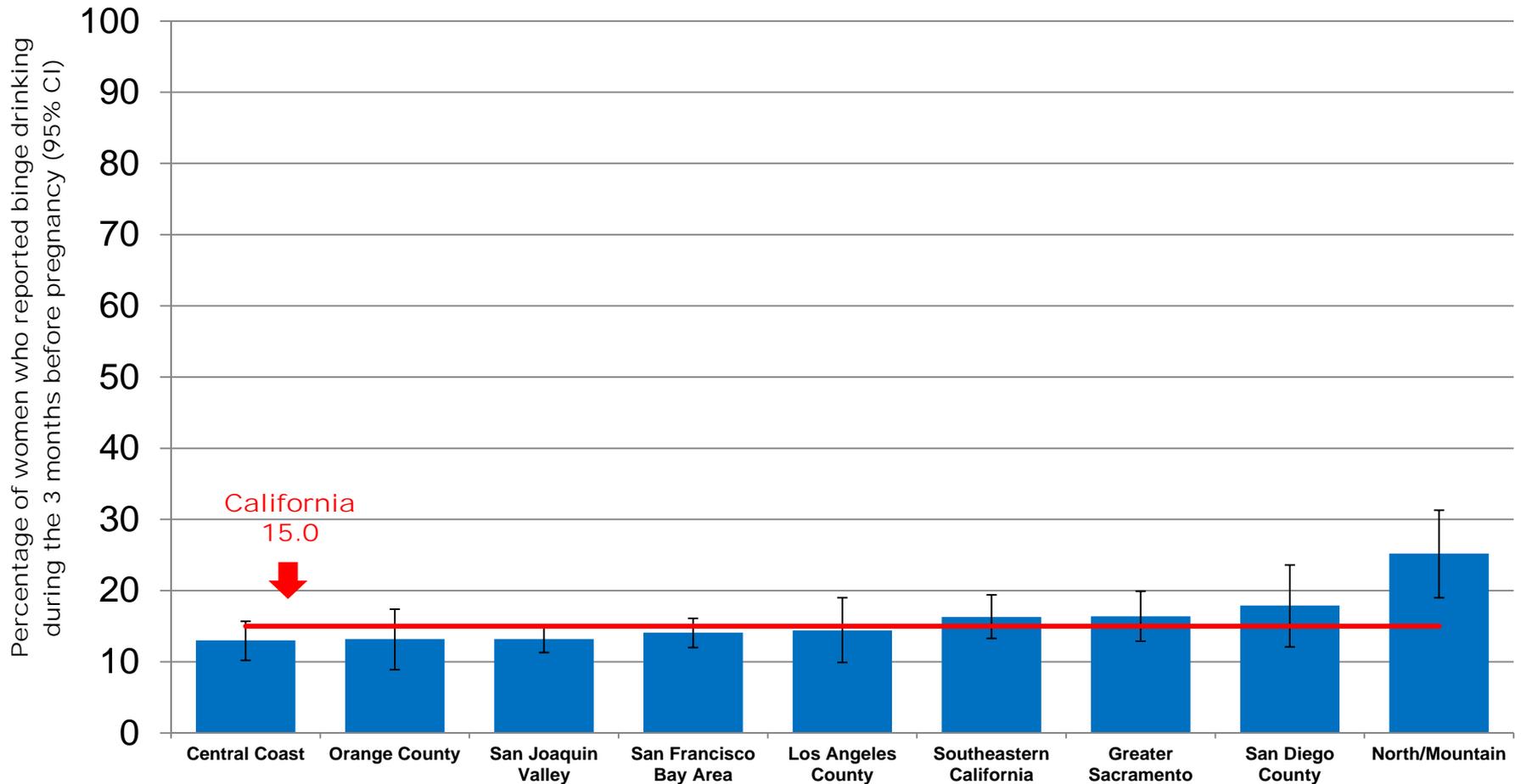
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# Any smoking during the 1<sup>st</sup> or 3<sup>rd</sup> trimester, MIHA 2010



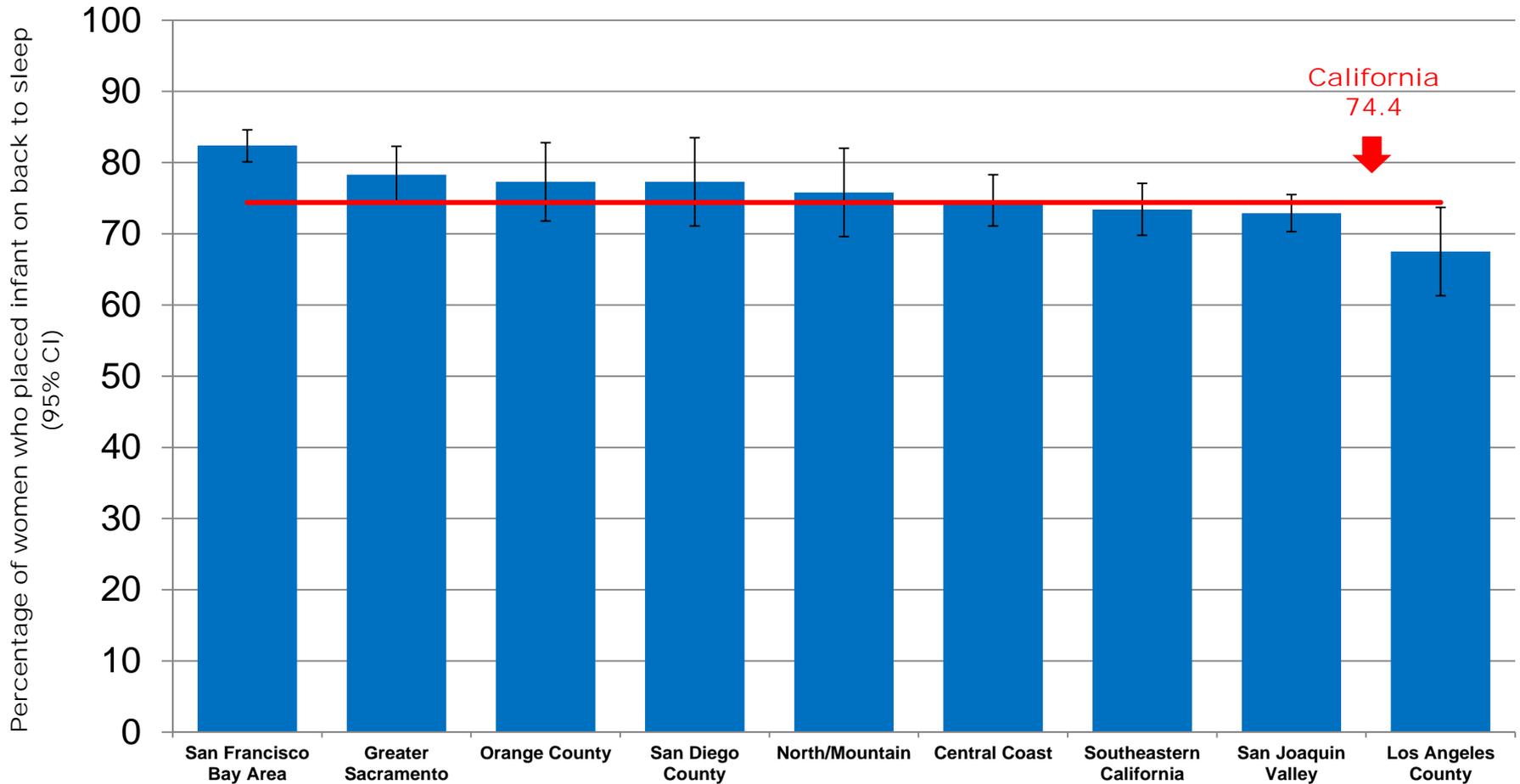
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# Any binge drinking during the 3 months before pregnancy, MIHA 2010



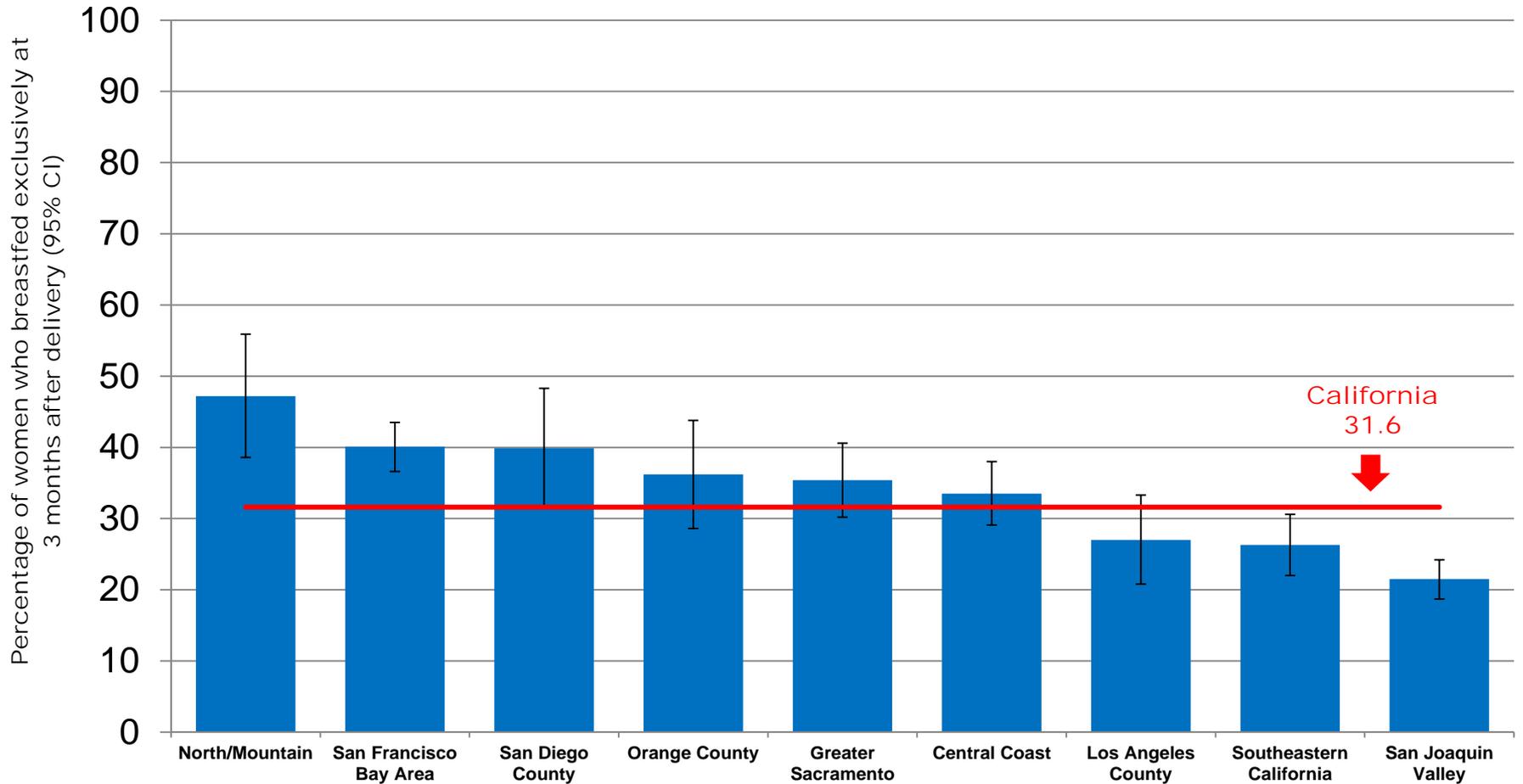
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# Placed infant on back to sleep, MIHA 2010



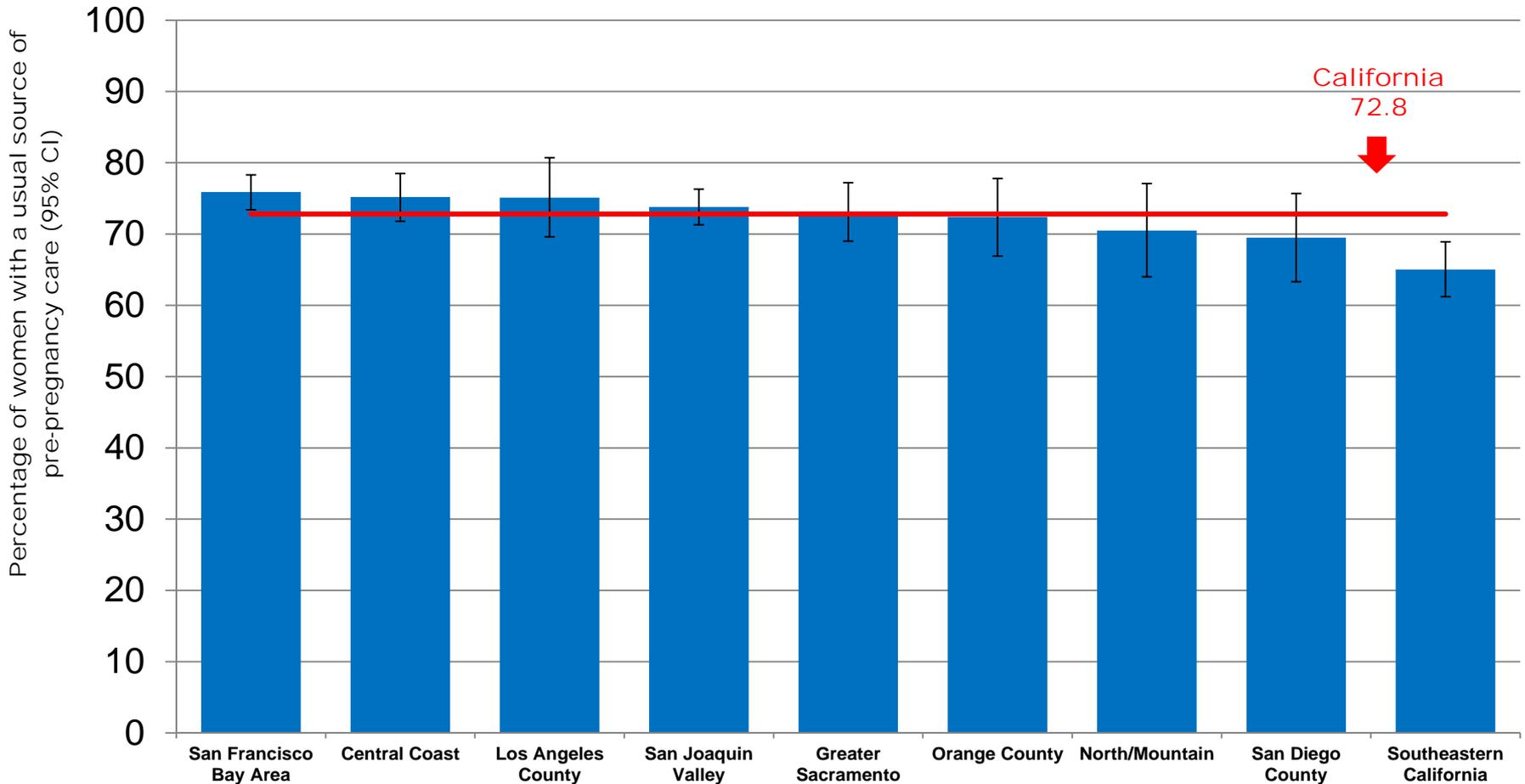
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# Exclusive breastfeeding at 3 months after delivery, MIHA 2010



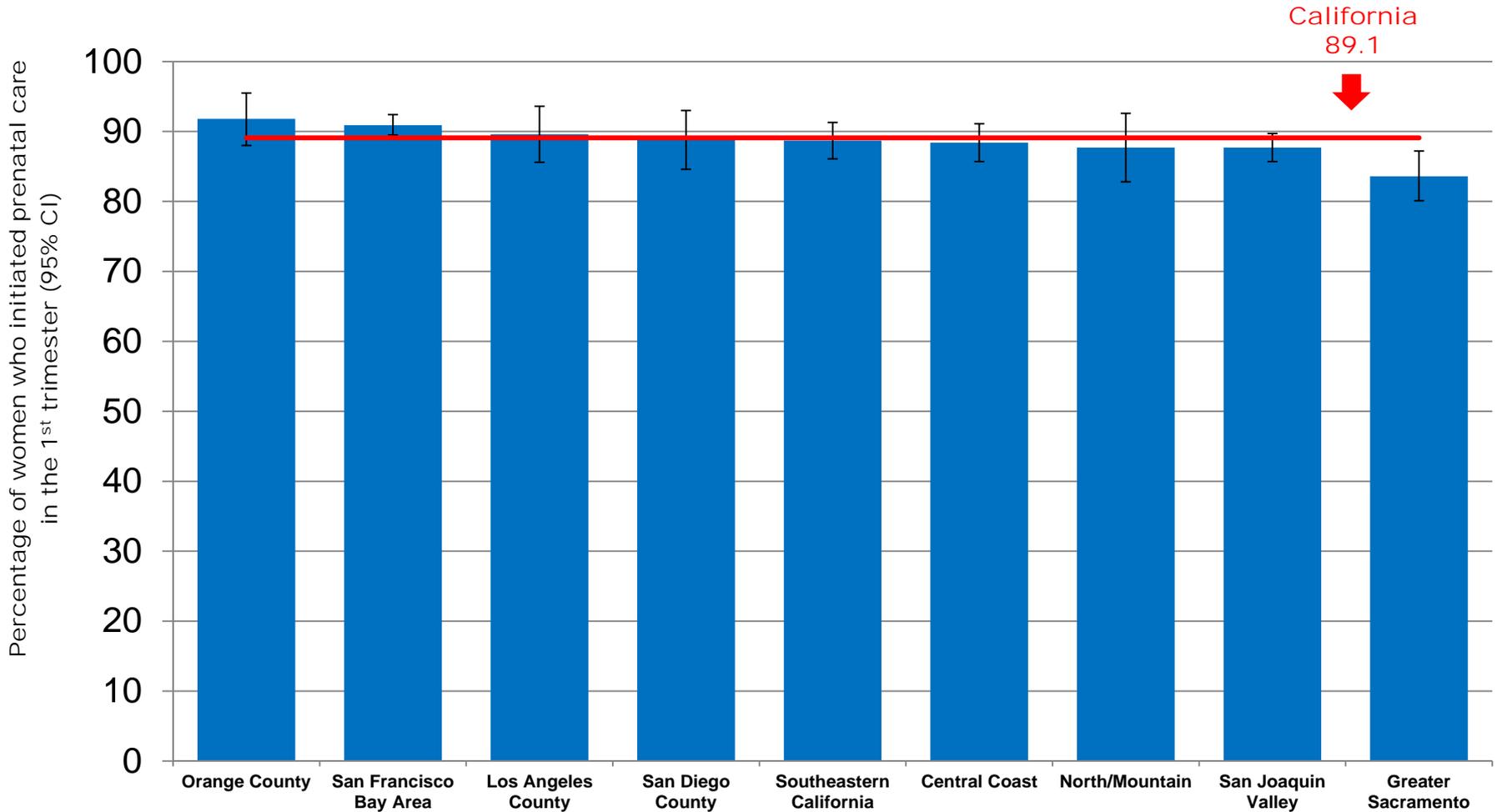
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# Had a usual source of pre-pregnancy health care, MIHA 2010



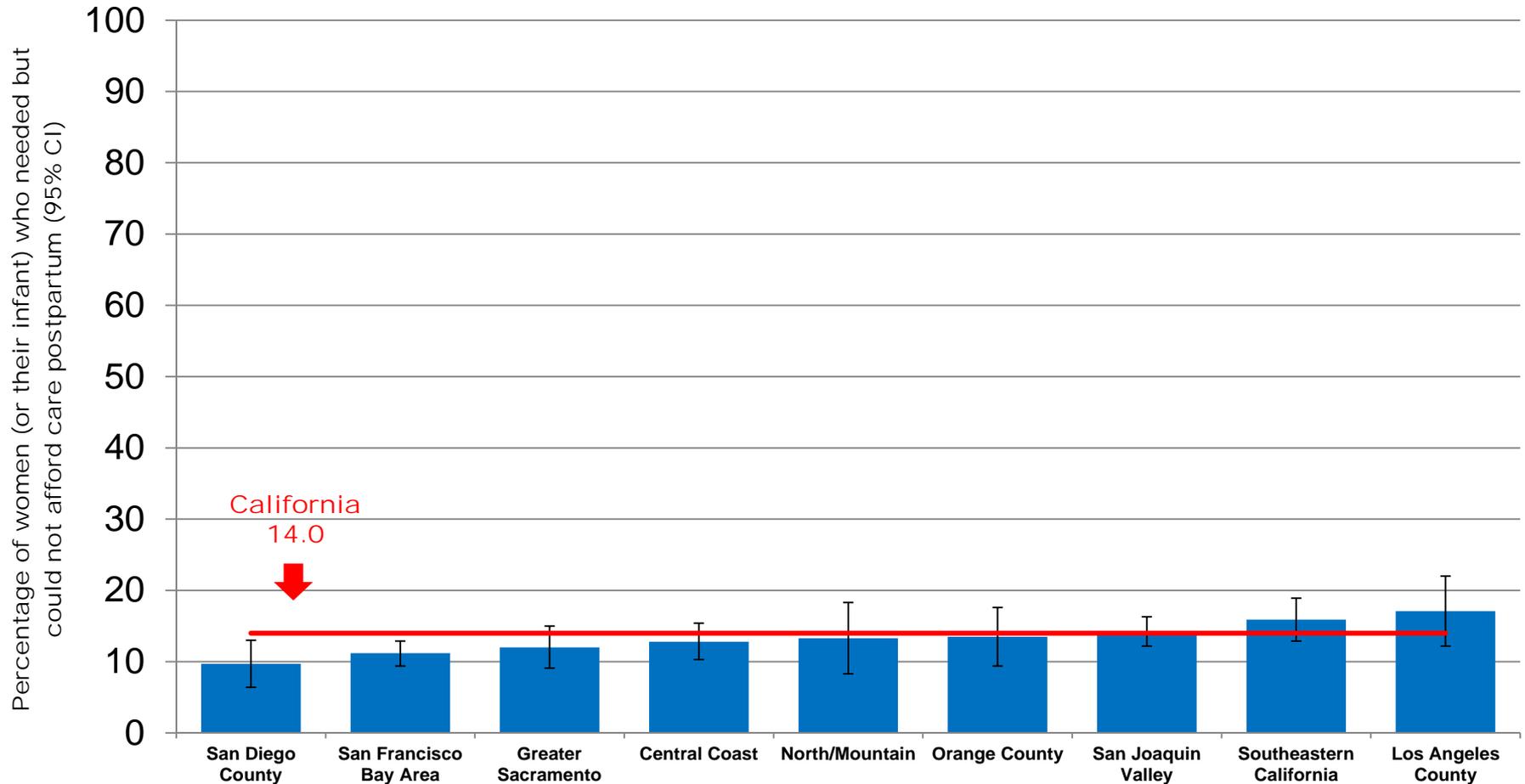
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# Initiated prenatal care in the 1<sup>st</sup> trimester, MIHA 2010



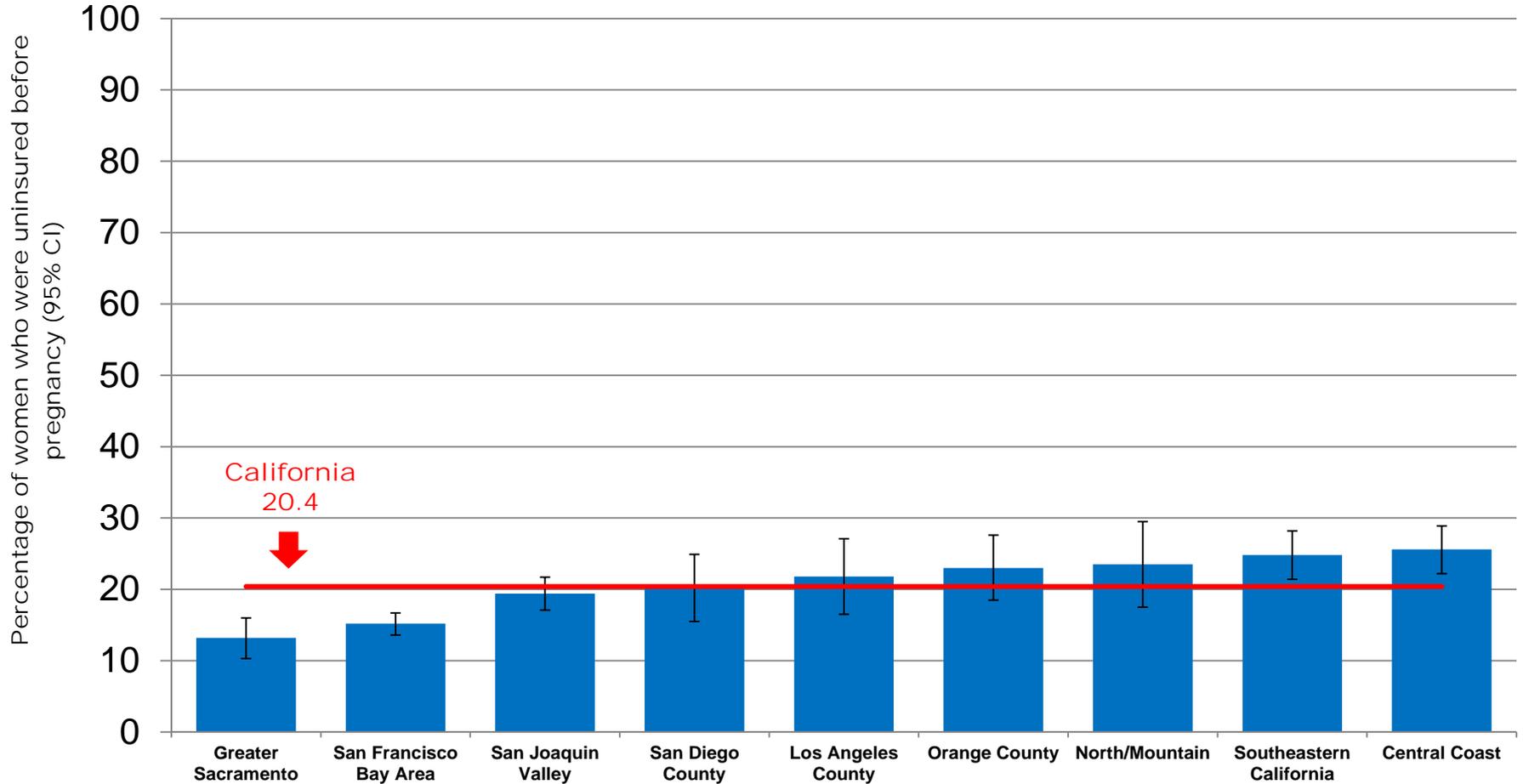
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# Mom or infant needed but could not afford care postpartum, MIHA 2010



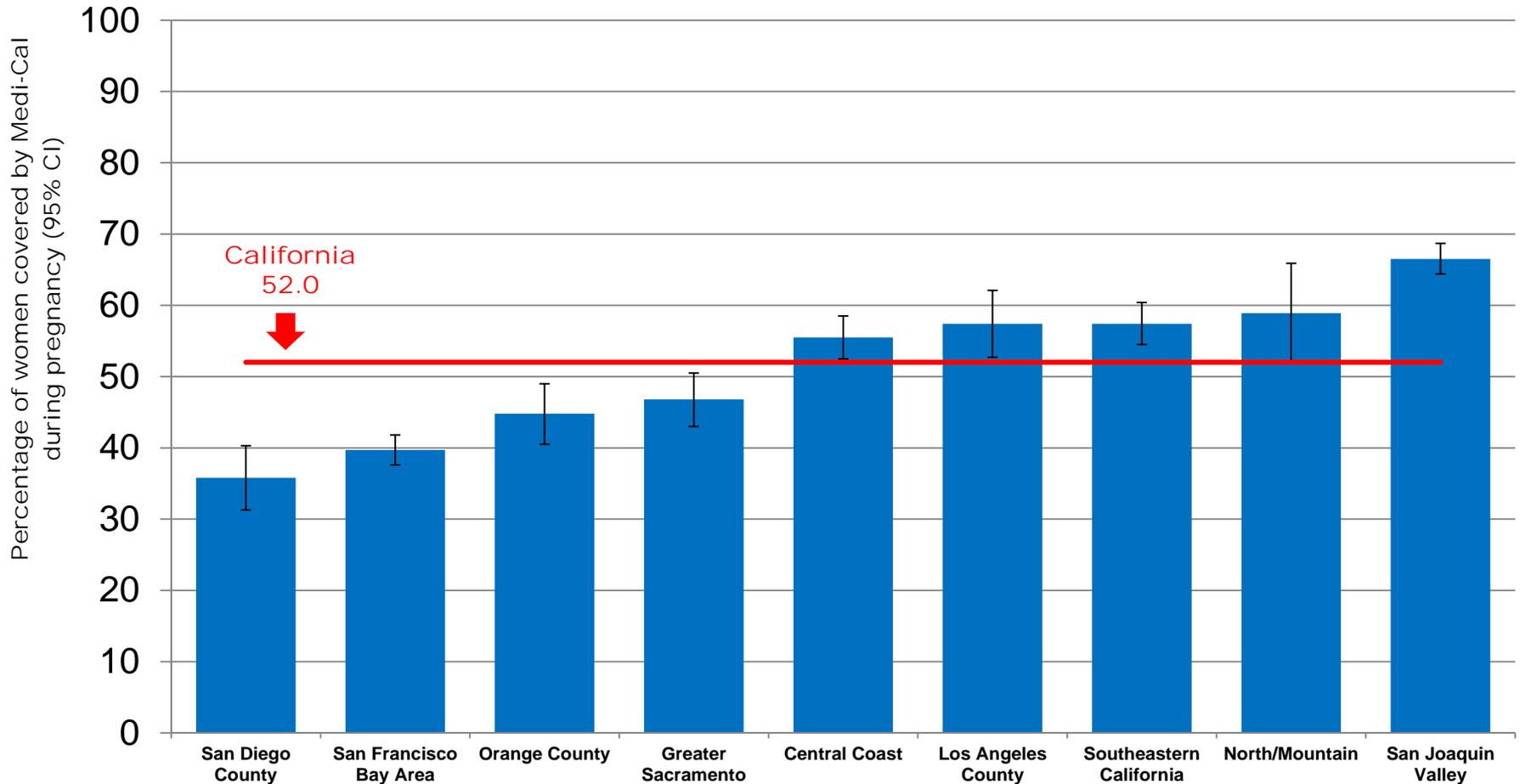
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# Uninsured before pregnancy, MIHA 2010



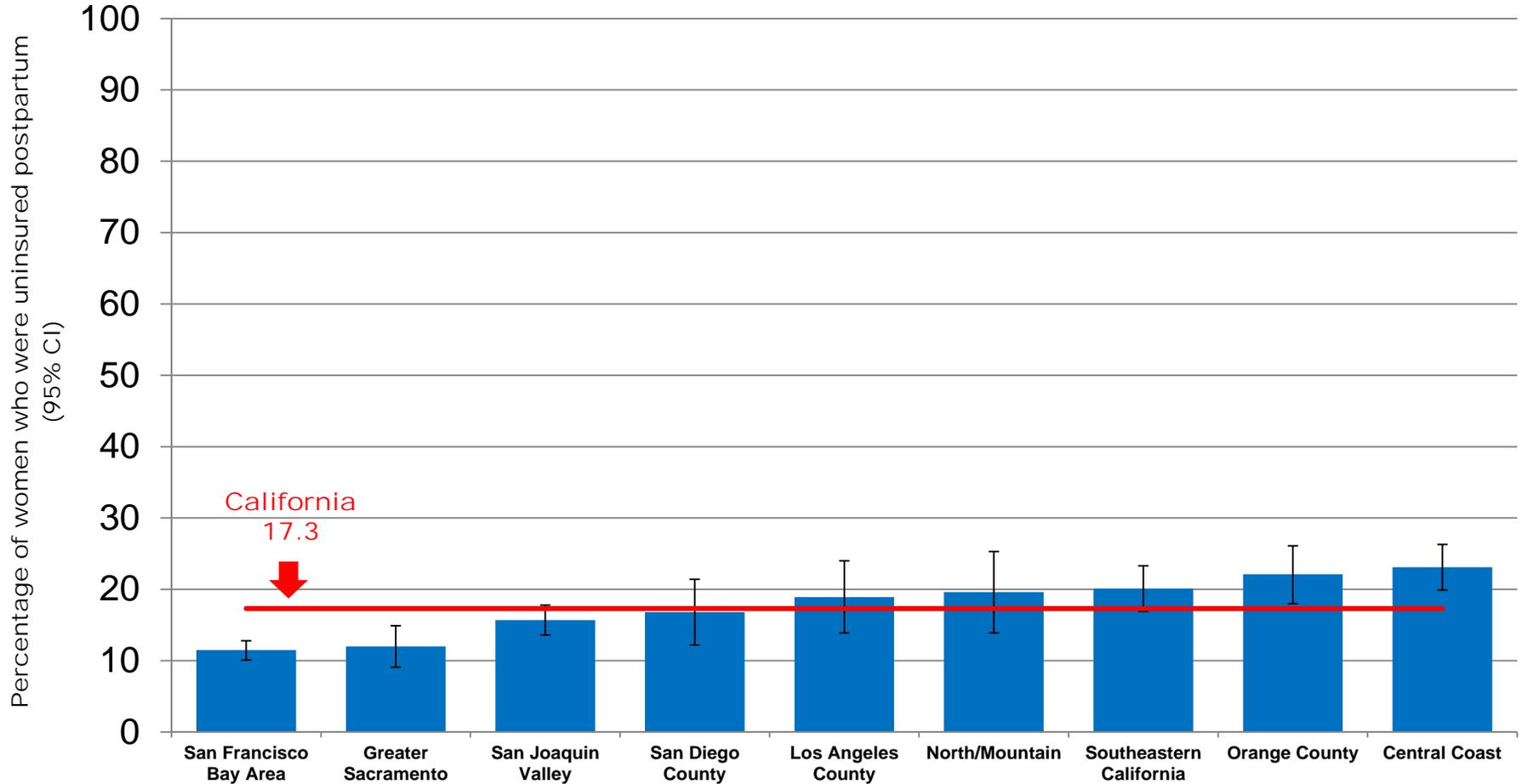
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# Covered by Medi-Cal during pregnancy, MIHA 2010



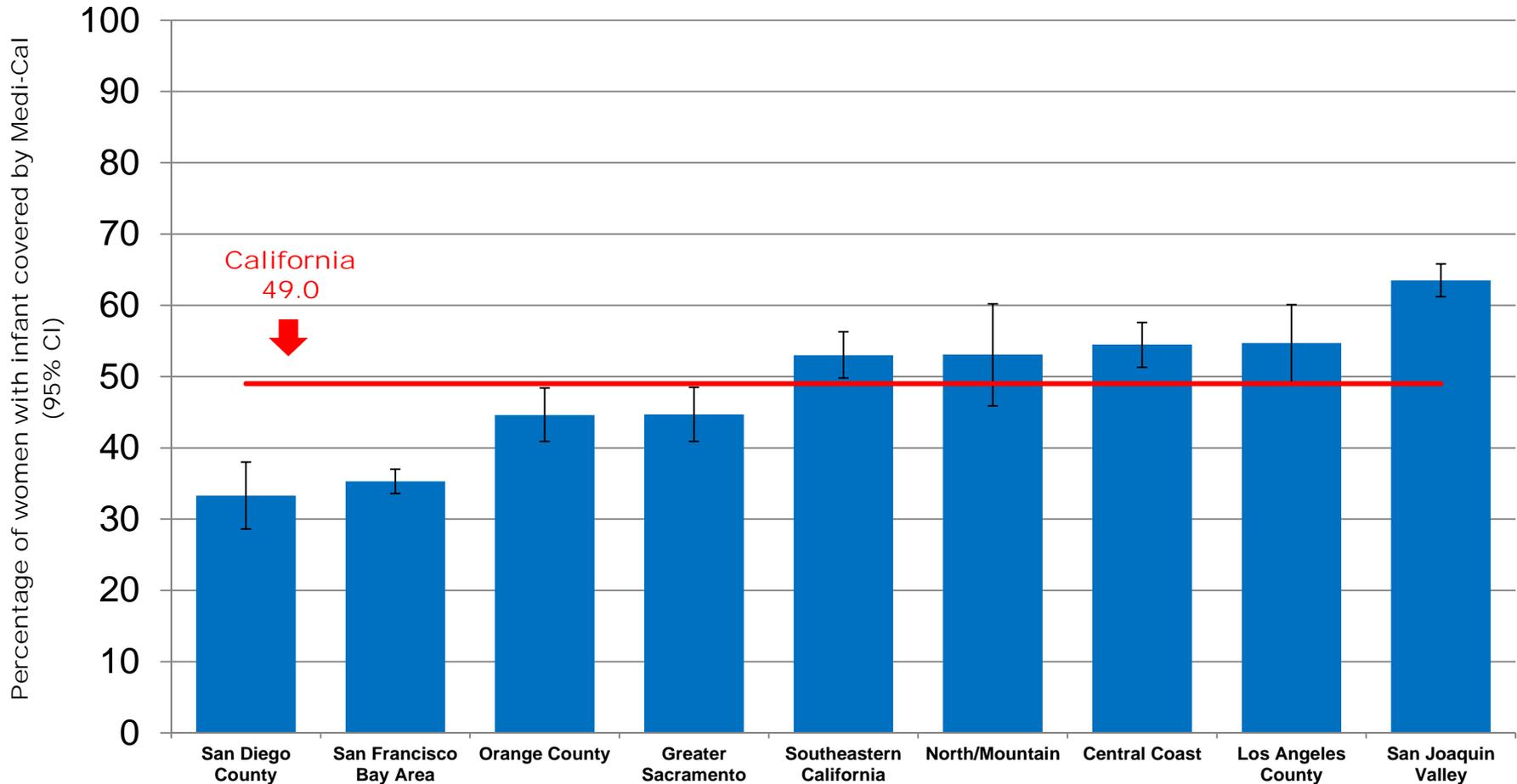
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# Uninsured postpartum, MIHA 2010



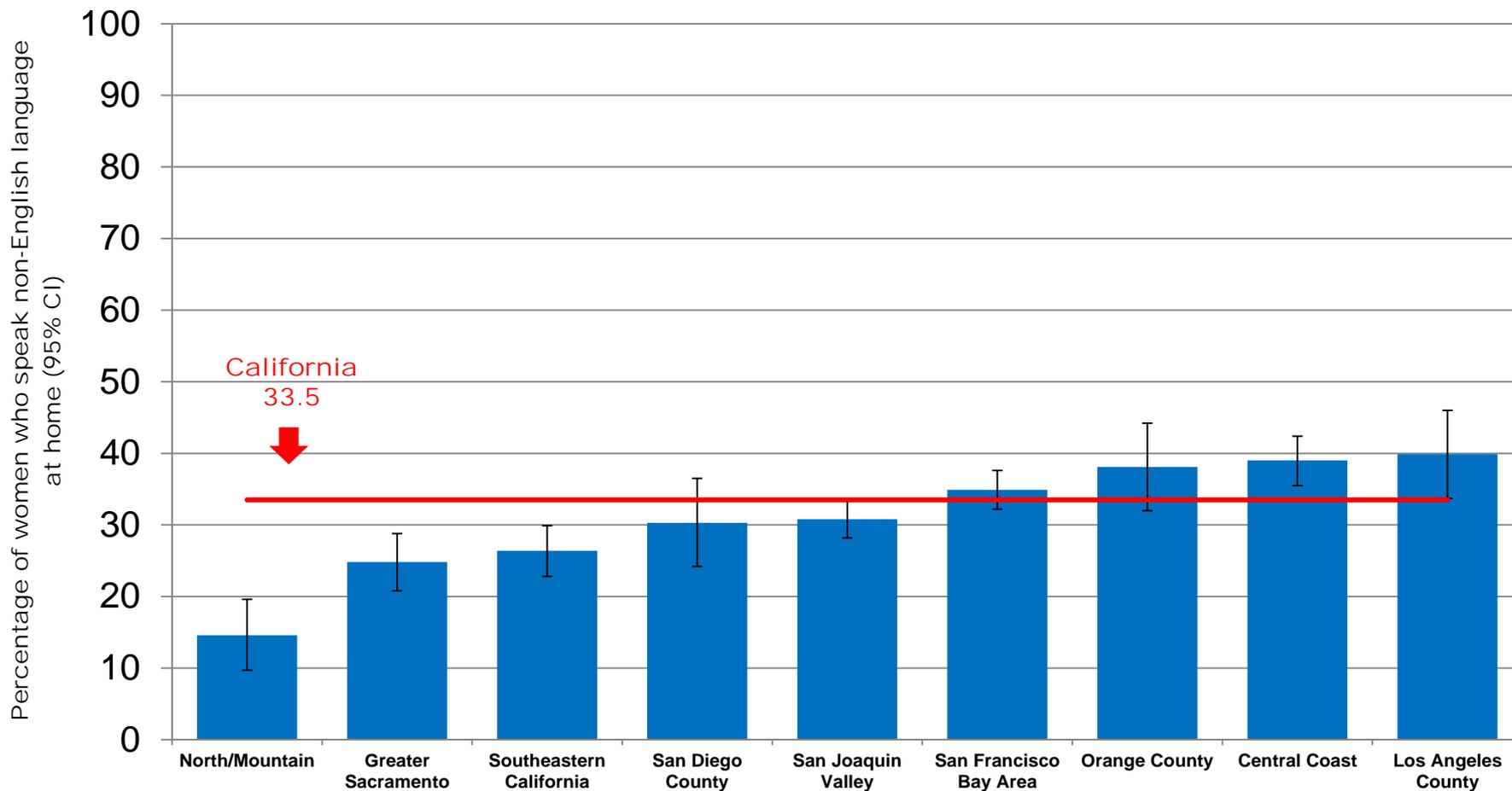
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# Infant covered by Medi-Cal, MIHA 2010



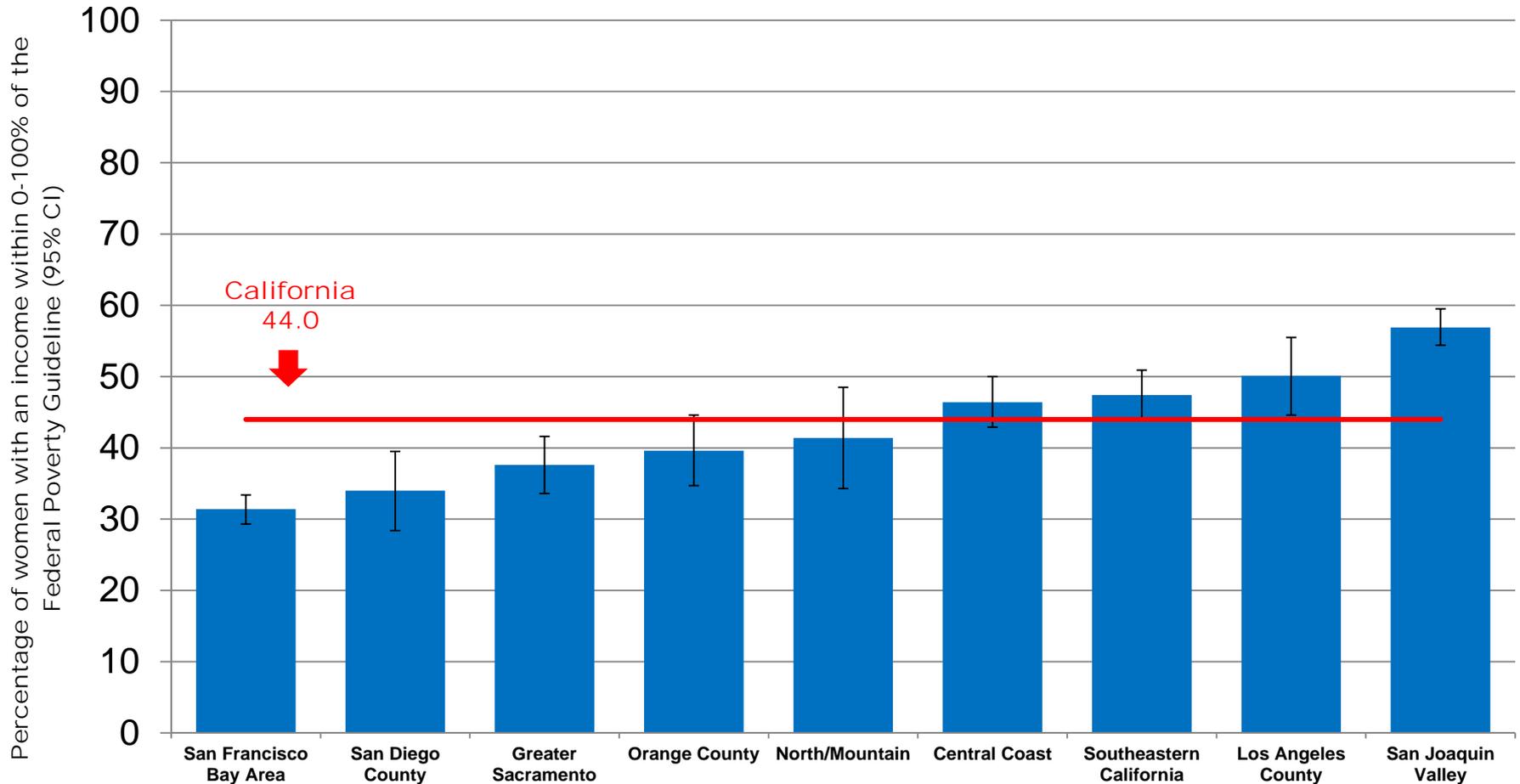
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# Speaks non-English language at home, MIHA 2010



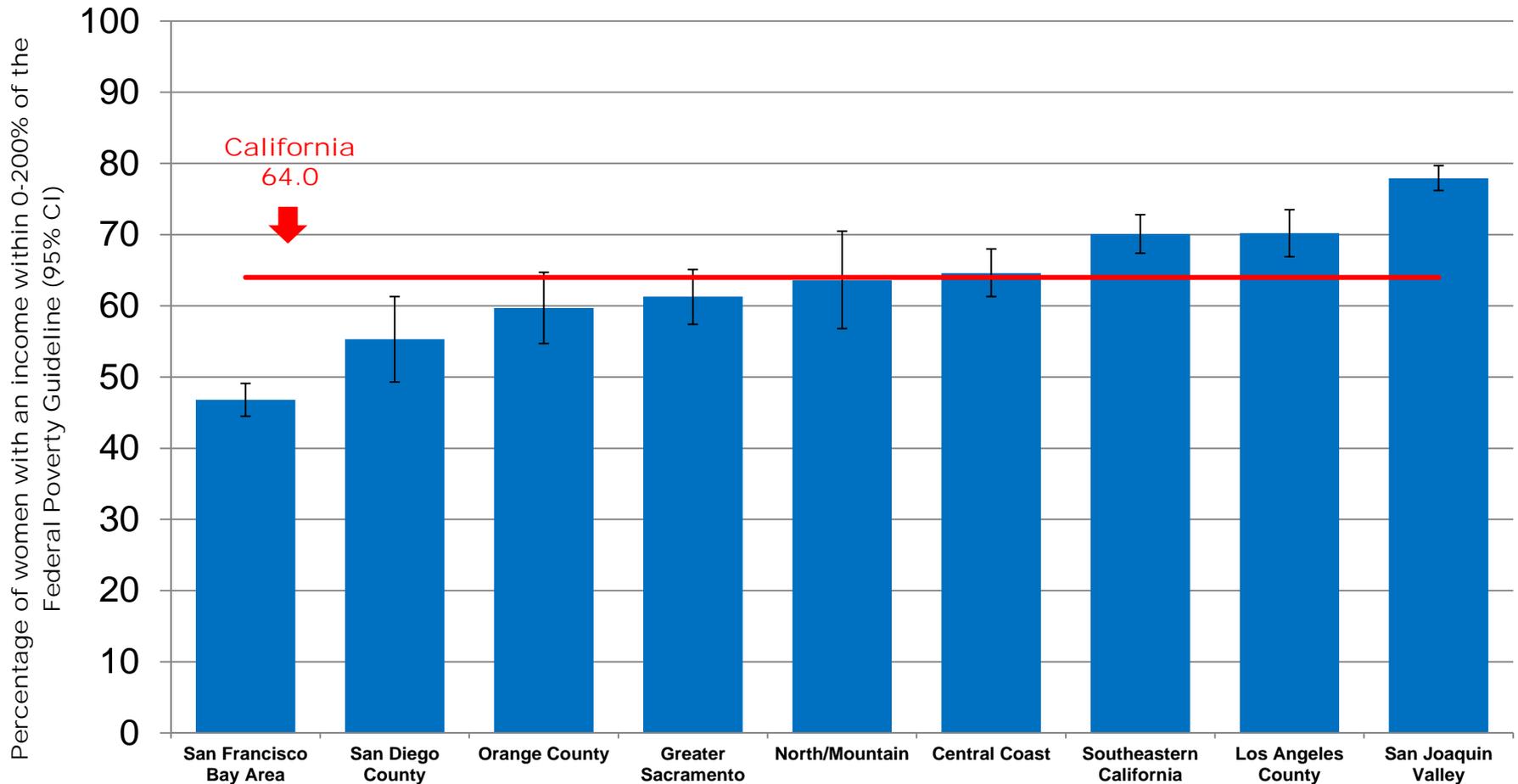
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# Income within 0-100% of the Federal Poverty Guideline, MIHA 2010



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# Income within 0-200% of the Federal Poverty Guideline, MIHA 2010



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