



Pregnant?

Protect yourself and your baby

Talk to your health care provider about infections that might affect you or your baby and how to prevent them

As Soon as Possible During Pregnancy

Get your flu and COVID-19 shots and updated (bivalent) booster.



1. First Prenatal Visit

Get tested for:

- HIV
- Syphilis
- Hepatitis B & hepatitis C
- Gonorrhea & chlamydia
- Tuberculosis (if high risk)
- Rubella immunity
- Chickenpox immunity (if you've never had the vaccine or disease)



2. Third Trimester (27 to 40 weeks)

- Get a whooping cough (Tdap) shot during every pregnancy (between 27-36 weeks).
- Get retested for syphilis (between 28-32 weeks) and tested for Group B Strep (between 36-38 weeks).
- Ask your provider if you should be tested for hepatitis C, HIV, gonorrhea, or chlamydia (before 36 weeks).



3. At Delivery

- Ask your health care provider if you should be tested for HIV, syphilis, or hepatitis B at delivery.
- If you have hepatitis B, hepatitis C, or HIV, talk to your health care provider about getting your baby tested.

Talk with your health care provider to learn more.

For more info, scan here

