

Maternity Practices in Infant Nutrition and Care (mPINC) Survey, 2007

Los Angeles County Benchmark Report

Los Angeles County Overview



Includes all hospitals within Los Angeles County.

• 60 Birthing Hospitals

- 41 Hospitals (~68%) Participated in mPINC Survey in 2007

Breastfeeding Statistics for Participating Hospitals

- Average Any Breastfeeding: 84%
- Average Exclusive Breastfeeding : 28%

Establishing maternity practices supportive of breastfeeding in California hospitals will help meet *Healthy People 2020* breastfeeding objectives and improve maternal and child health.

For assistance with breastfeeding promotion efforts visit the CDPH, Breastfeeding and Healthy Living web-site at:
<http://cdph.ca.gov/breastfeeding>

For further information about the mPINC Survey visit
www.cdc.gov/mpinc



California Composite Quality Practice (Total mPINC) Score*: 69

Los Angeles County Composite Quality Practice (Total mPINC) Score*: 65 (Range 18-92)

mPINC Dimension of Care	Ideal Response to mPINC Survey Question	Percent of Facilities with Ideal Response (N = 41)	County Sub-scale Score* (Range)	State Sub-scale Score*
Labor and Delivery Care	Initial skin-to-skin contact is w/in 1 hr (vaginal births)	51	58 (8-100)	63
	Initial skin-to-skin contact is w/in 2 hr (cesarean births)	36		
	Initial breastfeeding opportunity is w/in 1 hr (vaginal births)	24		
	Initial breastfeeding opportunity is w/in 2 hr (cesarean births)	14		
	Routine procedures are performed skin-to-skin	26		
Feeding of Breastfed Infants	Initial feeding is breast milk (vaginal births)	45	68 (0-100)	77
	Initial feeding is breast milk (cesarean births)	33		
	Supplemental feedings to breastfeeding infants are rare	8		
	Water and glucose water are not used	78		
Breastfeeding Assistance	Infant feeding decision is documented	98	78 (27-100)	82
	Staff provide breastfeeding advice & instructions	80		
	Patients are taught breastfeeding cues	73		
	Patients are taught not to limit suckling time	21		
	Staff directly observe & assess breastfeeding	73		
	Standard feeding assessment tool is used	73		
Contact Between Mother and Infant	Pacifiers are rarely provided to breastfeeding infants	30	72 (6-100)	78
	Mother-infant pairs are not separated for postpartum transition	54		
	Most mother-infant pairs room-in at night	78		
	Most mother-infant pairs are not separated during the hospital stay	54		
	Infant procedures, assessment and care are in the patient room	15		
Facility Discharge Care	Non-rooming-in infants are brought to mothers at night for feeding	47	46 (5-100)	49
	Staff provide appropriate discharge planning (referrals & other multi-modal support)	25		
Staff Training	Discharge packs containing product marketing infant formula samples are not given to breastfeeding patients	40	65 (0-100)	61
	New staff receive appropriate breastfeeding education	5		
	Current staff receive appropriate breastfeeding education	41		
	Most staff received breastfeeding education in the past year	54		
Structural & Organizational Aspects of Care Delivery	Annual assessment of staff competency in breastfeeding management & support	67	68 (4-100)	70
	Breastfeeding policy includes all 10 model policy elements	15		
	In-service training	62		
	Prenatal breastfeeding classes	58		
	Asking about mothers' feeding plans	87		
	Initiating breastfeeding within 60 minutes (vaginal) or after recovery (cesarean)	82		
	Showing mothers how to express milk and maintain lactation	78		
	Giving only breast milk to breastfeeding infants	60		
	Rooming-in 24 hours/day	84		
	Breastfeeding on-demand and duration/frequency of feedings	79		
	Pacifier use by breastfed infants	46		
	Referral of mothers to appropriate breastfeeding resources	87		
	Breastfeeding policy is communicated effectively	74		
	Facility documents infant feeding in patient population	56		
	Facility provides breastfeeding support to employees	76		
	Facility does not receive infant formula free of charge	10		
	Breastfeeding is included in prenatal patient education	92		
	Facility has a designated staff member responsible for coordination of lactation care	74		

* The Centers for Disease Control and Prevention (CDC) administered the first mPINC Survey of all U.S. maternity care facilities in 2007. Scores were calculated for each survey item, then item scores were averaged to create a score for each of the 7 dimensions of care ("subscales"). Averages of the subscale scores were used to create a Composite Quality Practice or "total mPINC" score. Possible scores ranged from 0—100, with higher scores denoting better maternity care practices.