

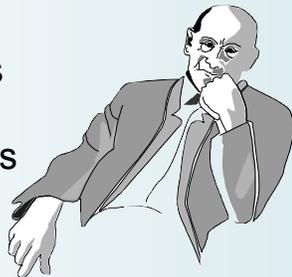
# Nursing Home Residents' Rights

## Your Rights as a Resident in a Nursing Home

You keep all your basic civil or human rights and liberties when you are admitted to a nursing home. Because these rights are so important, both federal and state regulations list nursing home residents' rights in detail and require the California Department of Public Health staff who inspect your nursing home to decide whether this home is protecting and promoting your rights.

The rights included in regulations apply to all areas of your life in the nursing home. These rights relate to general categories which include:

- ▼ Admissions Rights
- ▼ Quality of Life
- ▼ Visitors
- ▼ Privacy and Confidentiality
- ▼ Choosing How to Spend Your Time
- ▼ Grievances
- ▼ Participation in Groups and Activities
- ▼ Living Accommodations
- ▼ Quality Care



- ▼ Protection of Money and Possessions
- ▼ Medical Care and Treatment
- ▼ Freedom from Abuse
- ▼ Transfer and Discharge Rights
- ▼ Resident Records
- ▼ Free Choice
- ▼ Participation in Care Planning
- ▼ Freedom from Physical and Chemical.

### Restraints

If you are not able to understand these rights because of a language or hearing problem, the nursing home must provide an interpreter for you. If you lack the ability to understand these rights, the nursing home must explain these rights to your representative unless other legal provisions have been made.

For additional information about residents' rights, you may ask the staff at your nursing home, or contact the Department of Public Health, Licensing and Certification, District Office or the Ombudsman Program in your county. The telephone numbers for both agencies are posted in your nursing home.

### Licensing and Certification District Offices:



Bakersfield	(866)	222-1903	San Bernardino	(800)	344-2896
Chico	(800)	554-0350	San Diego North	(800)	824-0613
East Bay	(866)	247-9100	San Diego South	(866)	706-0759
Fresno	(800)	554-0351	San Francisco	(800)	554-0353
Los Angeles	(800)	228-1019	San Jose	(800)	554-0348
Orange County	(800)	228-5234	Santa Rosa/		
Riverside	(888)	354-9203	Redwood Coast	(866)	784-0703
Sacramento	(800)	554-0354	Ventura	(800)	547-8267