

Extra fruits and veggies benefits for each family member on WIC.*

Increase to \$35 issued through:

June

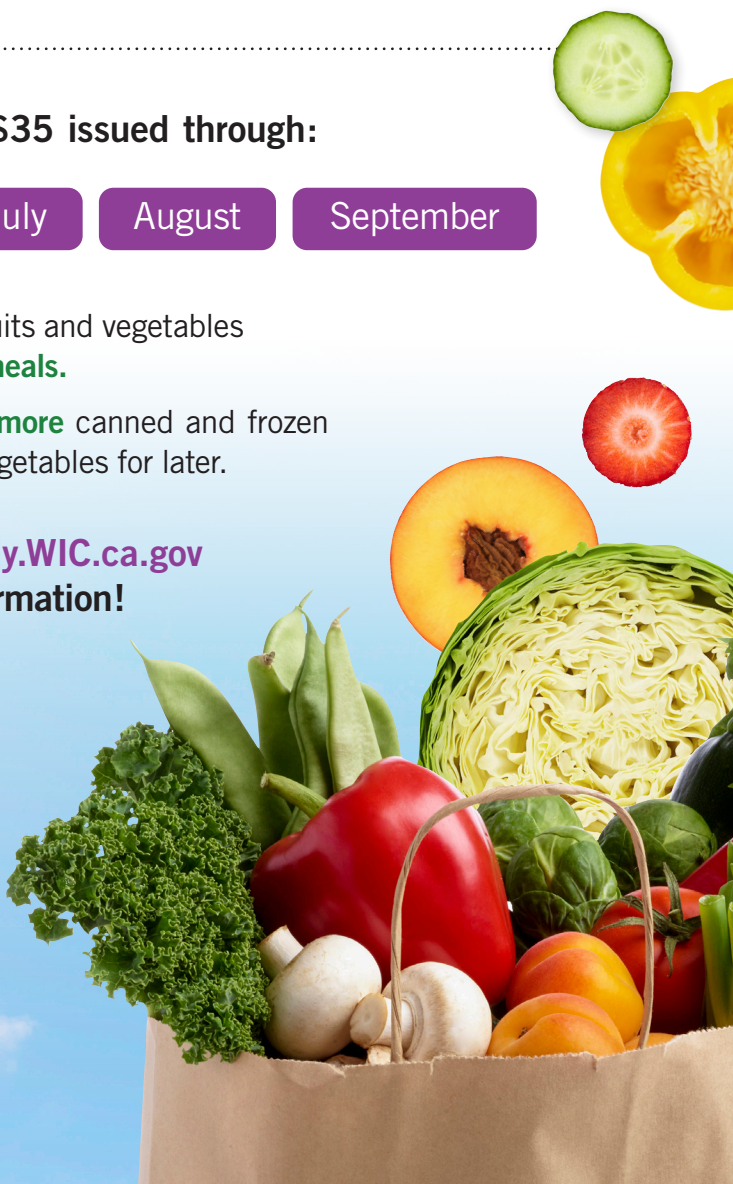
July

August

September

- Add fresh fruits and vegetables in **summer meals**.
- Stock up on **more** canned and frozen fruits and vegetables for later.


Visit [MyFamily.WIC.ca.gov](https://www.MyFamily.WIC.ca.gov)
for more information!





Local Agency Information:

** Every WIC participant who is 12 months and older is eligible.*



California Department of Public Health, California WIC Program
This institution is an equal opportunity provider.

1-800-852-5770