

Accreditation

- **RNs:** Loma Linda University Medical Center, Staff Development is approved by the California Board of Registered Nursing, Provider Number 00239 to offer this program for **14** contact hours.
- Loma Linda University Medical Center is accredited as a provider of continuing education by the American Nurses Credentialing Center's Commission on Accreditation. This program meets the qualifications for **14** continuing education credits.
- **RDs:** Loma Linda University Medical Center, Staff Development is a continuing professional education accredited provider with the Commission Dietetic Registration LO0001. Registered Dietitians and Dietetic Technicians, registered will receive **14** continuing professional education units for completion of this program.
- **MFC or LCSWs:** Program meets the qualifications for **14** hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider #: PCE 437.

Participants will receive a certificate of completion after submitting evaluation forms.

Cost

The registration fee is \$150.00 for affiliates staff and \$200.00 for non-affiliate staff. Cost includes breakfast, lunch and snacks for both days. Check with your affiliate program coordinator to clarify your affiliation staffing status. Pre-registration is required for all attendees as space is limited. **Registration fees are due February 5, 2010.**

Cancellation

Registration refunds will be made upon receipt of written or faxed requests postmarked on or before **February 15, 2010.**

The sponsoring agencies reserve the right to make program changes or cancellations at any time due to circumstances beyond their control. A full refund will be provided if the program is cancelled by the sponsoring agencies.

Questions? Contact **Suzanne Sparks**

Phone: 909-558-3646 - E-mail: susparks@llu.edu

Sweet Success Affiliate Training & Clinical Update



February 23 & 24, 2010

California Diabetes & Pregnancy Program
Regions 7 & 8

Staff Development Classroom 8
Mountain View Plaza
11255 Mountain View Ave.
Loma Linda, CA 92354



A Regional Perinatal System Program supported in part through contracts with the state of California Department of Health Services: MCAH Branch, Title V Funds

Program Overview

This program is designed to provide training in the care of the woman with diabetes during pregnancy. It is intended for Sweet Success affiliate staff and healthcare providers who desire training and clarification in caring for women who have a pregnancy complicated by diabetes.

FACULTY

Barry Block, MD
Perinatologist, LLUMC
Medical Director, CDAPP Region 7

T. Allen Merritt, MD
Neonatologist, LLUMC

Touraj Shafai, MD
Pediatrician

Lisa Bollman, RNC, CPHQ
CDAPP Data Center
Community Perinatal Network

Violeta Quevedo, WHNP-BC, MSN, PHN
Coordinator & Nurse Educator, CDAPP
Region 8, Community Perinatal Network

Pat Hawk, MS, CDE
Exercise Physiologist
Health Educators Medical Group
Diabetes Health Center & CHOC

Gretchen Page, MPH, CNM
Manager, CDAPP Region 7
LLUMC

Mary Ann Watson, RD, CDE
Nutritionist, CDAPP Region 7
LLUMC

Nancy McKee, MSW
Behavioral Medicine Specialist
CDAPP, Region 6.1
Miller Children's Hospital, Long Beach
Memorial Medical Center

Suzanne Sparks, RN, BSN, CDE
Coordinator & Nurse Educator, CDAPP
Region 7, LLUMC

Directions

I-10 From Los Angeles

- Take I-10 East
- Exit MT. VIEW AVE / BRYN MAWR. and make a right onto Mt. View Ave.
- Turn left into MOUNTAIN VIEW PLAZA

I-10 From Palm Springs

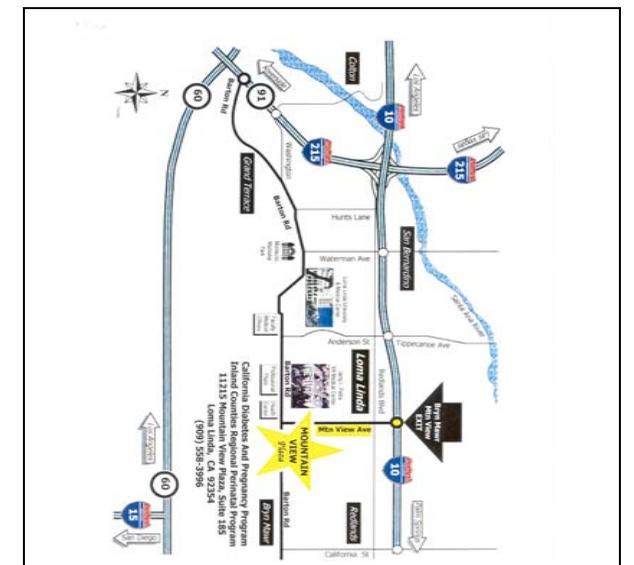
- Take I-10 West
- Exit MT. VIEW / BRYN MAWR and make a left onto Mt. View Ave.
- Turn left into MOUNTAIN VIEW PLAZA.

91 / 215 From Riverside

- Take 91 / 215 North
- Transition onto I-10 East
- Exit MT. VIEW / BRYN MAWR turn right onto Mt. View Ave.
- Turn left into MOUNTAIN VIEW PLAZA

I-15 From Hi Desert

- Take I-15 South
- Transition onto I-10 East
- Exit MT. VIEW / BRYN MAWR and turn right onto Mt. View Ave.
- Turn left into MOUNTAIN VIEW PLAZA



Conference Objectives

Upon completion of this program, the participant should be able to:

Define "Sweet Success" affiliation with the CDAPP

Demonstrate an understanding of the pathophysiology of diabetes and pregnancy

State the Sweet Success recommendations for screening, diagnosis, and follow up of gestational diabetes

Counsel women before, during, and after pregnancy about reducing long and short term risks of hyperglycemia during pregnancy to the mother, fetus and off spring

State the Sweet Success blood glucose targets and self monitoring frequencies during pregnancy and lactation for women with diabetes

Describe a healthy eating plan for women with diabetes during pregnancy

Explain how staying active contributes to maintaining blood glucose targets

Identify tools to assess coping with stress, readiness for change, level of motivation and signs of depression in women experiencing diabetes during pregnancy

Explain how to safely and accurately use medications: insulin and oral agents to achieve normoglycemia

Demonstrate an understanding of the impact of culture on self care behaviors

State the benefits of breastfeeding to women & infants following a pregnancy complicated by diabetes

Demonstrate ability to conduct an initial diabetes & pregnancy teaching session

Tuesday, February 23

- 8:00 – 8:30 Registration & Breakfast
- 8:30 **Welcome**
- 8:30 – 9:30 Medical Management of Diabetes & Pregnancy
Barry Block, MD
- 9:30 – 10:30 Medication: Protocols for Prescribing Insulin
Barry Block, MD
- 10:30 - 10:45 **Break**
- 10:45 – 11:45 Infant of the Diabetic Mother
T. Allen Merritt, MD
- 11:45 – 12:30 **Lunch**
- 12:30 – 1:30 Diabetes & Breastfeeding
Touraj Shafai, MD
- 1:30 – 2:30 Disaster Preparedness & H1N1
Lisa Bollman, RNC, CPHQ
- 2:30 – 3:30 Data: How We Know Sweet Success Is Working
Lisa Bollman, RNC, CPHQ
- 3:30 - 3:45 **Break**
- 3:45 - 4:45 Reimbursement: Getting Paid For What You Do
Vi Quevedo, WHNP-BC, MSN, PHN

Wednesday, February 24

- 8:00 – 8:30 Registration & Breakfast
- 8:30 – 9:30 Preconception & Interconception
Gretchen Page, MPH, CNM
- 9:30 – 10:30 Nutritional Guidelines for GDM & the Postpartum Period
Mary Ann Watson, RD, CDE
- 10:30 – 10:45 **Break**
- 10:45 – 11:45 Medical Nutrition Therapy for Pre-existing Diabetes in Pregnancy
Mary Ann Watson, RD, CDE
- 11:45 – 12:30 **Lunch**
- 12:30 – 1:30 Psychosocial, Family, & Cultural Issues & Resources
Nancy McKee, MSW
- 1:30 – 2:30 Nutrition Case Study & Group Meal Planning
Mary Ann Watson, RD, CDE
- 2:30—3:30 Exercise with Diabetes & Pregnancy
Pat Hawk, MS, CDE
- 3:30 – 3:45 **Break**
- 3:45-4:45 Personality & Learning Styles: Strategies to Motivate & Inspire
Vi Quevedo, WHNP-BC, MSN, PHN & Suzanne Sparks, RN, BSN, CDE
- 4:45 – 5:00 Evaluations

Registration Form

Registration fee includes CEUs, breakfasts, lunches, snacks, and all conference material.

Registration deadline is February 5, 2010

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

HM Phone: (____) _____

WK Phone: (____) _____

Employer: _____

Position/Title: _____

As applicable: License No.: _____

DISCIPLINE (check one)

MD RN RD LCSW

LVN MA Office Manager

Other: _____

PAYMENT (check one)

\$150.00 for Affiliate Staff

\$200.00 for Non-affiliate staff

REGISTER:

To register & pay online, go to:

www.llu.edu/llumc/ceu

Make check payable and mail to:

LLUMC

Staff Development

Attention: Sweet Success Affiliate Training

11255 Mountain View Plaza, Suite 11

Post Office Box 2000

Loma Linda, CA 92354

Or call: (909) 558-3500

Fax: (909) 558-3541