

DEPARTMENT OF HEALTH SERVICES

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May 30, 1995



CPSP Program Letter 95-02

To: Comprehensive Perinatal Services Program Coordinators
Comprehensive Perinatal Services Program Providers

Subject: Revised Individual Care Plan Requirements

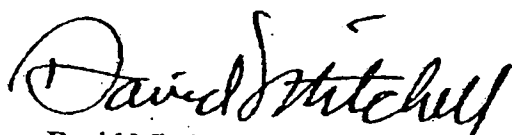
The Comprehensive Perinatal Services Program (CPSP) scope of services is based on the recognition that the provision of comprehensive obstetric, nutrition, psychosocial and health education services during the course of perinatal care contributes significantly to improving perinatal outcomes. The Individualized Care Plan (ICP) is one method that can assist the CPSP practitioner in the planning, coordination, and documentation of perinatal patient services.

The ICP is currently required to be a single document encompassing the four required components: obstetrics, nutrition, psychosocial and health education. Currently each component has specified elements that must be addressed (see Title 22, California Code of Regulations, 51179.8; 51348). Effective May 1, 1995, the following description of ICP requirements should be incorporated into the preparation of the plan:

The Individual Care Plan (ICP) facilitates the coordination of care. The ICP is contained within the medical record and developed by a comprehensive perinatal practitioner(s) in consultation with the patient in the areas of obstetrics, nutrition, psychosocial and health education. The ICP shall include, for each component the identification and documentation of risk conditions/problems, interventions, and outcome information. The ICP shall also clearly identify parties responsible for carrying out proposed interventions.

This change in requirements modifies not only what is required in the ICP but also where it may be documented in the medical record. The ICP may either be a separate document incorporating the required components of obstetrics, nutrition, psychosocial, and health education or it may consist of component specific care plans located at the end of each of the component assessments. Revised Provider Manual pages detailing instructions for the ICP will be incorporated in the annual manual revision to be sent to you in June. Samples of ICP's that demonstrate how this new policy might be implemented are under development and will be available from your local CPSP Coordinator. If you are currently using an approved ICP form, such form will continue to be acceptable under these new ICP requirements. Providers will not be required to make changes unless they desire to.

We appreciate your continued participation in the Comprehensive Perinatal Services Program. If you have questions or need additional information please contact Susie Fatheree, Nurse Consultant, (916) 657-0110.



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