

VALLEY FEVER

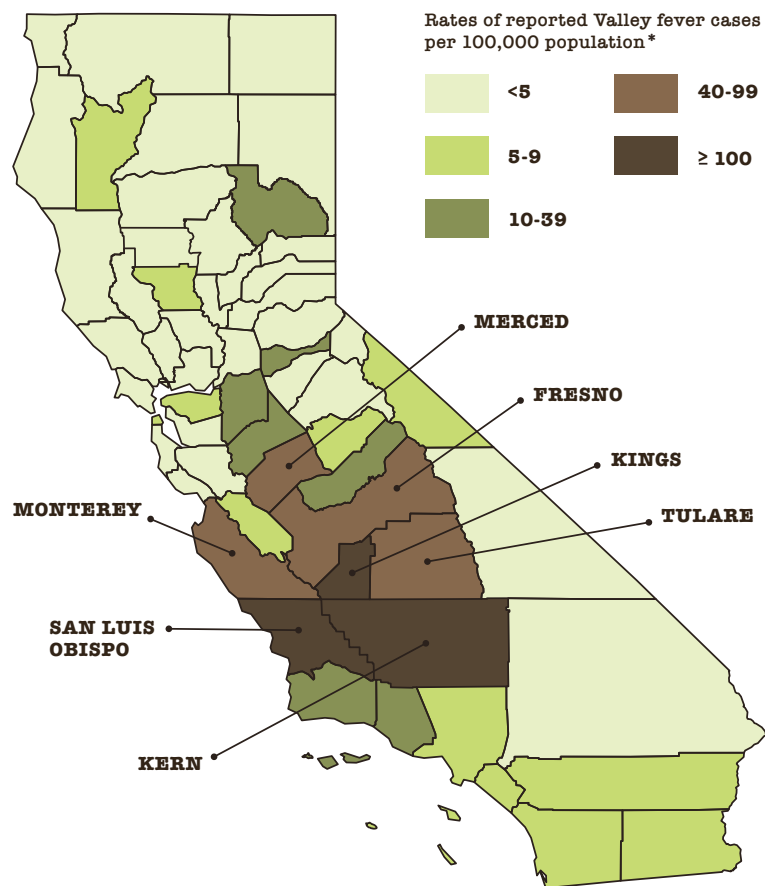
IS ON THE RISE IN CALIFORNIA

Valley fever is a disease caused by breathing in a fungus that lives in the soil and dirt in parts of California. For some, it can be serious and even fatal.



PLACES WHERE VALLEY FEVER IS COMMON

The fungus grows in the soil throughout the southwestern US, with 97% of cases reported in Arizona and California.



*Epidemiologic Summary of Coccidioidomycosis in California, 2018

SYMPTOMS OF VALLEY FEVER

If you've had any of these symptoms for more than a week, especially if you've tested negative for COVID-19 or recently been outdoors in a dusty area, it's time to ask a doctor, "Could it be Valley fever?"



FATIGUE



COUGH



DIFFICULTY BREATHING



FEVER



NIGHT SWEATS



MUSCLE OR JOINT PAIN



CHEST PAIN



WEIGHT LOSS



RASH

WHAT ELSE DO I NEED TO KNOW?

- The basics of Valley fever
- Tips to reduce risk
- Groups at higher risk
- Causes of Valley fever

More information available online:

COULDBEVALLEYFEVER.ORG

