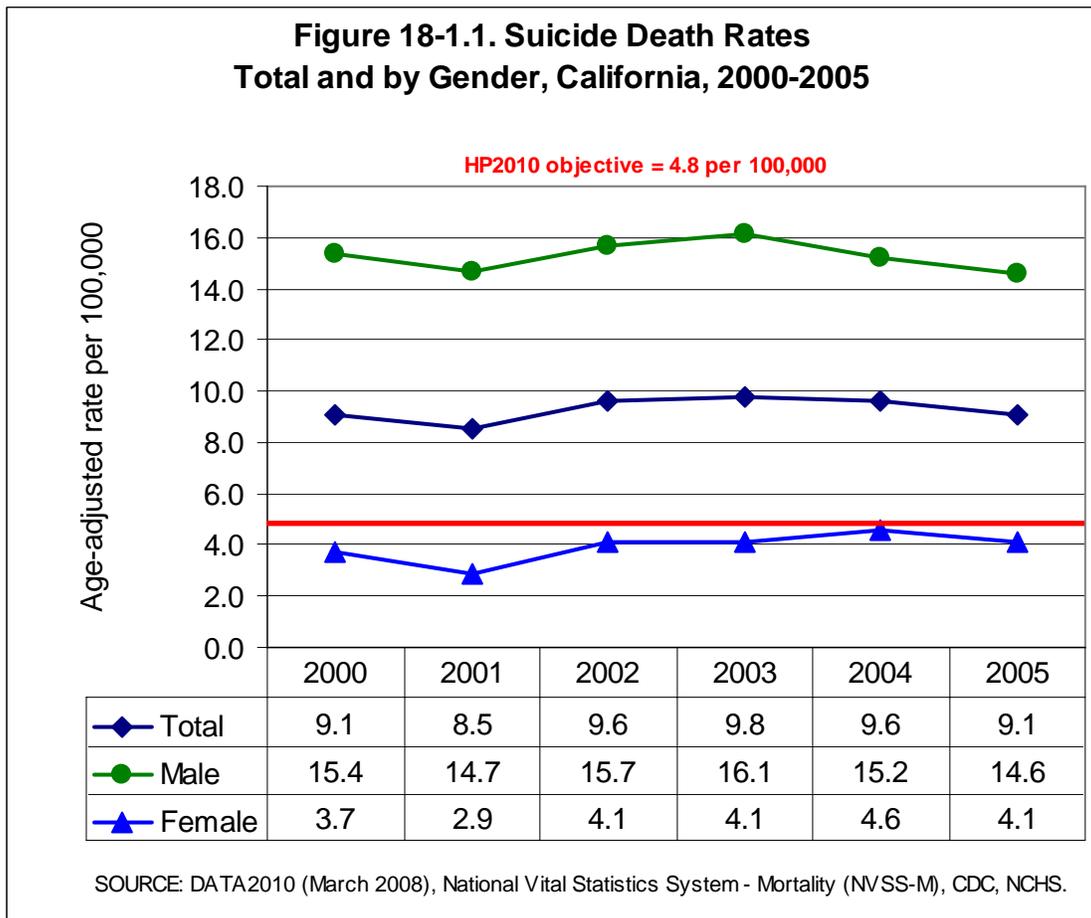


Focus Area 18: Mental Health and Mental Disorders

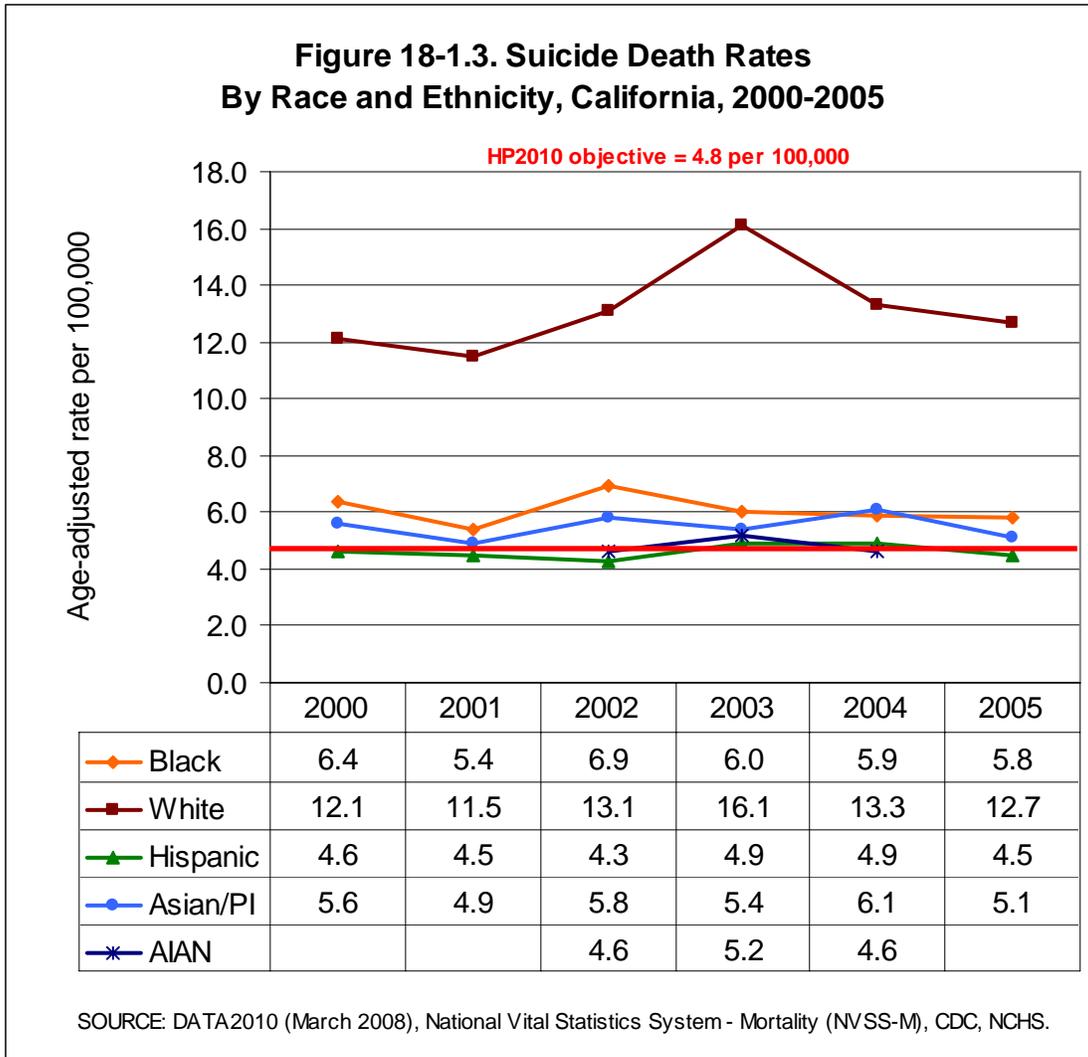
Objective 18-1. Reduce the suicide rate. Target = 4.8 per 100,000 (age adjusted) [State Data Source: National Vital Statistics System--Mortality (NVSS-M), CDC, NCHS]

California's age-adjusted death rates for suicide did not change significantly from 9.1 per 100,000 population in 2000 and in 2005 (**Figure 18-1.1**). California's suicide death rates remained significantly higher than the HP2010 target of 4.8 per 100,000 population, and this objective has not yet been achieved.



The age-adjusted suicide death rate for males (14.6 per 100,000 in 2005) was three times higher than the HP2010 target, and significantly higher than the rate for females (4.1 per 100,000 in 2005) (**Figure 18-1.1**). This HP2010 objective was being achieved for females, but not for males as of 2005.

Data by race and ethnicity show that Whites experienced significantly higher age-adjusted suicide death rates than any other racial or ethnic population (12.7 per 100,000 in 2005) (**Figure 18-1.2**). The next highest suicide death rates in 2005 were found for African Americans or Blacks (5.8 per 100,000), followed by the Asian or Pacific Islander (PI) population (5.1 per 100,000). The HP2010 objective was not being achieved for these three racial or ethnic populations as of 2005. This objective was, however, being achieved for American Indians or Alaska Natives (AIAN) (4.6 per 100,000 in 2004) and Hispanics or Latinos (4.5 per 100,000 in 2005).



For more information on suicide in California, visit the Epidemiology for Prevention and Injury Control (EPIC) Web site at:

<http://www.cdph.ca.gov/programs/EPIC/Pages/default.aspx>

and the Suicide Prevention Advocacy Network (SPAN) site at:

<http://www.spancalifornia.org/>

For more information on Healthy People 2010 objective 18-1, please visit:

<http://www.healthypeople.gov/Document/HTML/Volume2/18Mental.htm>

and the DATA2010 Web site at: <http://wonder.cdc.gov/data2010/>