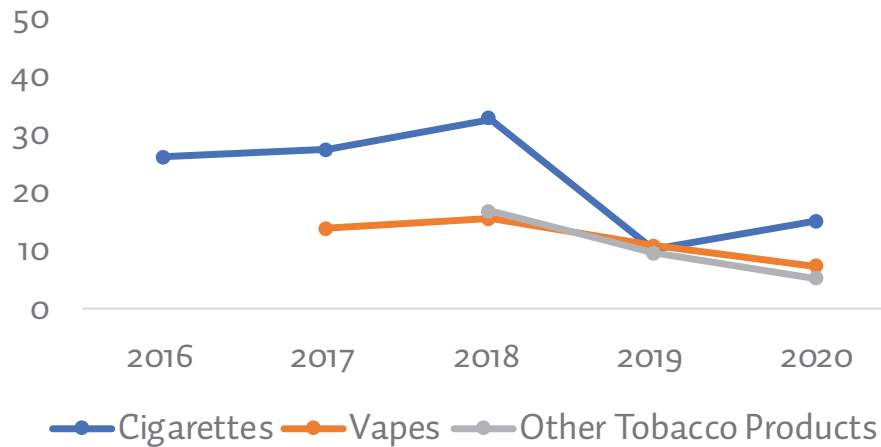


# Poor Mental Health

## Adult, Age 18+

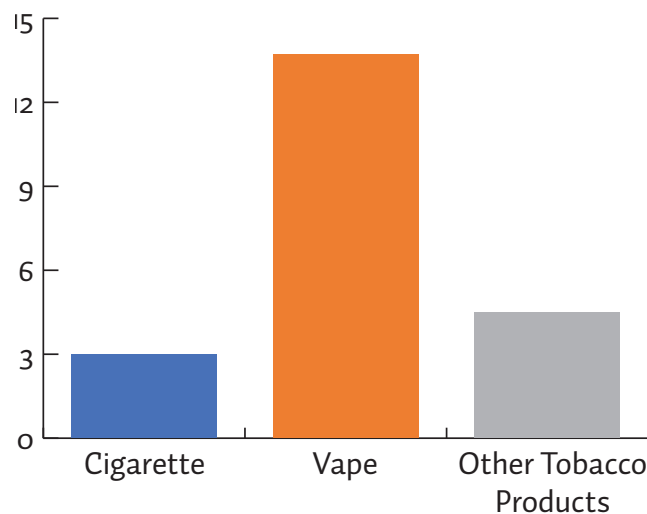


**Notes:** Restricted to individuals with a  $\geq 13$  score on the Kessler 6 Psychological Distress Scale. Other tobacco products include big cigars, chewing tobacco, snuff, snus, hookah, little cigars, and cigarillos. Caution should be used when comparing 2016-2018 data with 2019-2020 data due to a methodology change. NA indicates product use was not ascertained in that year.

**Source:** California Health Interview Survey. CHIS 2016-2020 Adult Files. Los Angeles, CA: UCLA Center for Health Policy Research.

	Cigarettes	Vapes	Other Tobacco Products
2016	26.1%	NA	NA
2017	27.2%	13.7%	NA
2018	32.5%	15.5%	16.8%
2019	10.2%	10.7%	9.4%
2020	15.0%	7.2%	5.1%

## Youth, 10th and 12th Grade



**Notes:** Restricted to individuals with poor mental health. Other tobacco products include big cigars, chewing tobacco, snuff, snus, hookah, little cigars, and cigarillos. NA indicates product use and/or mental health was not ascertained in that year.

**Source:** California Student Tobacco Survey. CSTS 2016-2020. San Diego, CA: Center for Research and Intervention in Tobacco Control, University of California San Diego.

	Cigarettes	Vapes	Other Tobacco Products
2016	NA	NA	NA
2018	NA	NA	NA
2020	3.0%	13.7%	4.5%