

# 2011 MIHA Regional Charts

Geographic Comparisons of Select Indicators from the Maternal and Infant Health Assessment (MIHA) Survey

Maternal, Child and Adolescent Health Program  
Center for Family Health  
California Department of Public Health

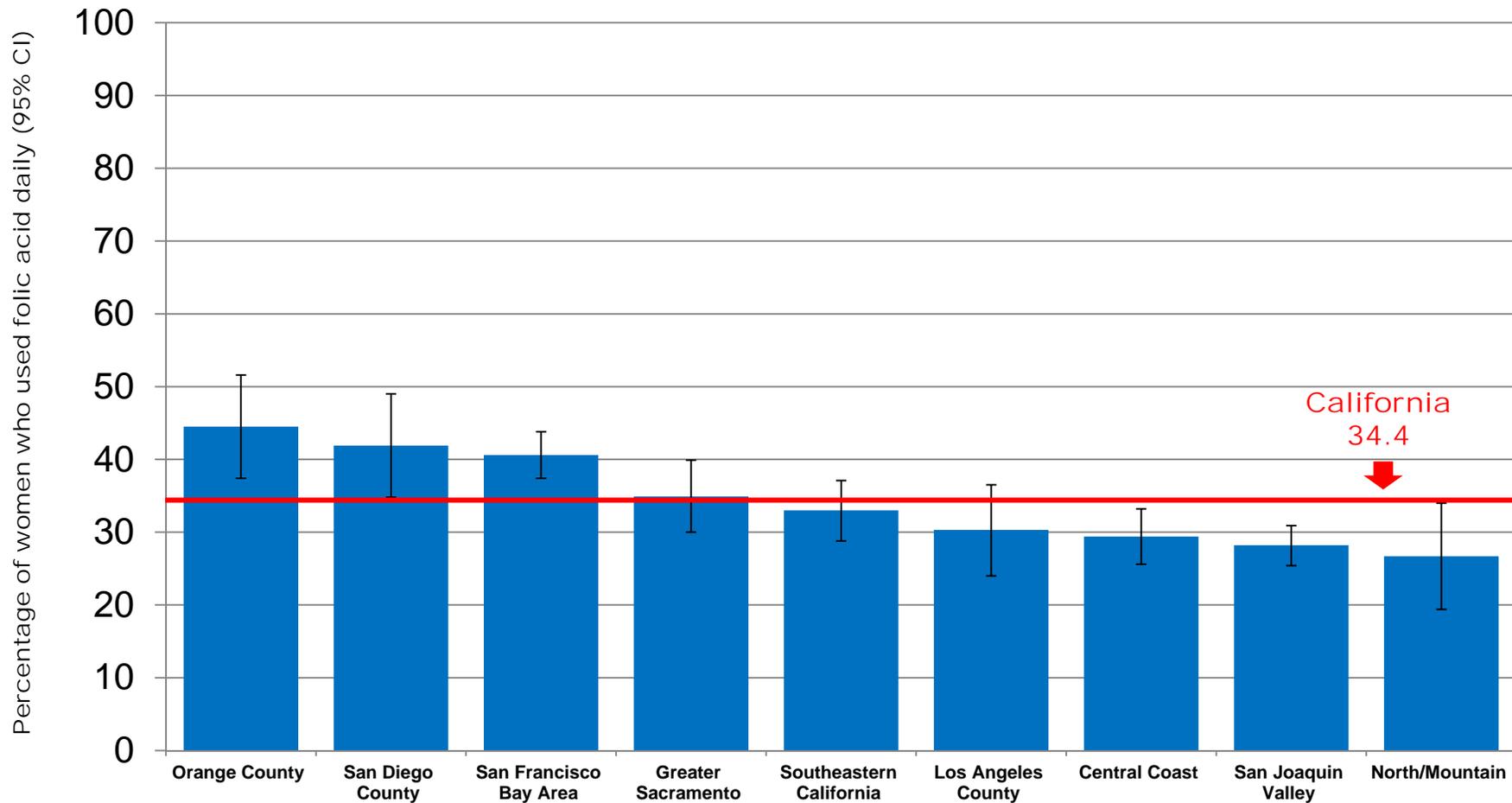
September 2013



# MIHA Regions of California

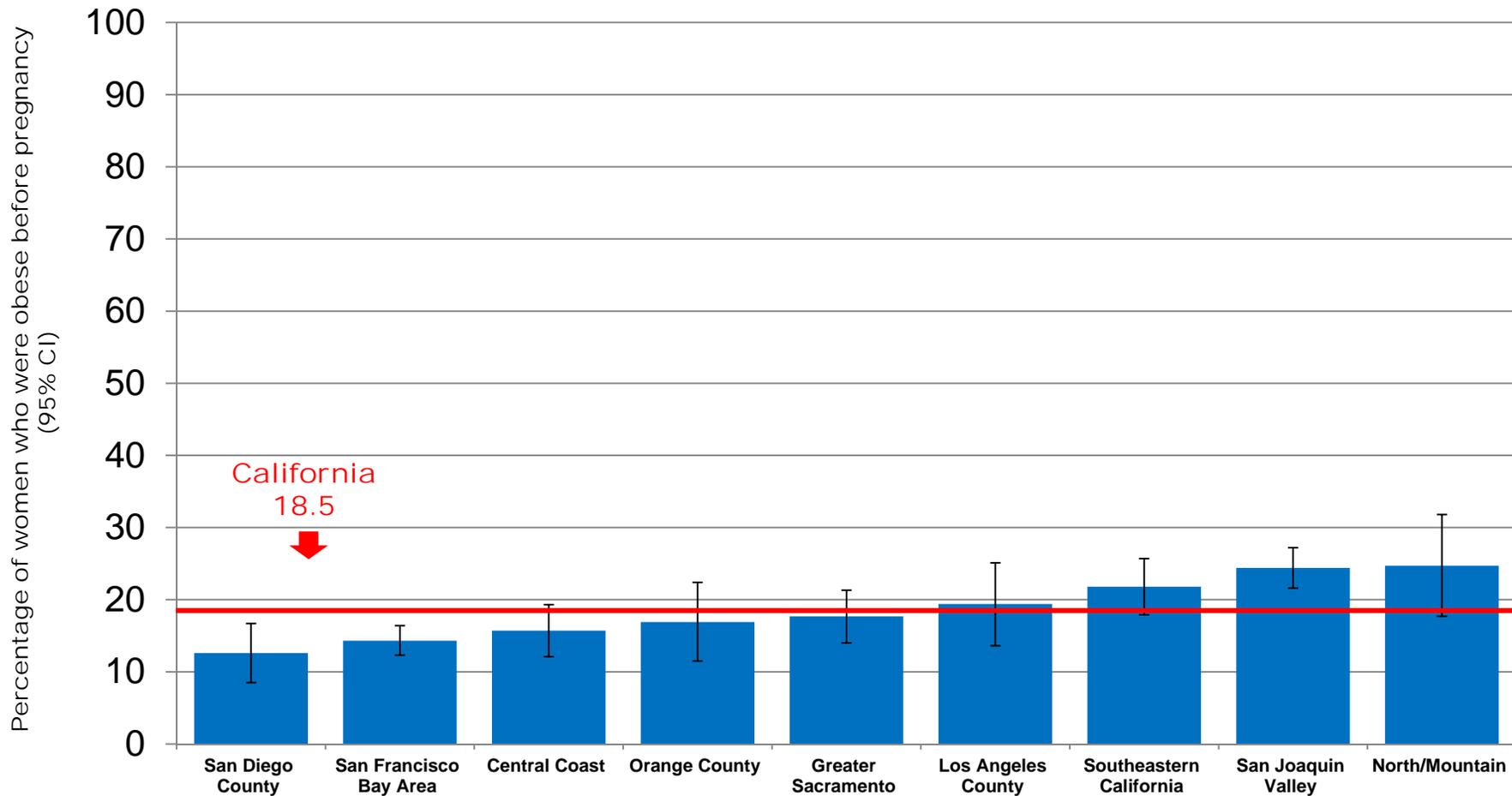


# Daily folic acid use in the month before pregnancy, MIHA 2011



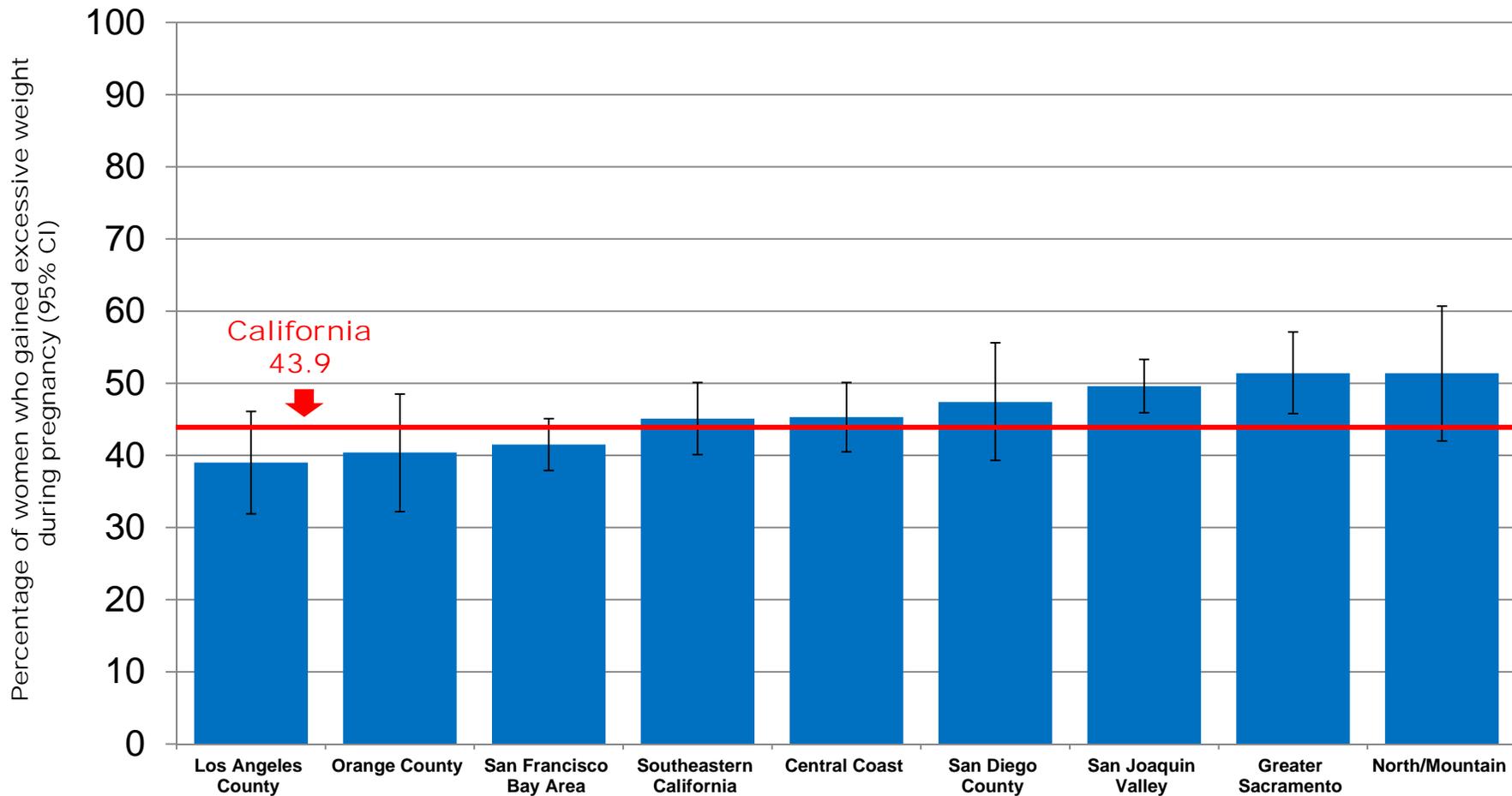
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# Obesity before pregnancy (BMI 30+), MIHA 2011



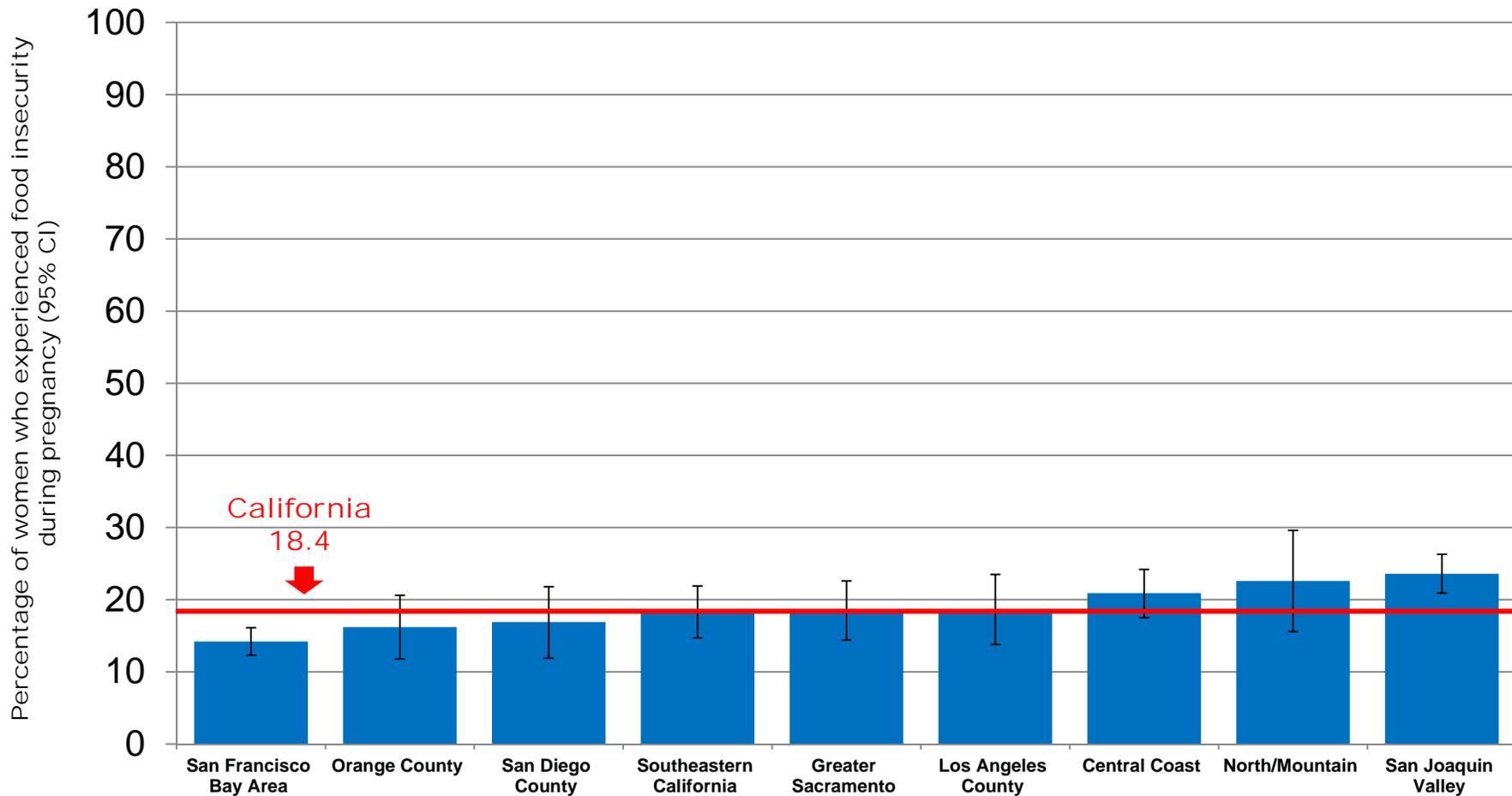
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# Excessive weight gain during pregnancy, MIHA 2011



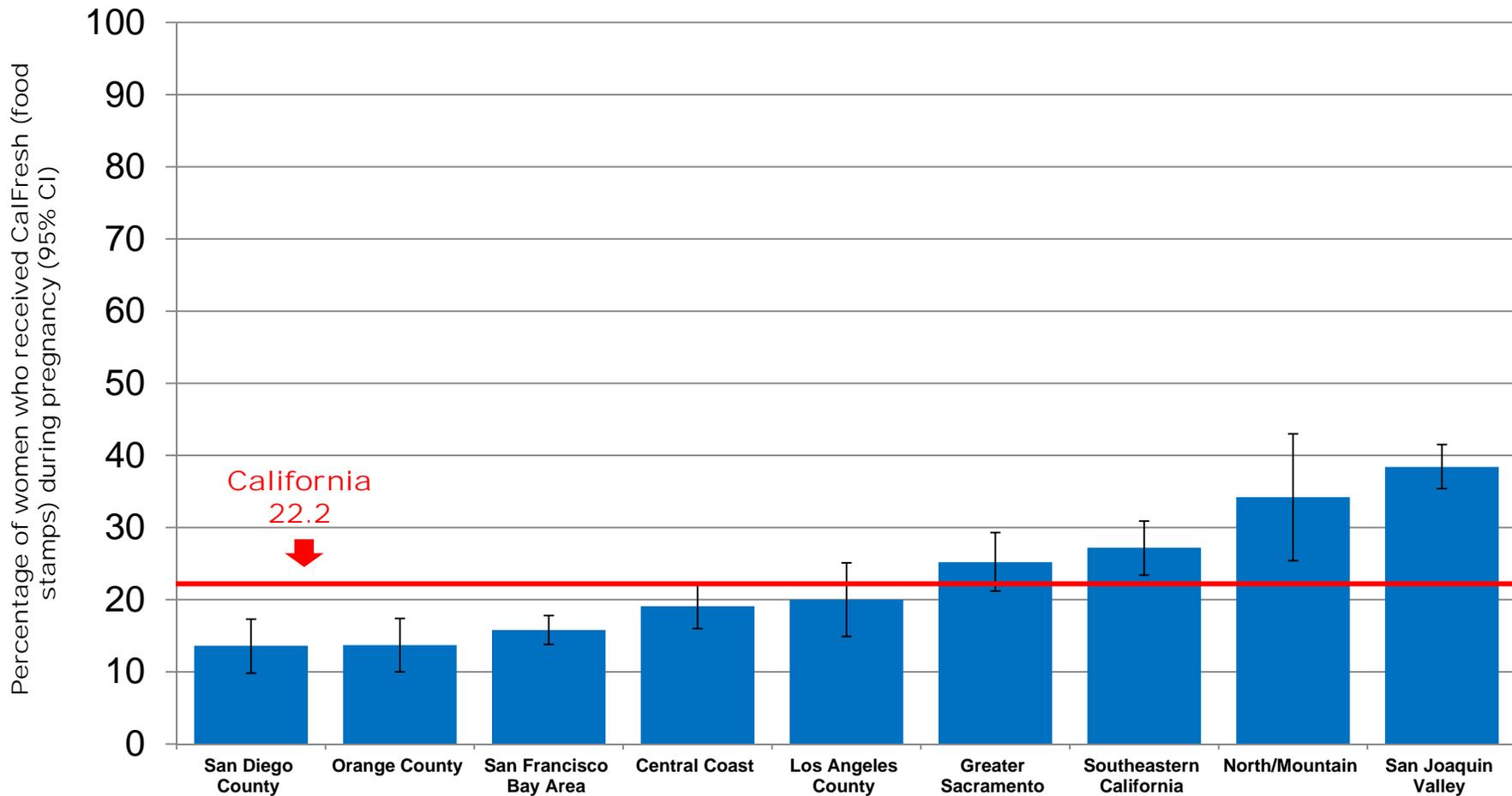
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# Food insecurity during pregnancy, MIHA 2011



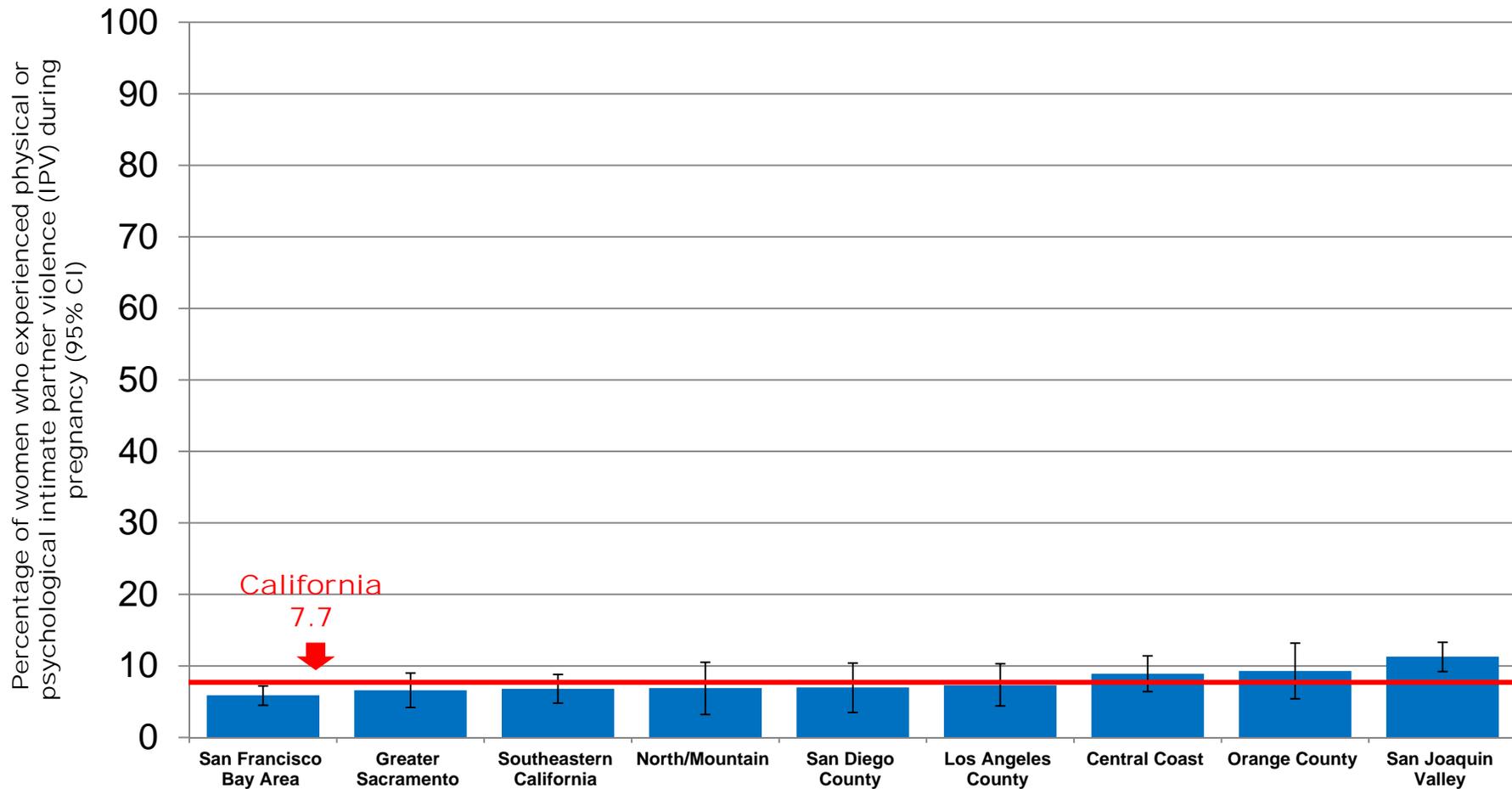
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# Received CalFresh (food stamps) during pregnancy, MIHA 2011



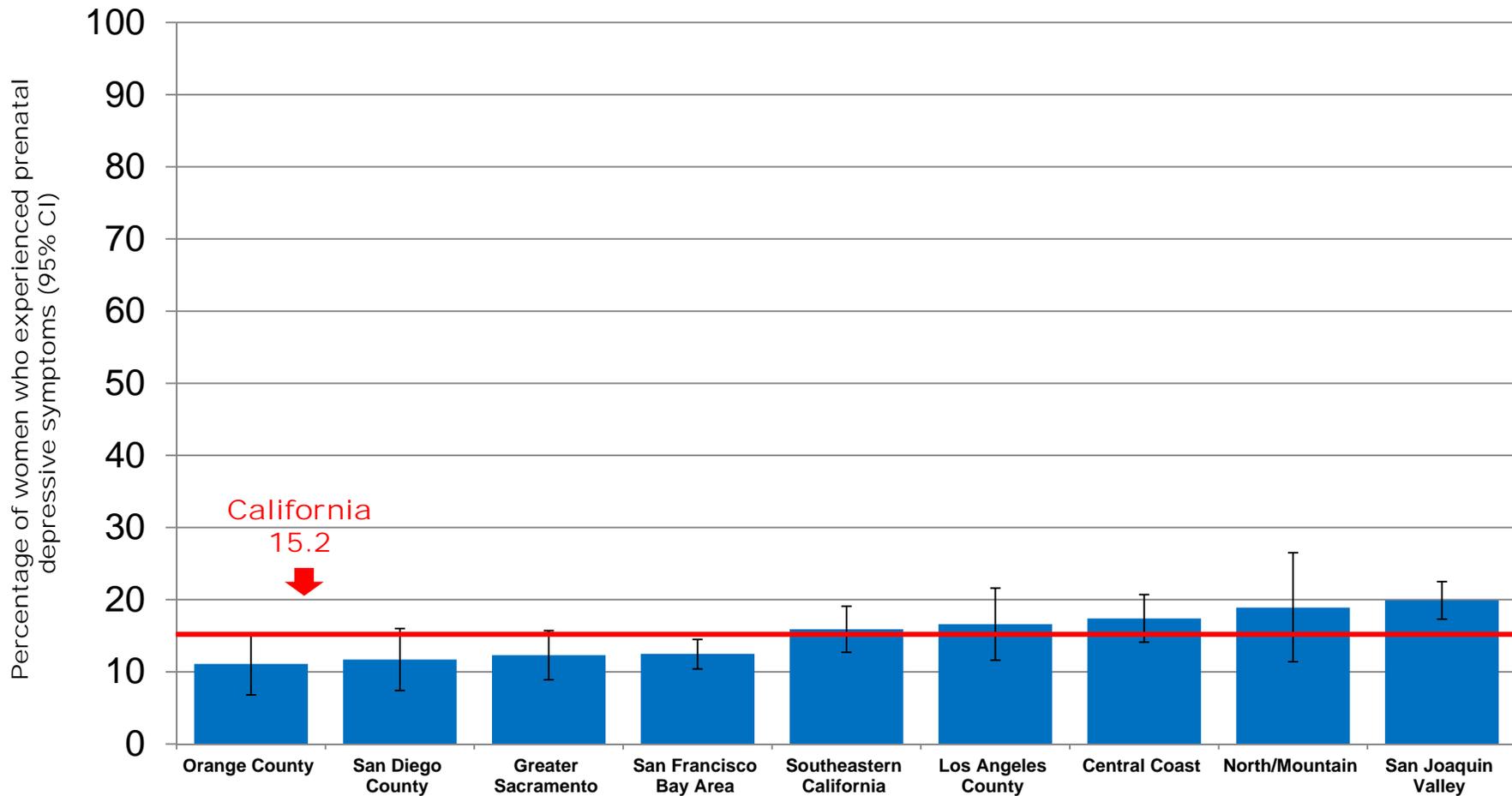
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# Physical or psychological intimate partner violence (IPV) during pregnancy, MIHA 2011



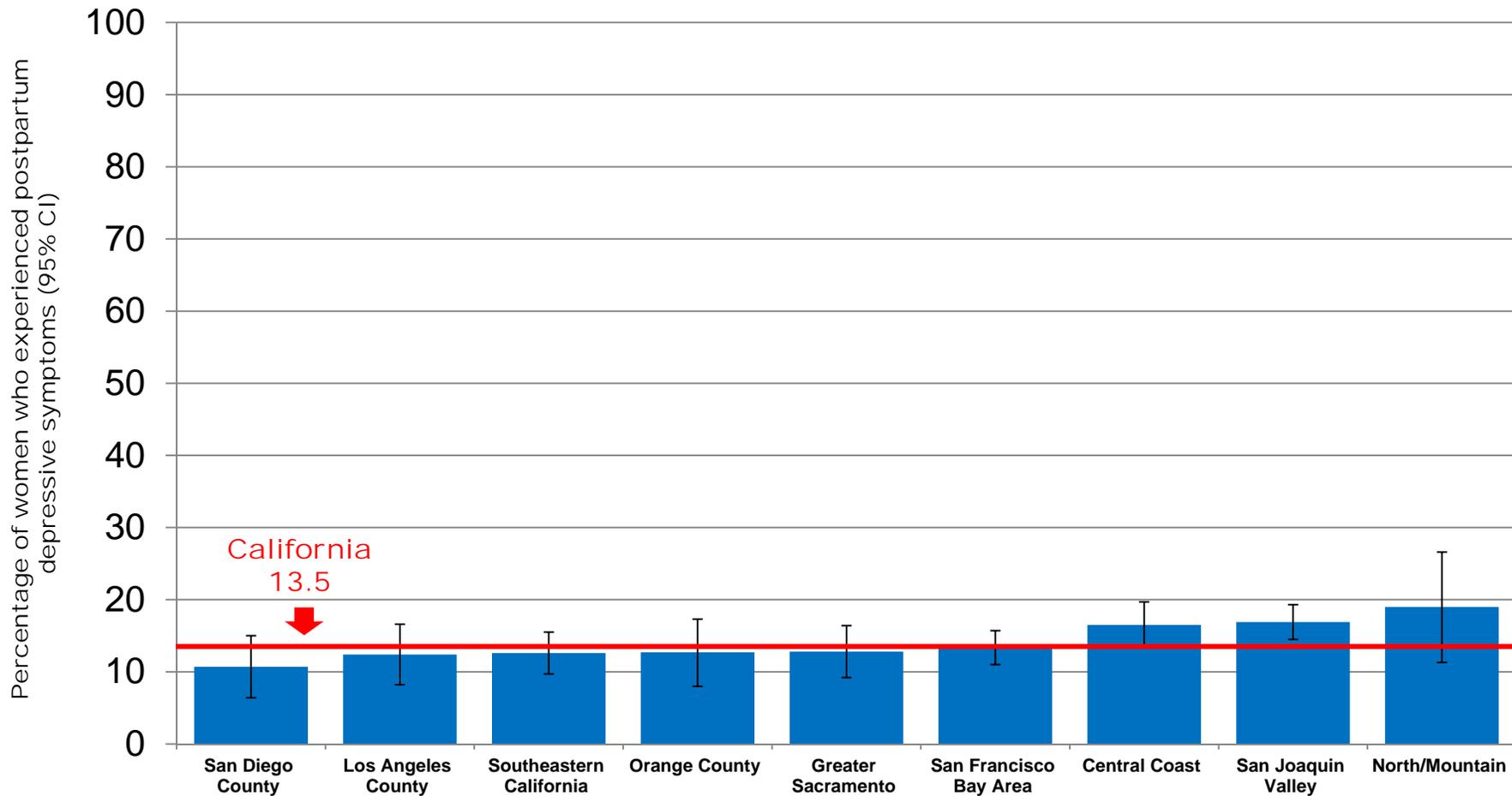
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# Prenatal depressive symptoms, MIHA 2011



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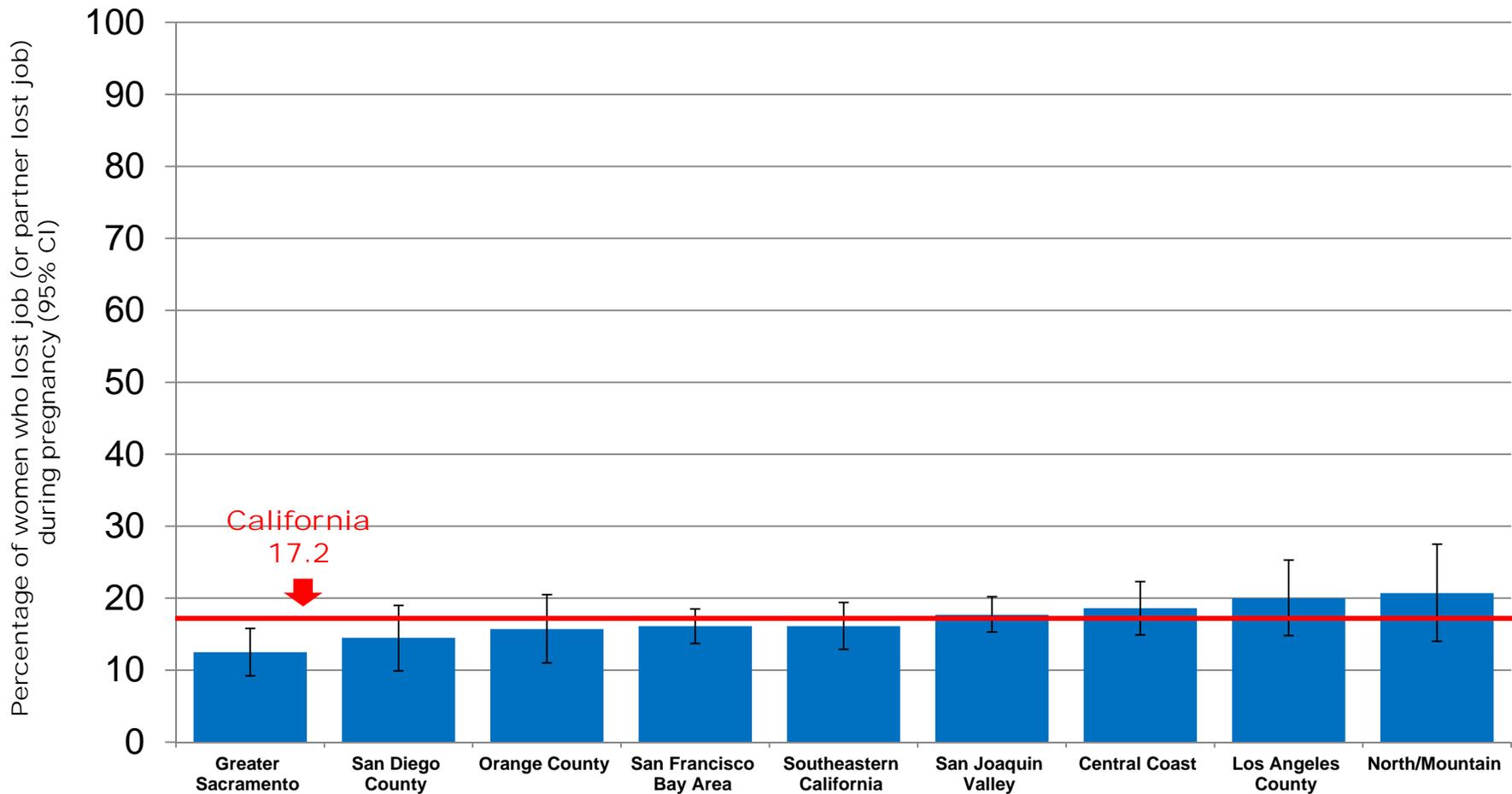
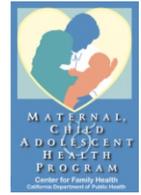
# Postpartum depressive symptoms, MIHA 2011



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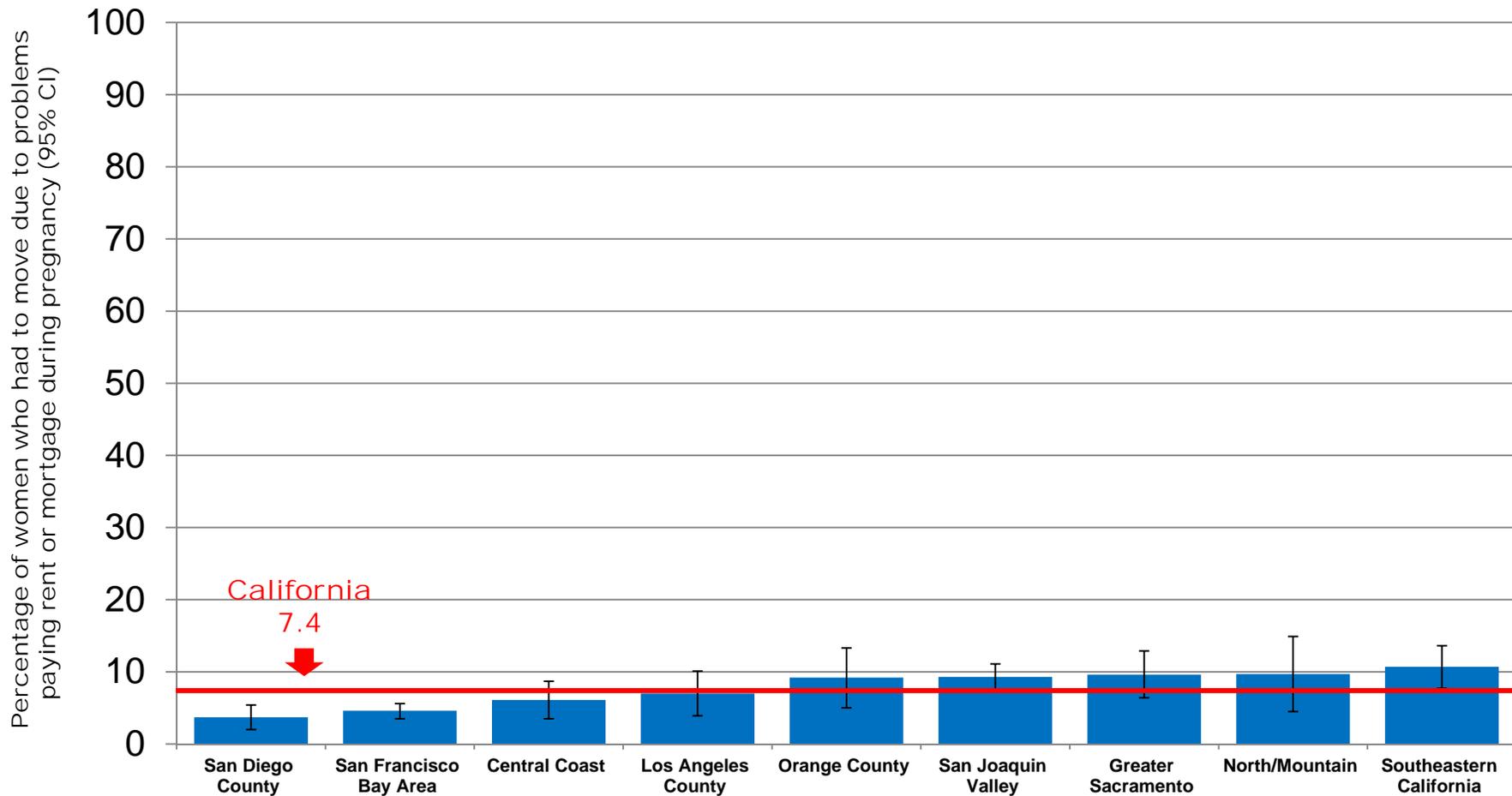


# Woman or partner lost job during pregnancy, MIHA 2011



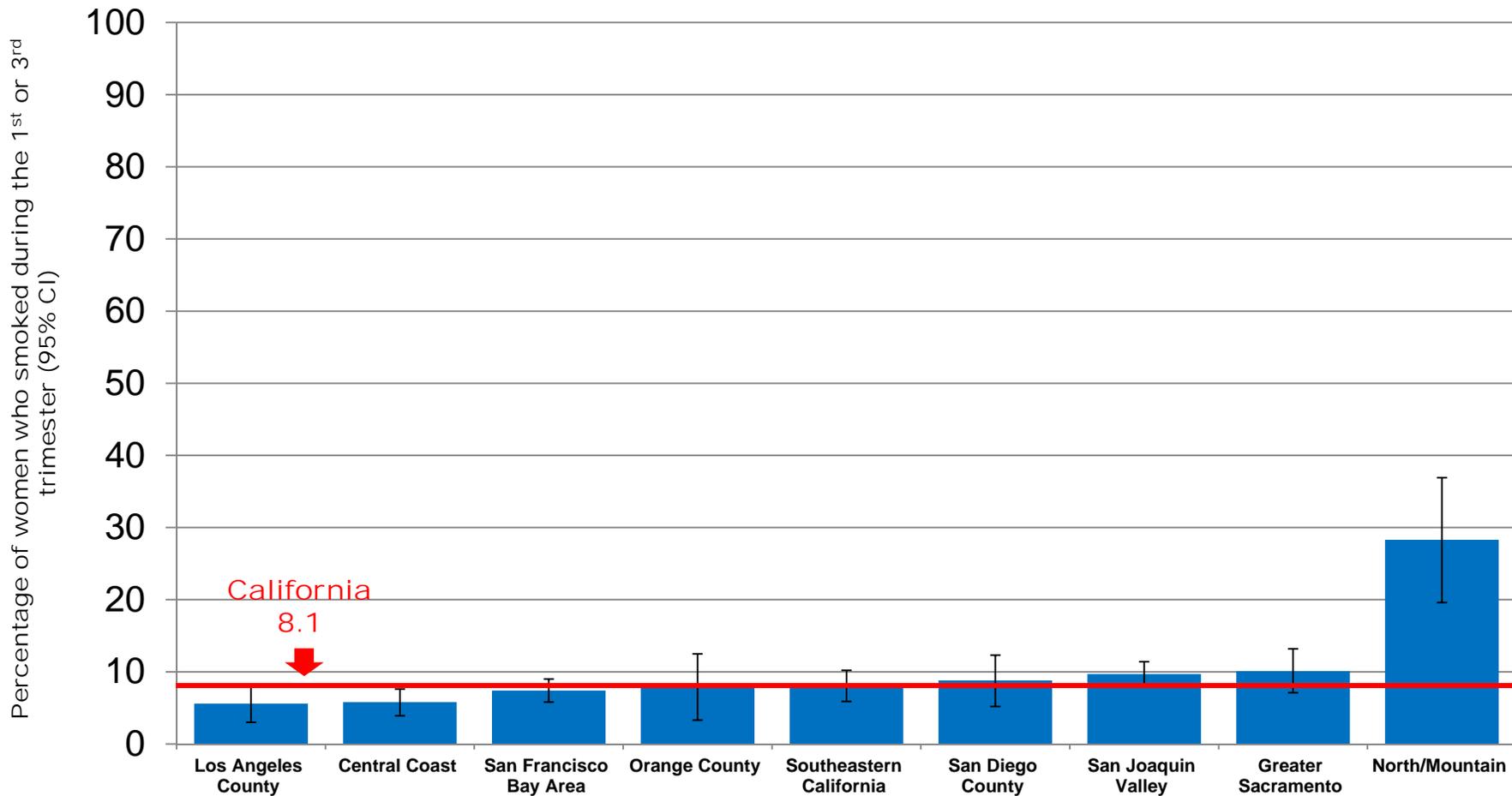
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# Had to move due to problems paying rent or mortgage during pregnancy, MIHA 2011



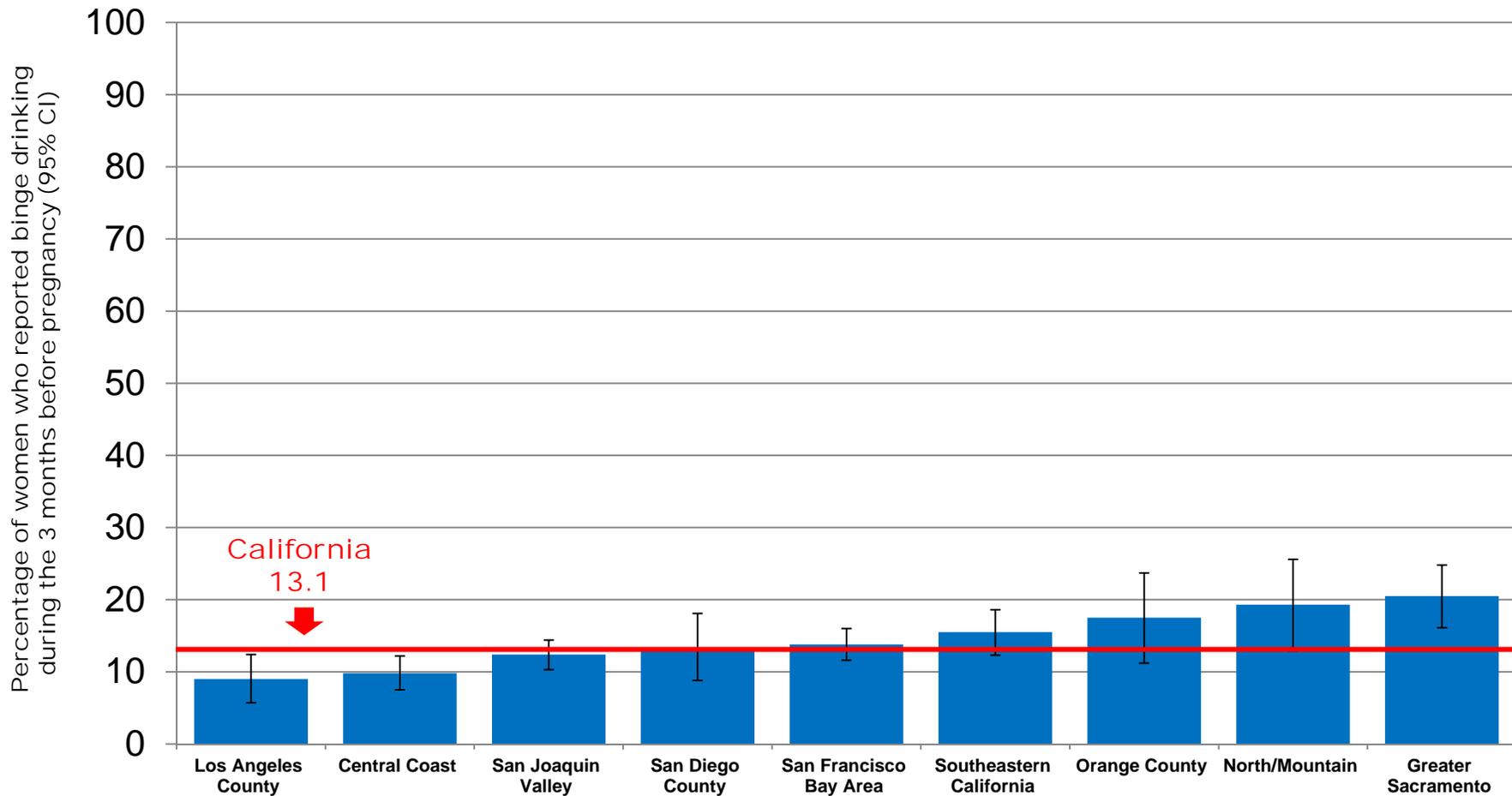
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# Any smoking during the 1<sup>st</sup> or 3<sup>rd</sup> trimester, MIHA 2011



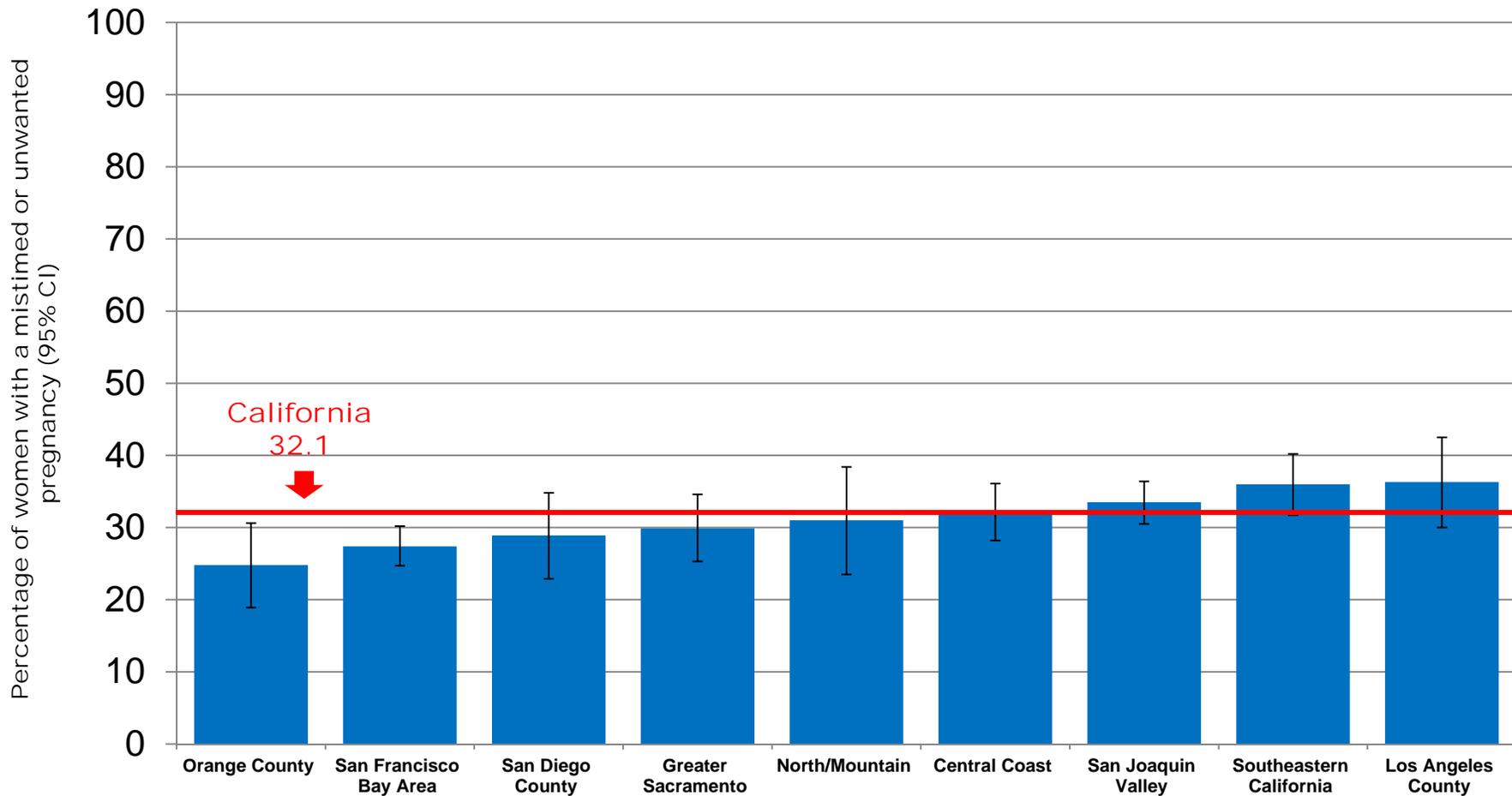
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# Any binge drinking during the 3 months before pregnancy, MIHA 2011



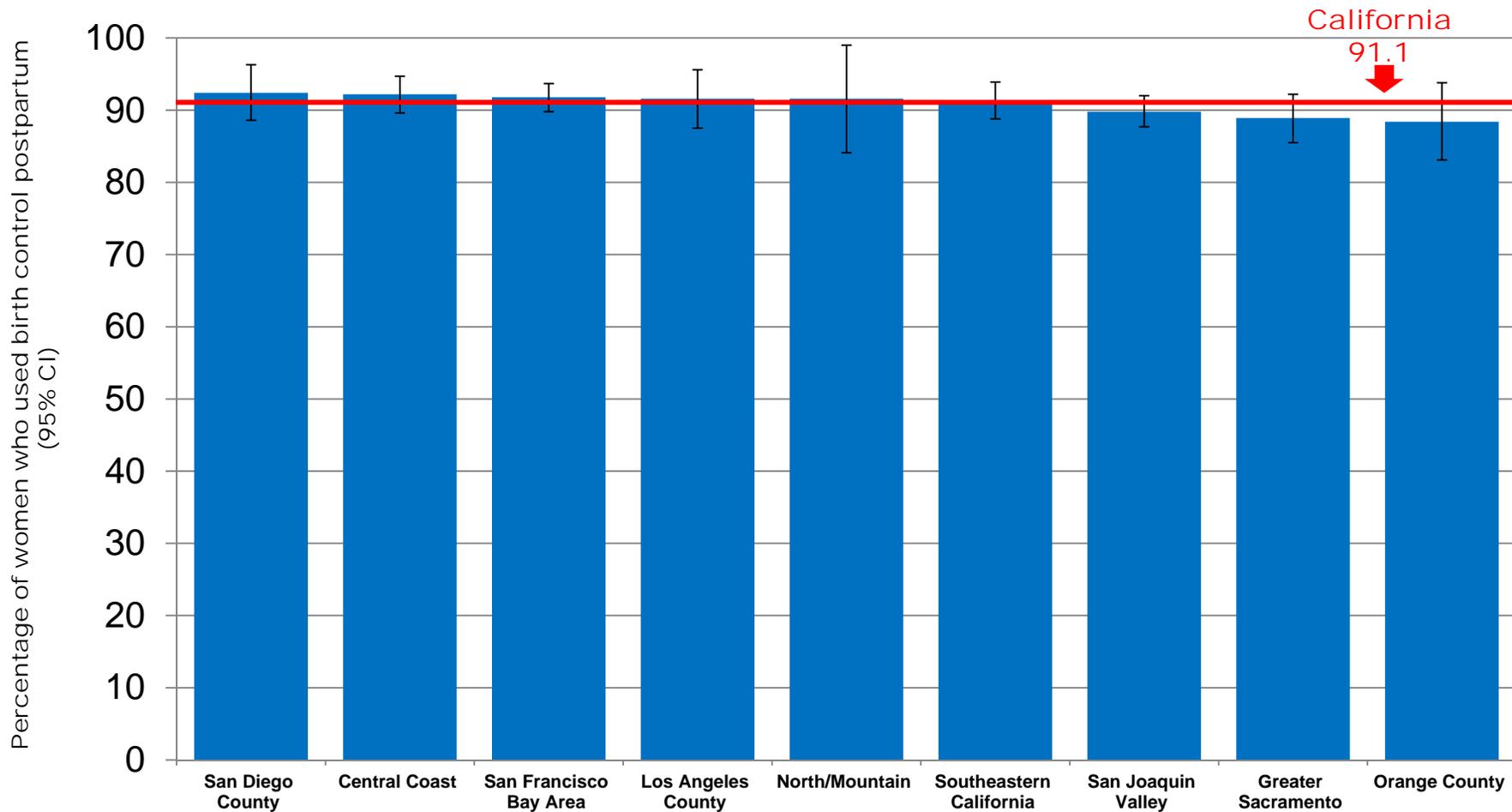
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# Mistimed or unwanted pregnancy, MIHA 2011



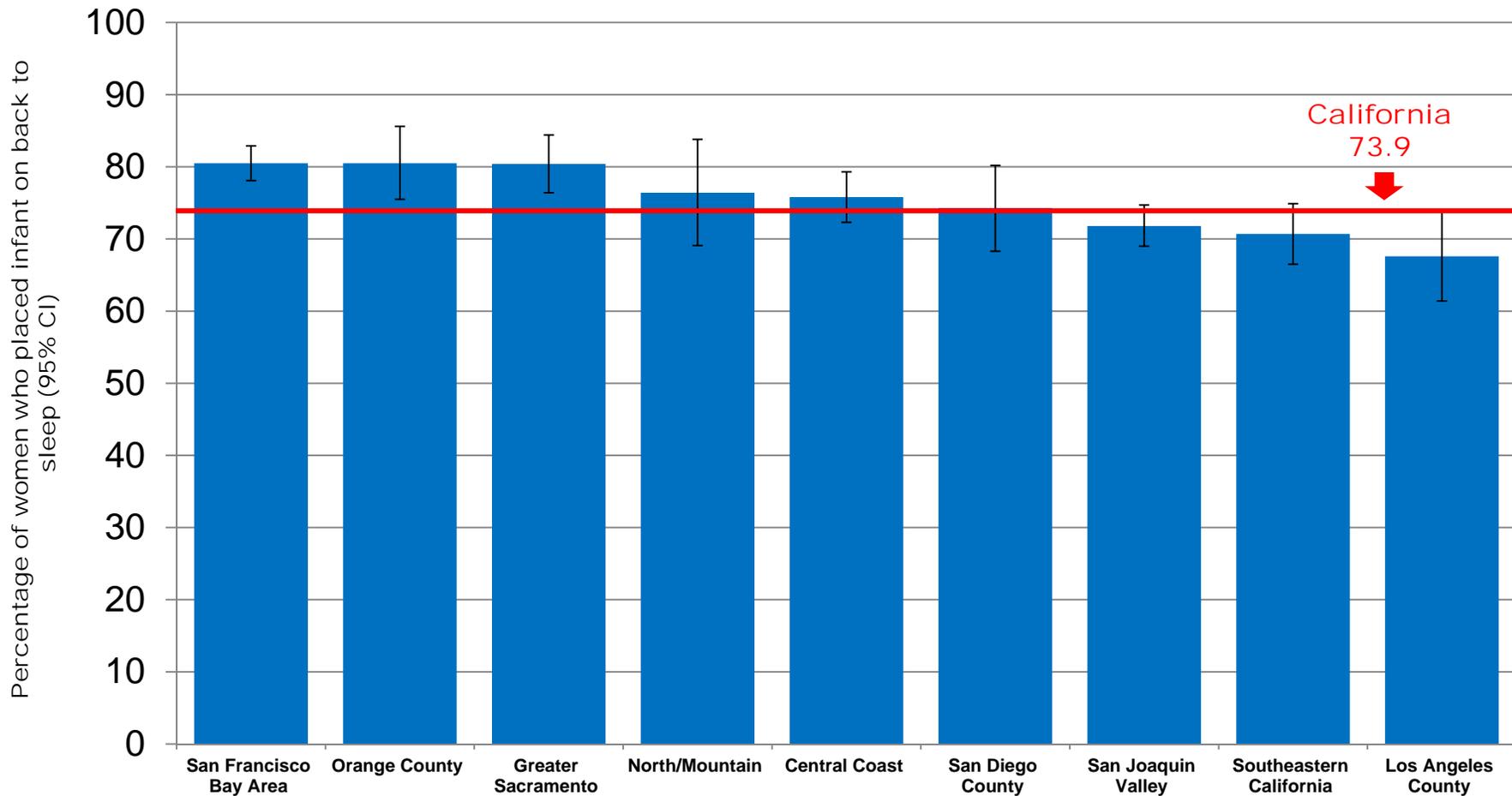
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# Postpartum birth control use, MIHA 2011



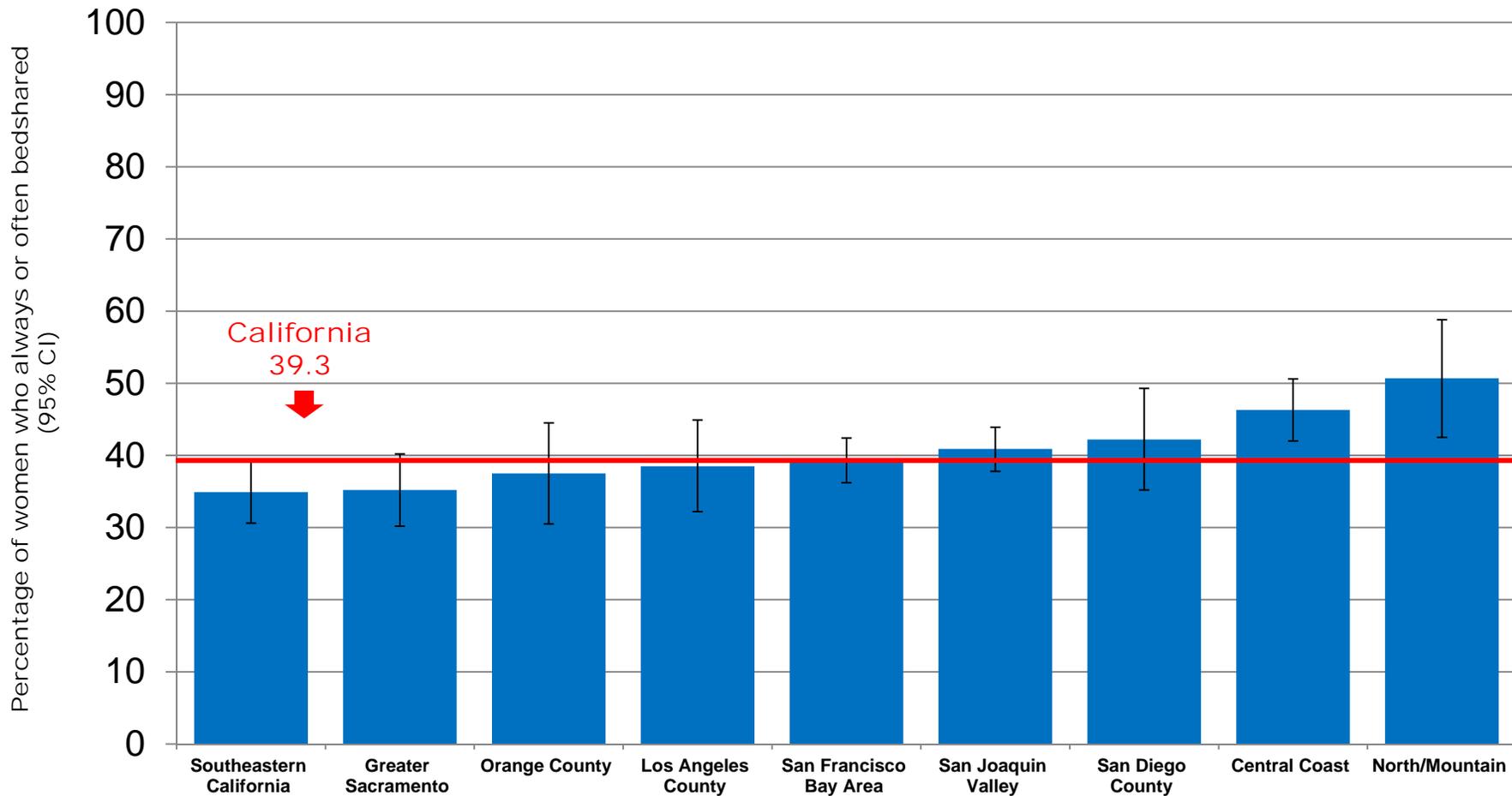
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# Placed infant on back to sleep, MIHA 2011



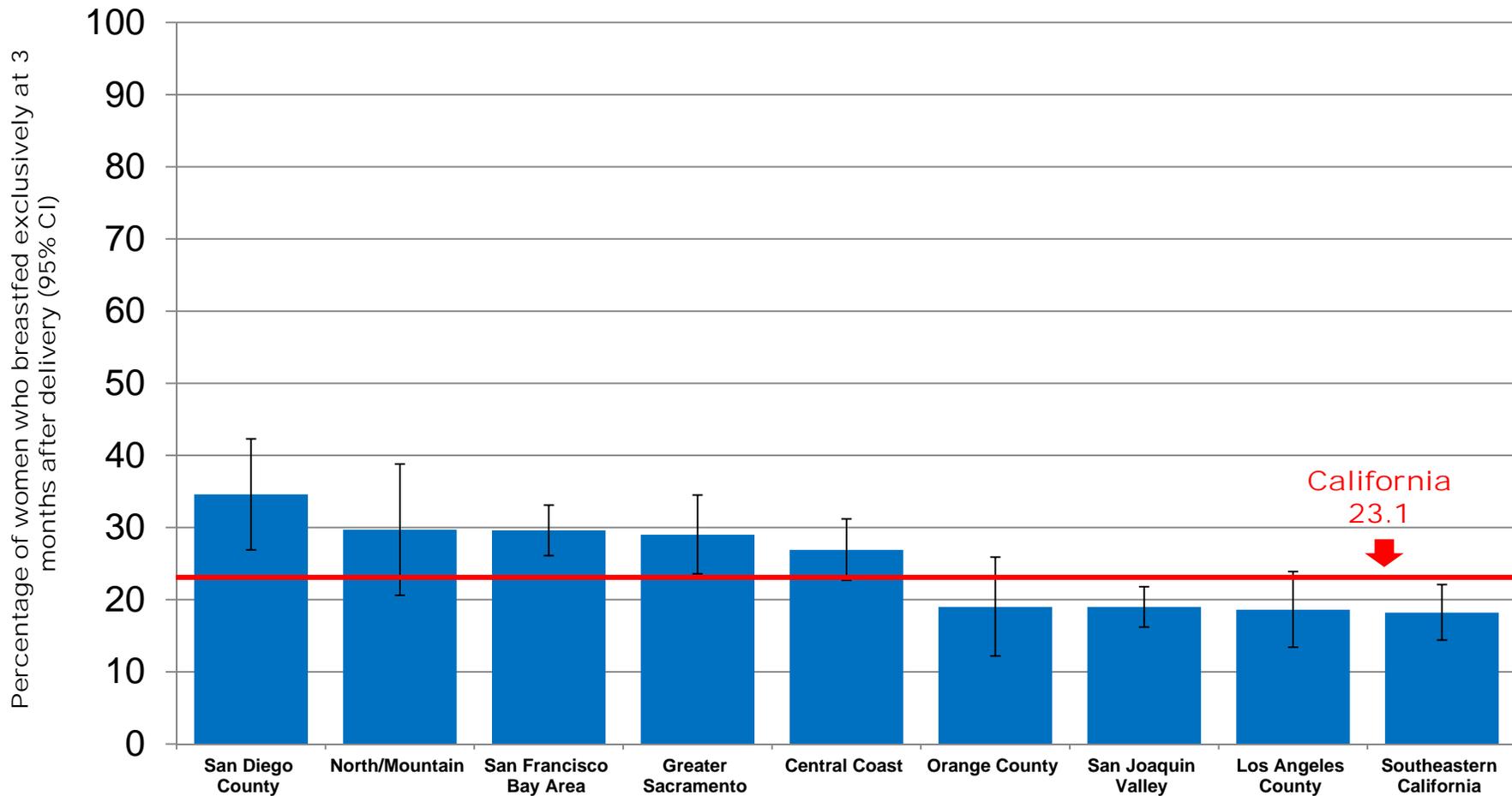
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# Always or often bedshared, MIHA 2011



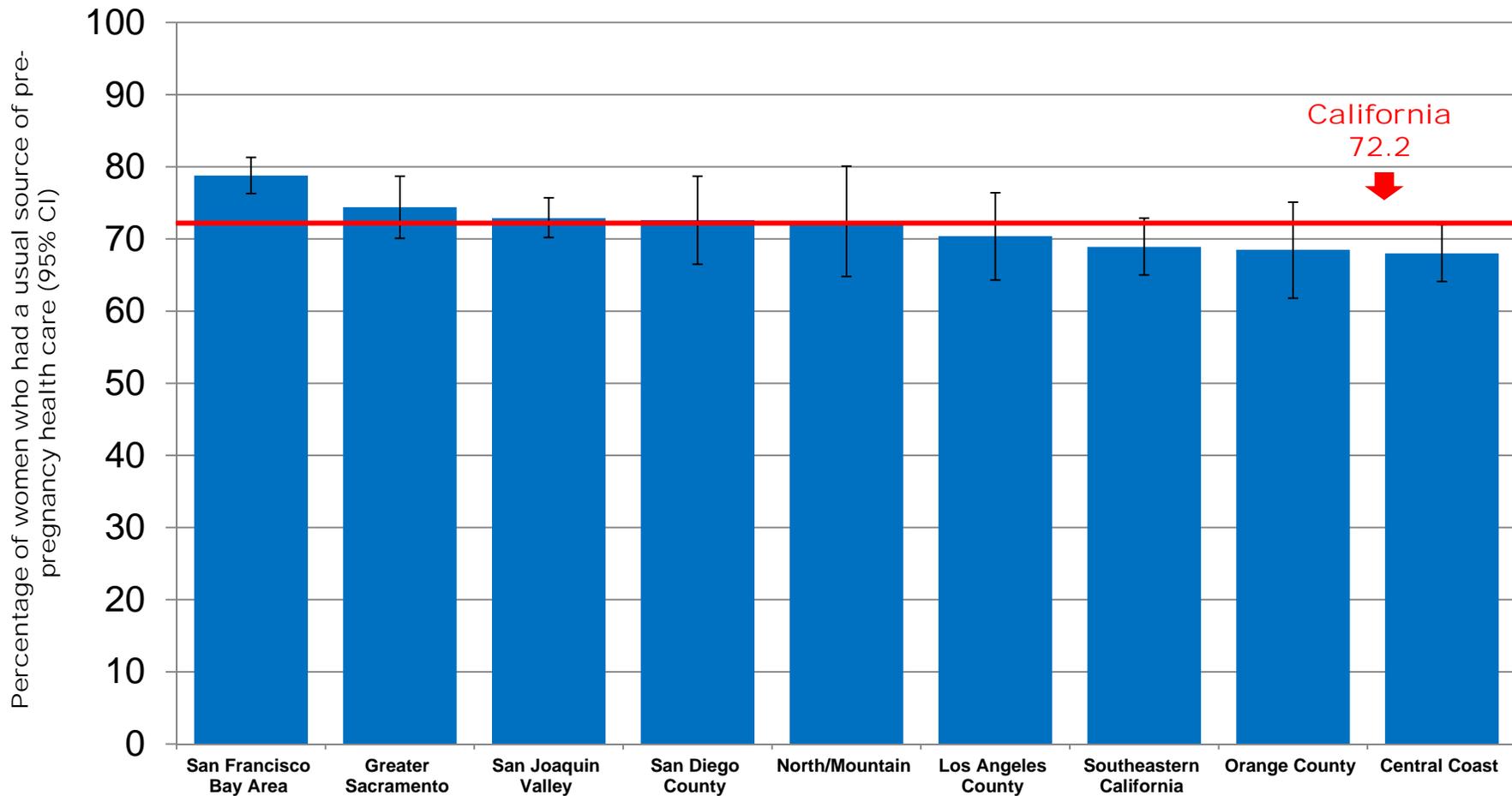
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# Exclusive breastfeeding at 3 months after delivery, MIHA 2011



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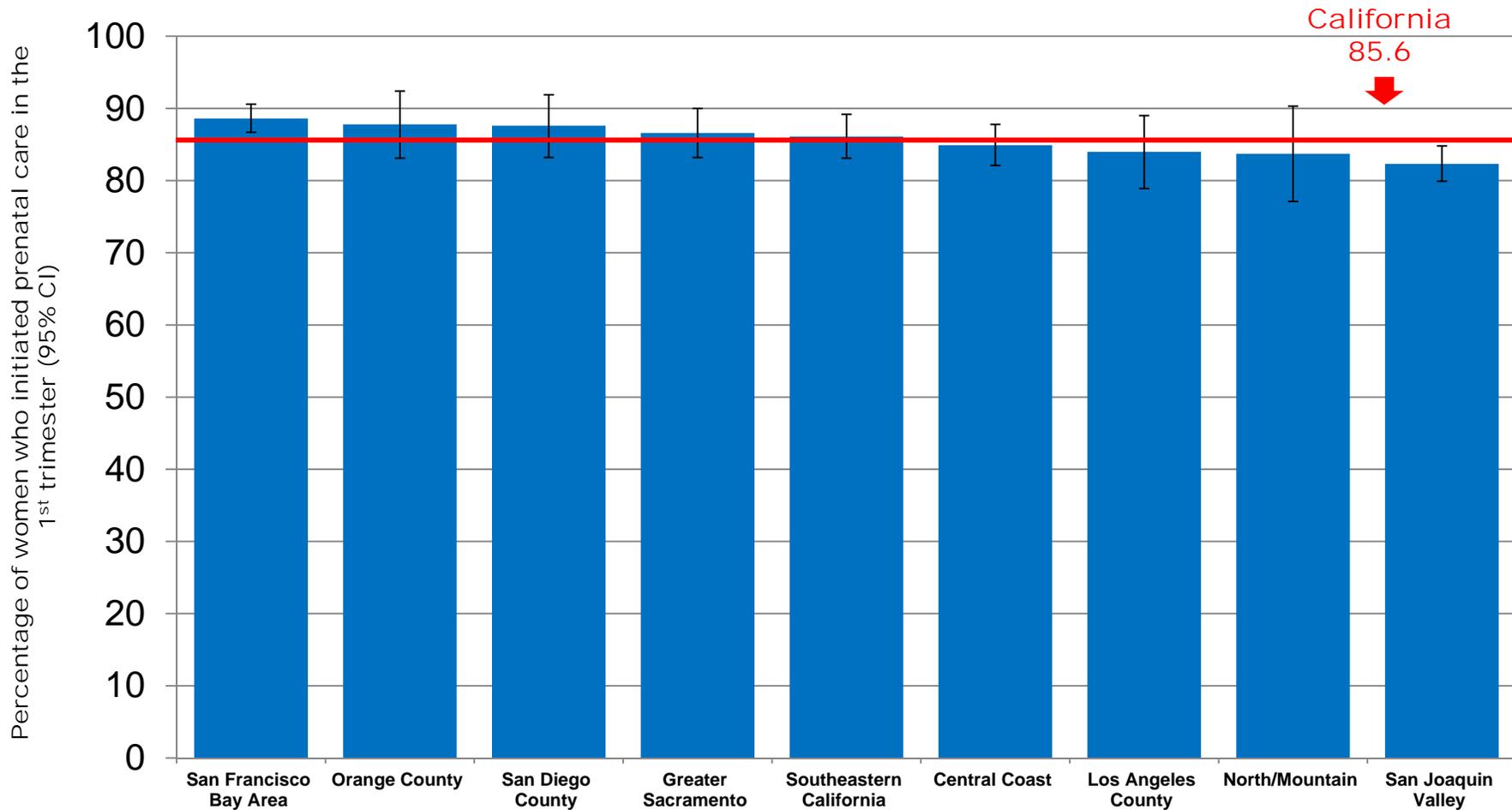
# Had a usual source of pre-pregnancy health care, MIHA 2011



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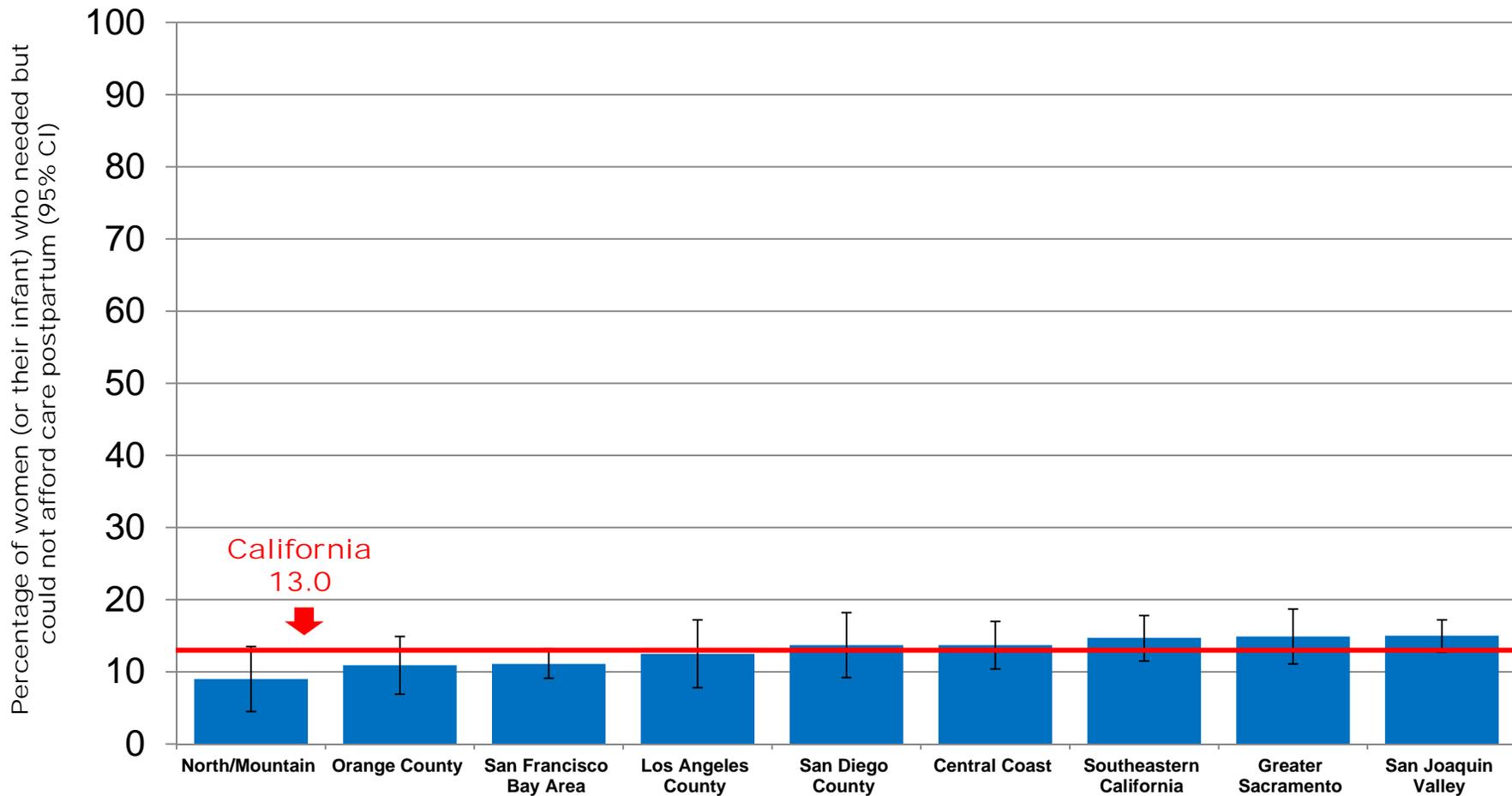


# Initiated prenatal care in the 1<sup>st</sup> trimester, MIHA 2011



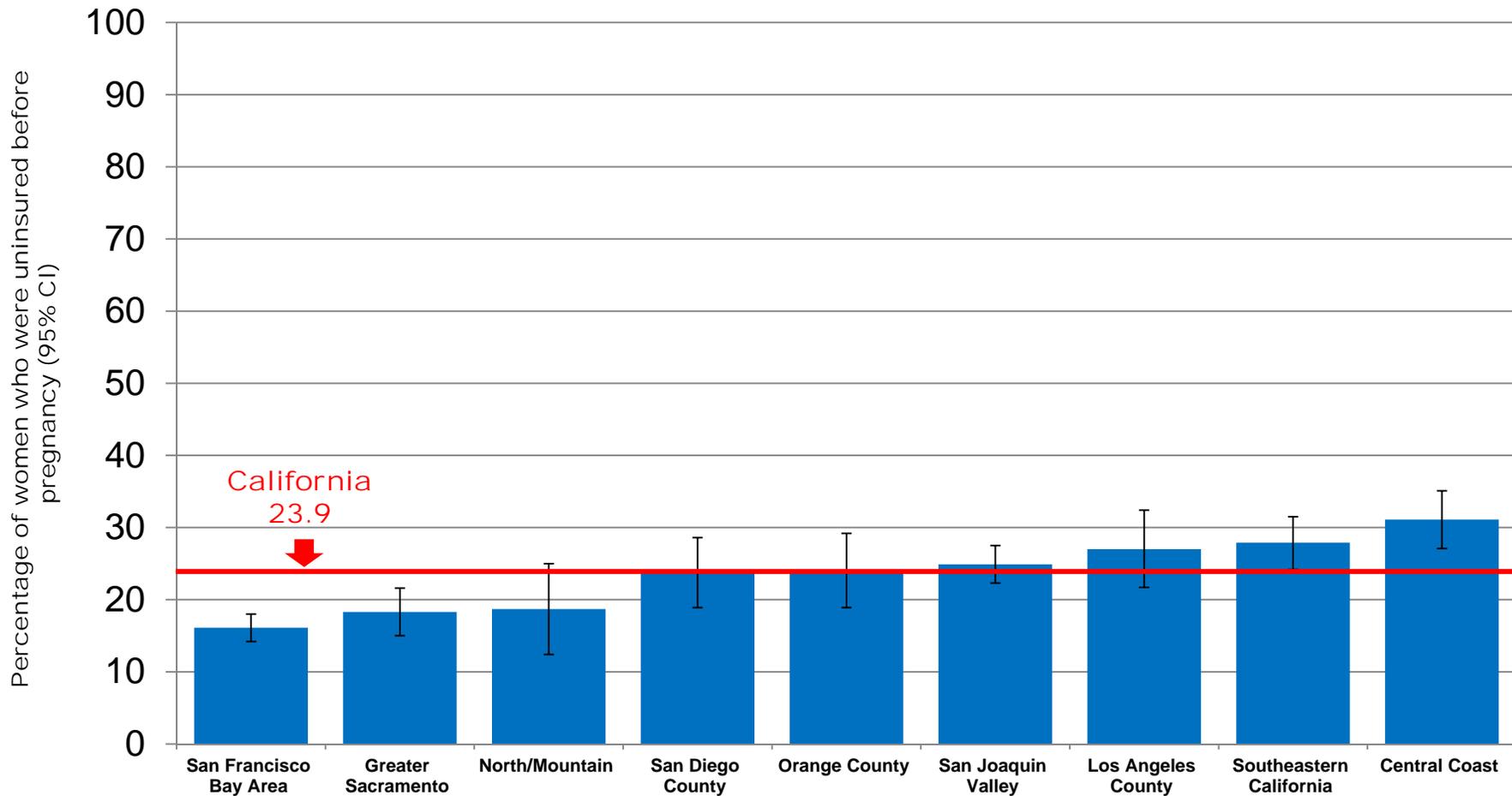
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# Mom or infant needed but could not afford care postpartum, MIHA 2011



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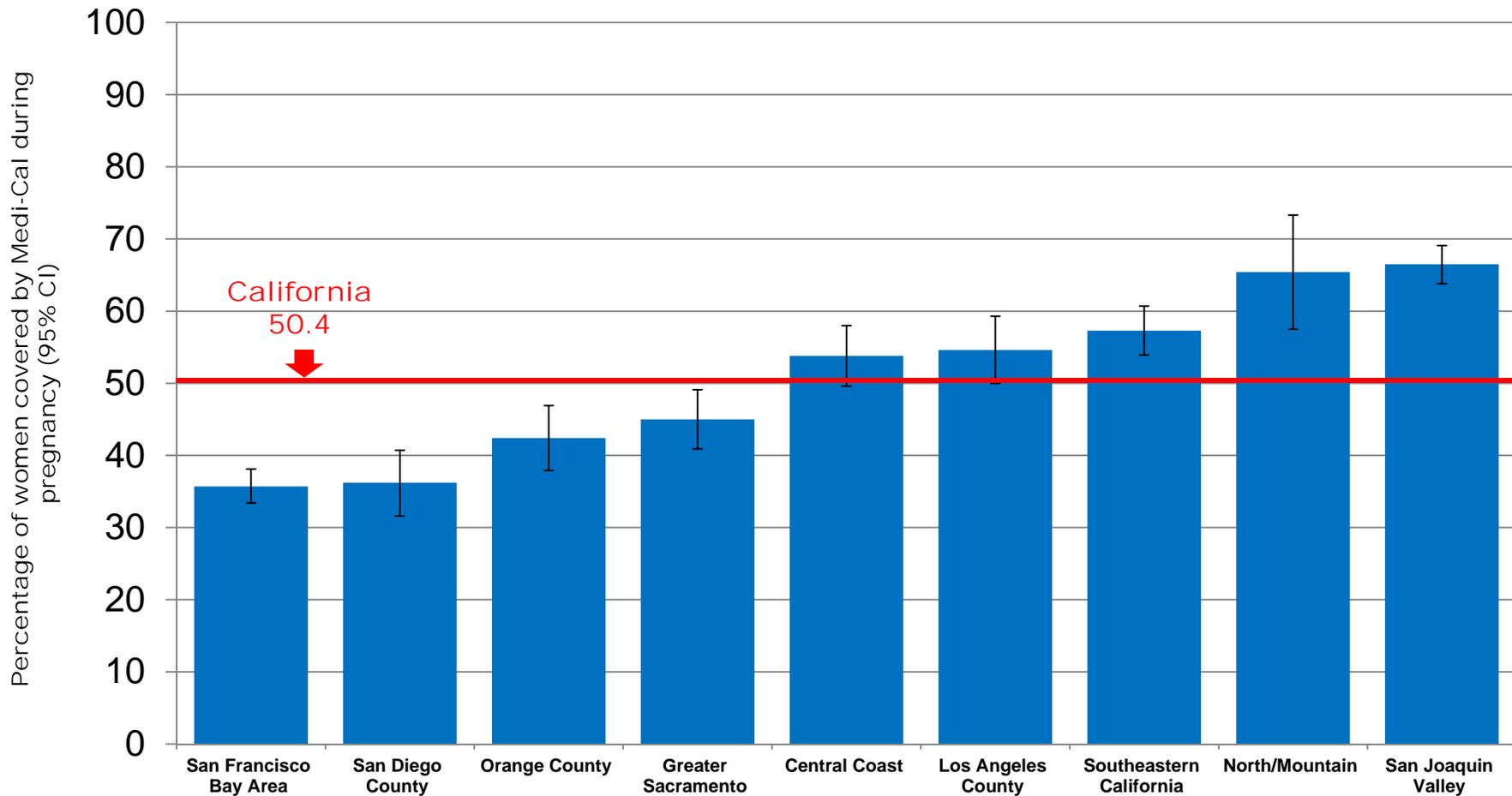
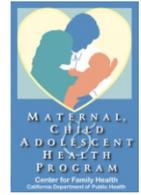
# Uninsured before pregnancy, MIHA 2011



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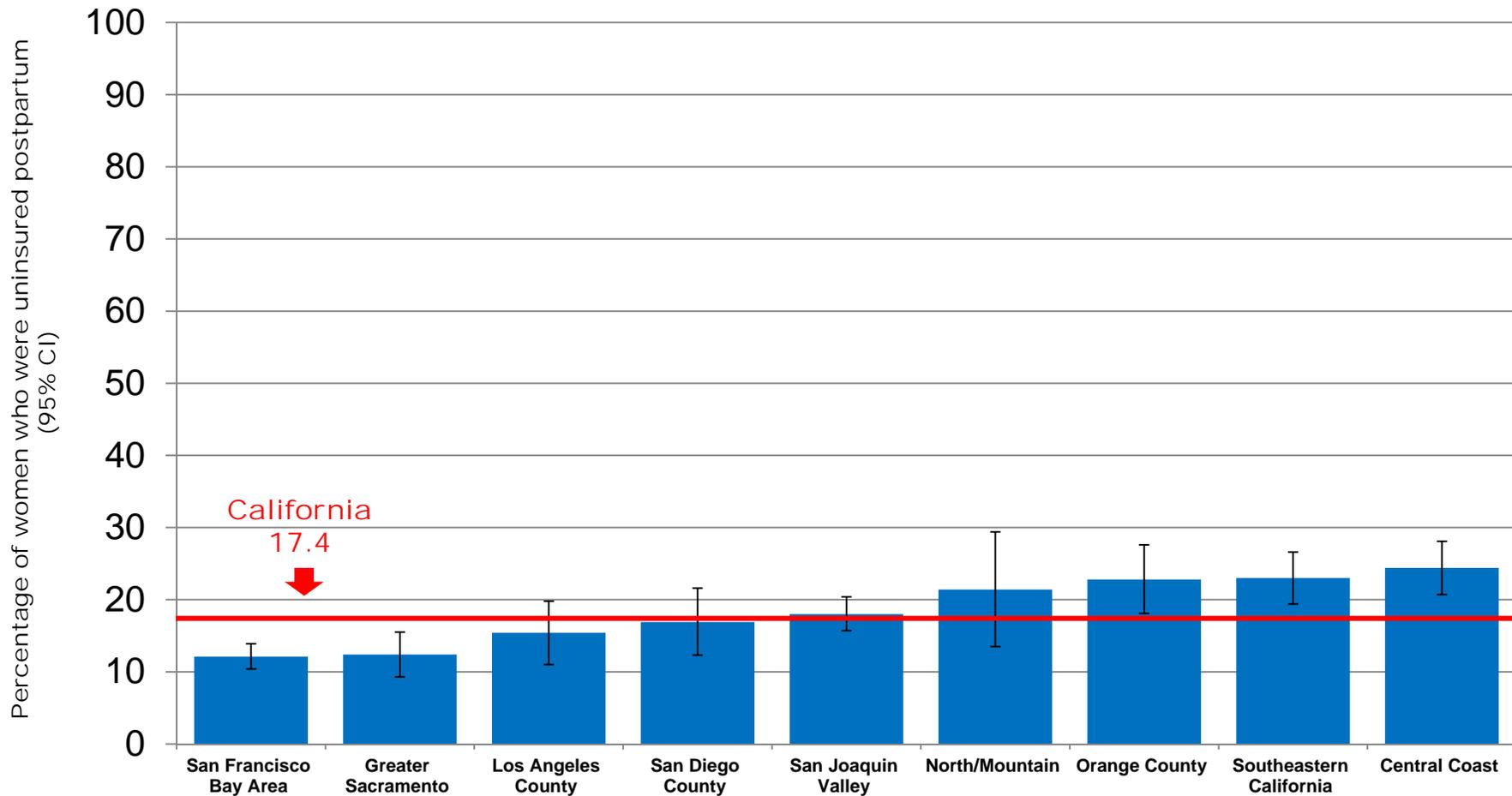


# Covered by Medi-Cal during pregnancy, MIHA 2011



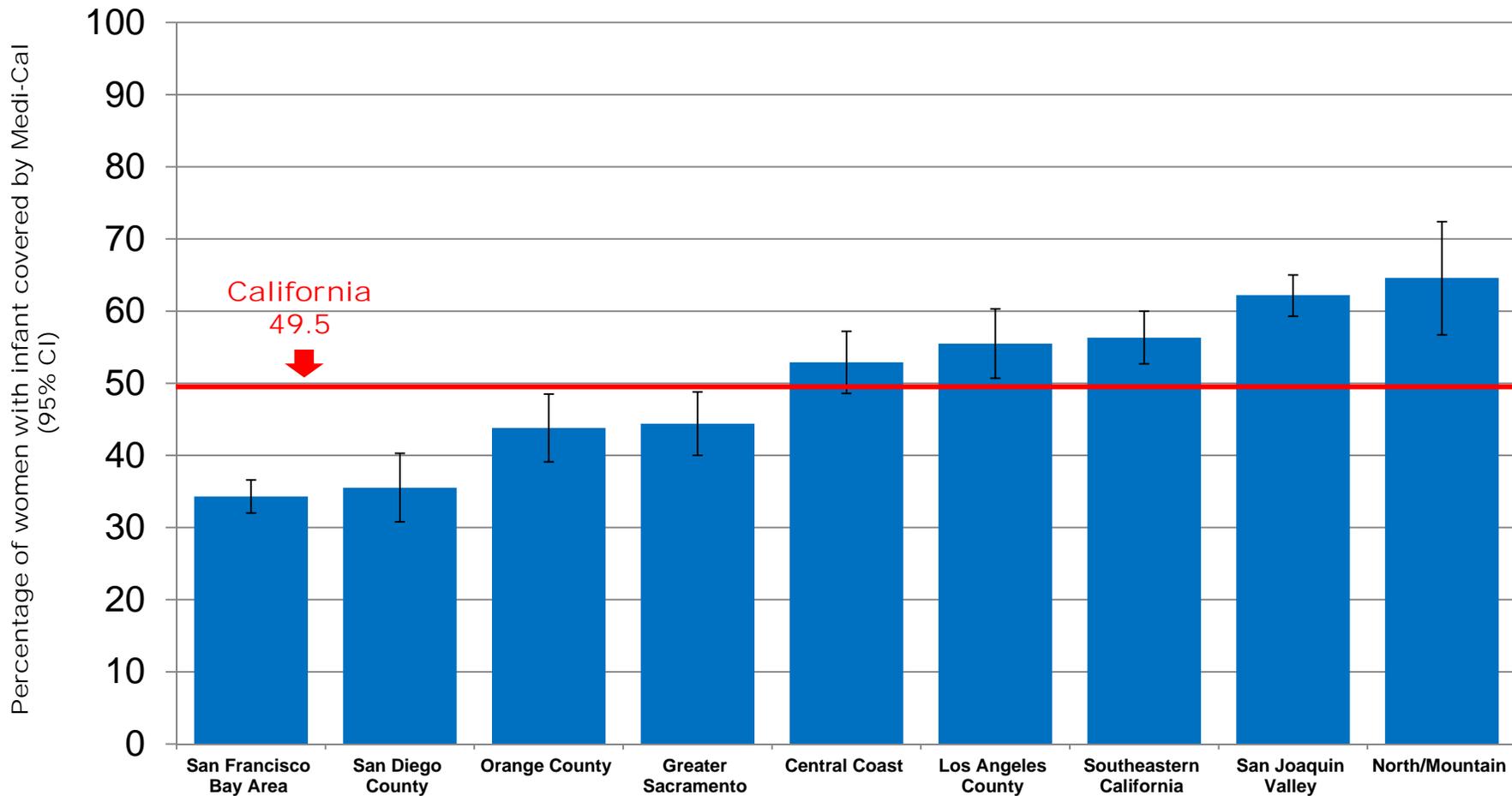
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# Uninsured postpartum, MIHA 2011



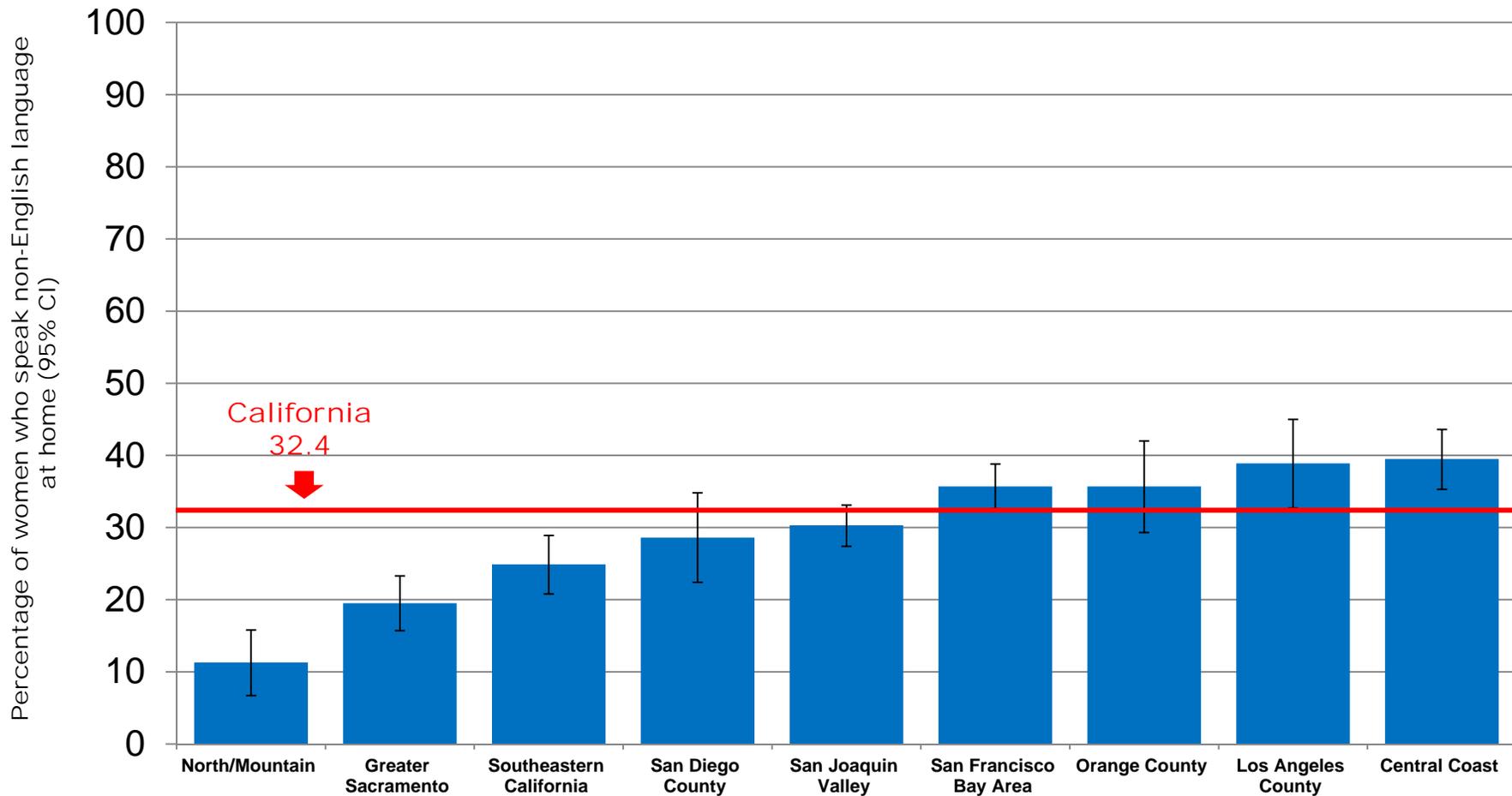
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# Infant covered by Medi-Cal, MIHA 2011



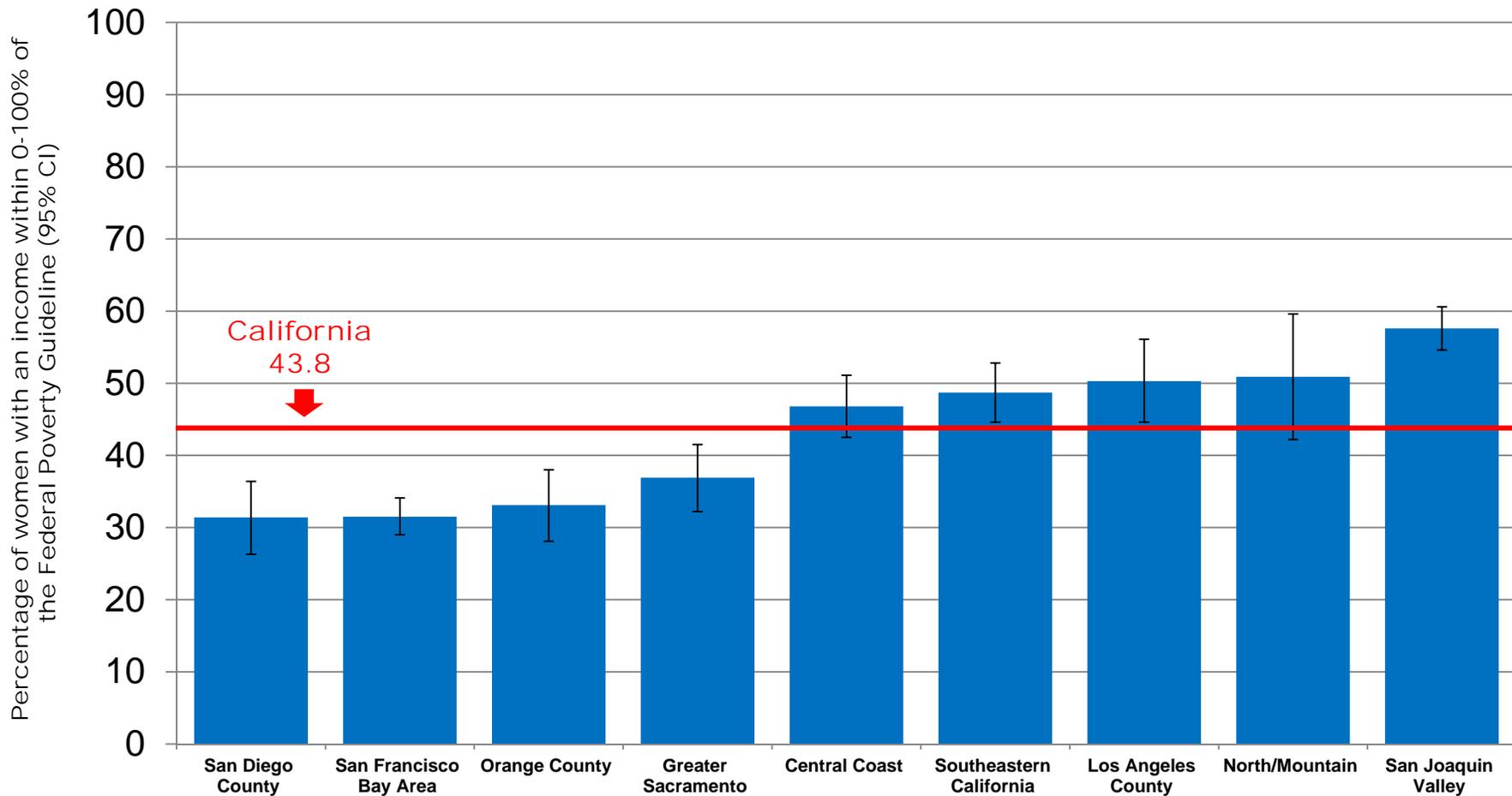
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# Speaks non-English language at home, MIHA 2011



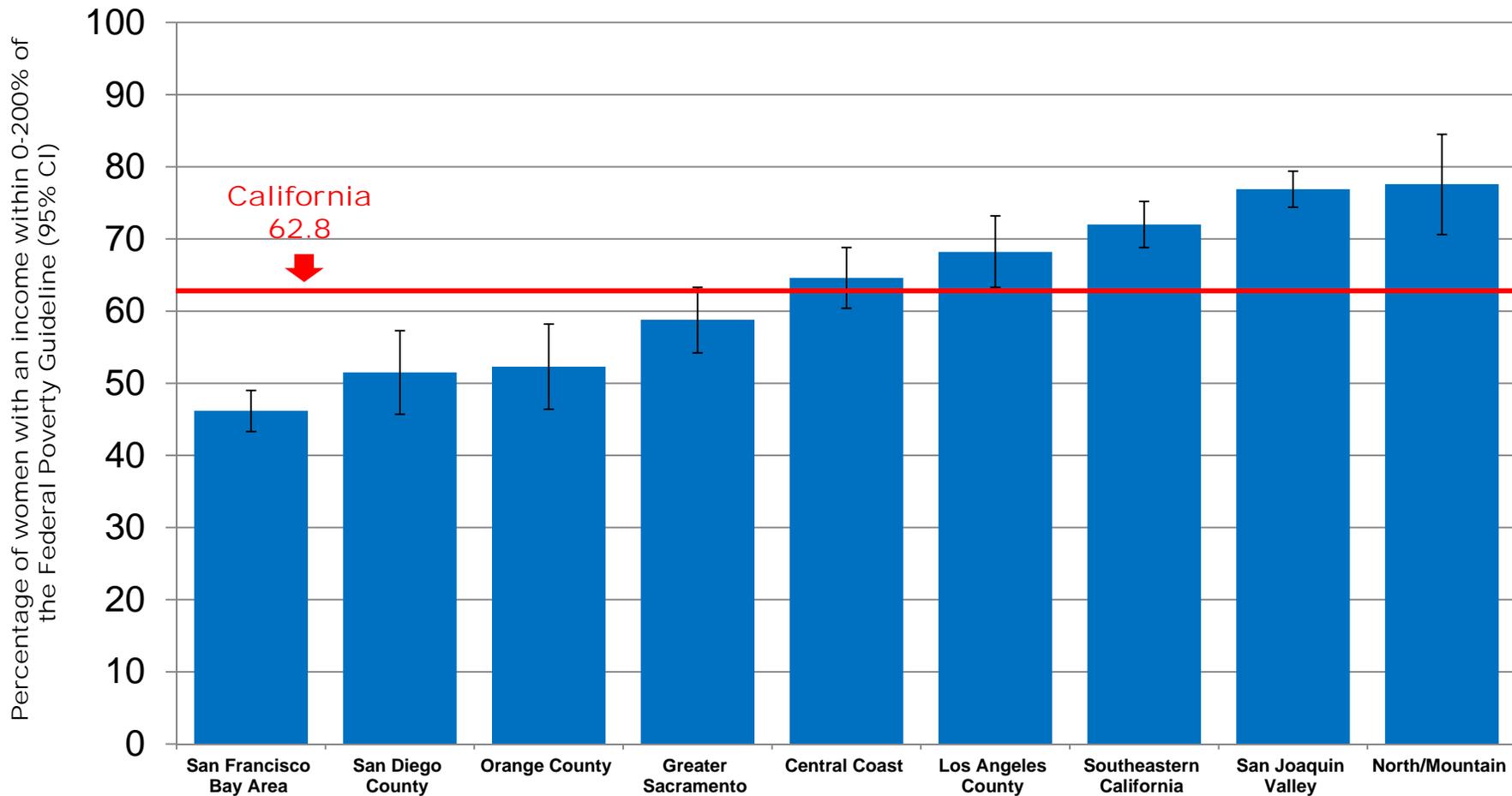
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# Income within 0-100% of the Federal Poverty Guideline, MIHA 2011



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# Income within 0-200% of the Federal Poverty Guideline, MIHA 2011



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